

# WINGS SPREAD



(Left) Gen. Don Cook, Air Education and Training Command commander, passes the guidon to the new 19th Air Force commander, Maj. Gen. Edward Ellis June 11. General Ellis is a command pilot with more than 3,300 flight hours. (Photo by Melissa Peterson)

## AETC IG wins Flynn Award

By 1st Lt. Elaine Larson  
Air Education and Training Command  
Public Affairs

For the second consecutive year, the Air Education and Training Command inspector general's inquiries and complaints division won the 2003 John P. Flynn Inspector General Award in the major command category.

Each year, the Air Force inspector general honors the most outstanding individuals and organizations in the inspection arena with the Flynn Awards, named after a former Air Force inspector general.

"This award was established to encourage esprit de corps and teamwork while promoting fair, thorough and accurate investigative staff practices. In addition, it recognizes the best complaints and resolution office," wrote Lt. Gen. Steven Polk, Air Force inspector general, in a congratulatory letter to the command.

Innovative use of technology played a large part in the command's win, according to Lt. Col. Ronald Hatfield, the acting deputy division chief. "AETC is on the front edge of technology for Air Force IG programs," he said.

As AETC strives for a paperless processing method, this team is the lead agent for the development and training of the next-generation complaint management system, the Automated Complaints Tracking System III, Colonel Hatfield said. This web-based system will soon be implemented throughout the Air Force.

In 2003, the AETC team oversaw IG programs across 19 offices at 14 bases, addressed more than 900 Congressional inquiries and processed 2,100 complaint-oriented actions.

To help them process the complaints, the team exchanged their Fraud, Waste and Abuse Hotline answering machine for a computer database which creates more accurate readings, eases message transcription and prevents lost messages.

AETC offices at the wing level have also claimed Flynn Awards for the past two years. The inspector general offices at the 82nd Training Wing at Sheppard Air Force Base, Texas, won in 2002, and the 17th Training Wing at Goodfellow Air Force Base, Texas, won in 2003.

"As a headquarters unit, our success is greatly enhanced because all our installations are so highly motivated and well-trained," Colonel Hatfield said.

"Our real motivation is satisfying the complainant and making sure the complaints that are brought to us are dealt with efficiently, bringing resolution," he said. "We are ensuring that philosophy is instilled throughout the command by starting a tradition of excellence. This award is simply a by-product of the extraordinary work our staff does every day."

## 19th Air Force welcomes new commander

By Bob Hieronymus  
Wingspread staff writer

In a ceremony led by Gen. Don Cook, Air Education and Training Command commander, and marked by the steady cadence of long tradition, Maj. Gen. James Sandstrom, 19th Air Force commander, passed command to Maj. Gen. Edward "Buster" Ellis here June 11.

Standing in formal line of review were the commanders of each base falling under the 19th AF, with their command chiefs beside them holding their unit flags. Aircraft representing each training wing surrounded the formation. The sky was alternately cloudy and sunny. The wind blew in short gusts and at times brought light sprinkles of rain, but the crowd of dignitaries, aviators, Airmen, and friends never seemed to notice as the change of command formalities proceeded without hesitation.

General Cook led the audience in a moment of silence honoring the 40th president of the United States, Ronald Reagan, whose funeral took place in Washington the same day.

Upon assuming command, General Ellis summarized his expectation that the 19th AF would simply "continue to train the best aviators of the best Air Force in the world."

General Ellis is a native of Montgomery, Ala. He earned his undergraduate degree in business management from Virginia Polytechnic Institute and a master's degree in business statistics from the University of Alabama. He was commissioned through the Reserve Officer Training program

in 1971 and immediately entered pilot training at Craig Air Force Base, Ala.

The general began his long association with Air Force training programs when he was selected to be a T-37 instructor pilot and flight examiner at Craig AFB. During earlier assignments, he was on the staff as an instructor, executive officer and unit commander in the Squadron Officer School and the Air Command and Staff College, and later commandant of the SOS. He was the chief of the flying training division at the AETC here and commander of Air Force Officer Accession and Training Schools at Maxwell AFB, Ala.

General Ellis commanded various units during his career; the 35th Flying Training Squadron at Reese AFB, Texas, the 71st Flying Training Wing at Vance AFB, Okla., and the Combined Task Force Operation Northern Watch, U.S. European Command, at Incirlik, Turkey. He was also deputy commander of 5th Allied Tactical Air Force, Vicenza, Italy, and Combined Air Operations Center Seven, Larissa Greece.

General Ellis served as chief of the Caribbean Basin Branch and later chief of the Western Hemisphere Division of the Directorate of Strategic Plans and Policy, the Joint Staff in Washington, D.C. Most recently he was the assistant chief of staff for operations, Headquarters Allied Air Forces Southern Europe, NATO, Naples, Italy.

He is a command pilot with more than 3,300 flight hours in the T-37, T-38, T-1, F-4E, F-15C and F-15E.

See Commander on page 3

### 12th FLYING TRAINING WING TRAINING TIMELINE

As of Monday			Navigator, EWO training			Wing Sortie Scoreboard			
Pilot Instructor Training			562nd FTS		563rd FTS	Aircraft	Required	Flown	Annual
Squadron	Senior Class	Overall	Air Force	255 Undergraduate	53	T-1A	2,975	3,021	4,383
99th FTS	-1.0	0.3	Navy	69 International	15	T-6A	6,590	6,744	9,103
558th FTS	-3.8	-1.0	International	4 EWC Course	0	T-37B	5,499	5,237	7,508
559th FTS	-6.0	-4.2	NIFT	47 Fundamentals	0	T-38A	6,004	5,706	5,949
560th FTS	0.9	-0.6				T-38C	814	708	3,612
						T-43A	822	854	1,160

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.

Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.

The required and flown numbers reflect sorties since Oct. 1, 2003. The annual numbers are the current fiscal year target.

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## AIR AND SPACE EXPEDITIONARY FORCE

As of Monday, 157 Team Randolph members are deployed in support of military operations around the globe.

### The Randolph WINGSPREAD

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Editorial content is edited, prepared and provided by the Public Affairs Division of the 12th Flying Training Wing in accordance with local policy and style guidance. All photos, unless otherwise indicated, are U.S. Air Force photos.

Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to [wingspread@randolph.af.mil](mailto:wingspread@randolph.af.mil) or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760.

## Commander's Action Line

Call 652-5149 or e-mail  
[randolph.actionline@randolph.af.mil](mailto:randolph.actionline@randolph.af.mil)



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. John Hesterman  
12th Flying Training Wing commander

### Agency contact numbers

Security Forces	652-5509
Services	652-5971
Civil Engineers	652-2401
Transportation	652-4314
Military Pay	652-1851
Civilian Pay	652-6480
Safety Office	652-2224
Housing Maintenance	652-1856
12th FTW IG	652-2727
Equal Opportunity	652-4376
FW&A Hotline	652-3665
EEO Complaints	652-3749
Randolph Clinic	652-2933
Base Exchange	674-8917
Commissary	652-5102
Straight Talk	652-7469

### Emergency line at fitness center annex

**Q** A friend of mine had a massive heart attack while playing racquetball on one of the courts in the fitness center annex last month. Although the fitness center team along with other trained professionals and fitness center patrons saved his life, I was discouraged to hear that one of the gentlemen on the scene had to run all the

way over to the main fitness center to call 911 for help. I was hoping perhaps the base could install an emergency phone or panic button in the fitness center annex in case of future emergency situations. The few seconds it takes to run across to the main center could prove invaluable in the future.

**A** Thank you for your suggestion. I think you are absolutely right in that there should be an emergency phone or device in the fitness center

annex. I am pleased to inform you that a telephone work order request to install an emergency phone in the annex has been submitted and a phone should be installed in the very near future. I am very proud of those Team Randolph members who took immediate action to administer CPR on your friend. I have no doubt that their quick response helped save his life. I hope your friend continues to do well. Thank you for taking the time to submit this suggestion through the action line.

# Moment of truth Remember those you'll leave behind

By Col. Theresa Carter  
42nd Mission Support Group  
commander

MAXWELL AIR FORCE BASE, Ala. – Sept. 2, 1985. I remember the day like it was yesterday. It was Labor Day and my second day on active duty. I was filled with excitement, nervousness and anticipation as I started my Air Force career at Tinker Air Force Base in Oklahoma.

After several hours looking for an apartment, I returned to lodging and noticed the message light on my phone was flashing. The clerk at the front desk told me to call home immediately. Fearing the worst, I dialed the number in Albuquerque. After a few rings, my dad answered. He asked me if I was sitting down and told me my younger sister had committed suicide that morning.

Shock, guilt, anger, sadness and a thousand other emotions went through me as I slumped to the floor. How could this be? She was only 21. I just had dinner with her two days ago. She didn't seem sad or depressed, didn't say she was thinking of killing herself. Was I to blame?

If anyone should have seen this coming, it was me. We shared a room growing up and did everything together. We played on the same high school sports teams and

*"I'm convinced that in that moment of truth, that instant when an individual chooses to live or die, those that choose to live think of those they will leave behind..."*

Col. Theresa Carter  
42nd Mission Support Group  
commander

had the same friends. How could she be so selfish? Didn't she know how much she meant to me, my family and to others? Didn't she realize how empty our lives would be without her?

Each time I hear that a member of our Air Force family has committed suicide, I think of my sister. I then wonder why he or she made that decision and how we could have prevented it.

The Air Force suicide prevention and awareness program is one of the most aggressive programs around. Commanders, first sergeants and supervisors as well as medical personnel and chaplains invest countless hours educating our Airmen and supporting them through difficult circumstances. We brief everyone annually how to spot those

who may be at risk and where to turn for help. We pull out all stops to provide counseling and intervene in crisis situations. Yet, despite our best efforts, some still decide that suicide is their only option. I shake my head and wonder why.

I'm convinced that in that moment of truth, that instant when an individual chooses to live or die, those that choose to live think of those they will leave behind – family, friends and coworkers – rather than themselves. Instead of thinking about their own pain or difficulties, they think about how their death would hurt and sadden their loved ones. They think about opportunities lost, celebrations that would be less festive without their participation and burdens that would be more difficult for their family to bear without them.

Not a day goes by that I don't think about my sister and wish she were here to share the highs and lows, joys and sorrows I've experienced the last 18 and a half years.

So if you have friends, family members or coworkers who are having a tough time dealing with stress and the demands of everyday life, take time to remind them how important they are. Let them know they are not alone and that no situation is so hopeless that suicide is the only answer. But, most of all, simply ask them to remember those they will leave behind. (AETCNS)

## Congratulations Retirees

Today  
Maj. Bernard Shanahan  
99th Flying Training Squadron

Today  
Master Sgt. Alfredo Trevino  
Air Education and Training Command

Retirement announcements should be submitted to the Wingspread office by noon Friday two weeks prior to the desired date of publication. E-mail announcements to [randolph.retiree.messages@randolph.af.mil](mailto:randolph.retiree.messages@randolph.af.mil) or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

# Award winner

## AETC Member Wins Air Force Communication and Information Award

By Jillian K. Speake

Air Education and Training Command Public Affairs

An Air Education and Training Command administrative communications superintendent recently received a 2003 Air Force Communication and Information award.

Senior Master Sgt. Salvador Orozpe, AETC Communications and Information Directorate, won the Outstanding Postal Services Person of the Year award in the senior noncommissioned officer category.

Air Force Communication and Information awards recognize military members, civilians, teams and units who have demonstrated the highest level of sustained job knowledge, performance and efficiency while providing communications and information services and support.

"I am humbled and honored for the nomination, much less my selection for the award," Sergeant Orozpe said. "The postal career field is quite small, so I know the people I was probably competing against and they are all very exceptional."

Sergeant Orozpe was lauded for building a Mail Control Activity from the ground up during his deployment for Operation Iraqi Freedom.

Within six months of construction, the MCA processed 35

*"The postal career field is quite small, so I know the people I was probably competing against and they are all very exceptional."*



**Senior Master Sgt. Salvador Orozpe**  
Air Education and Training Command  
Administrative communications superintendent

million pounds of incoming and 6 million pounds of outgoing mail.

He was also recognized for leading a joint postal service MCA team which provided one-day mail turnaround for 24 military camps. The team frequently moved more than 500,000 pounds of mail in a day under austere conditions with

temperatures exceeding 130 degrees.

Sergeant Orozpe's approach to the job is simple. It's all about the people, he said.

"The guys worked 16 to 18-hour days, some for more than two weeks without a day off," Sergeant Orozpe said. "It's the nature of the business in a deployed location and they didn't mind the work because they knew they were being taken care of in return. To me, they are the best of the best our country could give."

"Sergeant Orozpe's leadership style sets him apart from many others," said Chief Master Sgt. Alan J. Smiley, career manager for the AETC Communications and Information Directorate.

"He's an excellent sounding board for the junior personnel in his section and in the unit," Chief Smiley said. "He has the ability to remain calm in stressful situations, even when all around him are shrinking under the pressure."

According to Chief Smiley, Sergeant Orozpe receives as much respect from his superiors as he does from his subordinates.

"He provides both the unit and organization a mature professional that can be counted on to deliver excellent results on any task given to him," Chief Smiley said.

Sergeant Orozpe also received a Bronze Star in December for his efforts supporting Operation Iraqi Freedom.

## Commander

Continued from page 1

At the conclusion of the change of command ceremony, General Sandstrom was retired from active duty. General Cook offered a lighthearted tribute to General Sandstrom's long service. He gave special honor to Mrs. Sandstrom for her record of gracious support to her

husband, her family, and to the Air Force.

In his closing remarks, General Sandstrom claimed the title of "crown jewel of the Air Force" for the 19th Air Force. "It is the place where professionals make great things happen," he said.

The greatest things I've learned to hold dear during my Air Force career, General Sandstrom said, "are the gifts of faith, freedom, family, flag, and friends."

# 49 YEARS AGO

*in the Wingspread*

☆ Memorial Day was reported as accident free for Randolph people. No accidents were reported from motoring, sports or recreation.

☆ President Dwight Eisenhower nominated Gen. Nathan Twining for a second two-year term as Air Force Chief of Staff.

☆ The Air Force recently approved a distinctive badge for doctors and dentists. The small silver badge features the caduceus, the serpent-entwined staff of Mercury.

☆ A reading laboratory with the latest speed reading training equipment opened at Randolph in Hangar 6. The training device had a motor driven bar that moves down the page of reading material at increasing speeds, forcing the user to read faster.

☆ A program to test whether civilian contractor feeding services are more efficient than military kitchen police duty, under way at Vance Air Force Base, Okla. since August 1954, would be continued another year.

# Convoy course prepares Airmen for duty in Iraq

By James Coburn

37th Training Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas – Air Education and Training Command leaders saw the need for the Basic Combat Convoy Course for Airmen during a visit to Iraq in March, and 37th Training Wing experts here assembled the course in record time.

The first platoon of Airmen began the course June 7, training to relieve transportation Airmen currently in Iraq, said Master Sgt. Phil Coolberth, operations superintendent of the 342nd Training Squadron. He designed the three-week course and is its top enlisted leader.

A second platoon began its first week of training June 14. The goal is to have multiple three-platoon truck companies trained over a 13-week period, officials said.

The seven-days-a-week training actually lasts five weeks here. The Airmen get about two weeks of integration and onward-movement training as they go through the course, Sergeant Coolberth said.

Forty-one subject-matter experts from here, F.E. Warren Air Force Base, Wyo.; Altus AFB, Okla.; and Air Force medical detachments nationwide serve as instructors. They are scheduled to work seven days a week, 18 hours a day during the course, said 1st Lt. Leo Martin, course commander from the 342nd TRS. The instructors will return to their regular jobs afterward.

"But it's not about us," Sergeant Coolberth said. He said the true heroes are

the current battlefield Airmen who are supporting Soldiers as they drive trucks and man .50-caliber machine guns and M-249 automatic weapons mounted on either 5-ton cargo trucks or Humvees to run supply convoys "down mean streets, highways and byways of Iraq."

"We are honored to even be considered to provide combat training for them," Sergeant Coolberth said. Gen. Donald Cook, AETC commander, and Maj. Gen. John F. Regni, 2nd Air Force commander, went to Iraq and "visited with these Air Force truck companies," Sergeant Coolberth said. "They identified the need to train (transportation) battlefield Airmen, and they thought there was no better place to do that than where battlefield Airmen are trained, and that's here at Lackland."

Before the course began here, transportation Airmen went through basic convoy training at several Army posts, then additional training in Kuwait, Sergeant Coolberth said. Airmen completing the course here also will receive advanced training in Kuwait.

The first week of the course is here, where the Airmen receive intelligence briefings and live-fire training on the M-4 carbine, Lieutenant Martin said. They also receive combat simulator training and some initial vehicle training before going to nearby Camp Bullis for two weeks of weapons tactics and maneuver training.

Instruction includes multiple weapons systems and qualifications, specific Army communications systems, Global Positioning System navigation tools, combat lifesaver skills, tactical-vehicle

qualifications and heavy emphasis in small unit leadership and troop-leading procedures. All aspects of the training are encased in combat convoy operations.

"If there are people out there searching for the perfect battlefield Airman, it doesn't necessarily have to be a special operator on a horse calling in a B-52 [Stratofortress] strike," said Sergeant Coolberth, who just returned from a month-long trip to Iraq along with two other instructors. "(The transportation Airmen) are involved in combat every single day, and they were former dispatchers and shuttle bus drivers on any Air Force base you can name."

Sergeant Coolberth, who went on two convoys without incident, said the Airmen have traveled "well over a quarter-million miles on the road" without an Airman being killed in action.

"I met two (injured troops) over there who are recovering and waiting to get back on the road, and they are Airmen," he said. "They make no bones about it. They're proud of being in the Air Force, and they're prouder executing that combat capability."

"(The Airmen) are extremely disciplined with focused awareness," he said. "These are combat-hardened troops who have a rough job." (AFPN)



**Staff Sgt. Scott Grant (right) teaches Senior Airman Jeffery Salonga to use an M-4 carbine during a Basic Combat Convoy Course. Sergeant Grant, 342nd Training Squadron Basic Combat Convoy Course instructor, helps students sight targets with the "red dot" aiming optics of their new rifles. (Photo by James Coburn)**

# Randolph plans July 4th celebration

Sausage-on-a-stick is prepared during the 2003 Fourth of July celebration. (Archive photo)



By Jennifer Valentin  
Wingspread staff writer

Looking for a fun way to enjoy the Fourth of July weekend with the entire family? Randolph's annual Fourth of July celebration kicks off at 3 p.m. and runs through 10:30 p.m.

"The Fourth of July celebration is a favorite year after year and promises to be a fun-filled afternoon and evening of family entertainment," said Shelta Reese, 12th Services Division marketing director.

The celebration includes food booths, live music, special children's activities, various sports skills events and, of course, a fireworks display.

The jazz sounds of "Wilbert Beasley" and "Body & Soul" kicks the musical entertainment into gear at 6 p.m., followed by the rockabilly music of "Two Tons of Steel" at 8 p.m.

For those who get hungry during the event, more than 20 food booths will offer hamburgers, hot dogs, fajitas, turkey legs, watermelon, roasted

corn, cotton candy, funnel cakes and snow cones. Each food booth is run by base organizations as fundraisers.

In addition to the variety of food and live entertainment, there is also something for the little ones. Children may participate in games and crafts, such as jewelry and flag making, face painting, a beanbag toss, and a variety of other games. There will also be caricature artists, a petting zoo, an inflatable giant slide and a bungee run.

There will also be a bowling competition for children from 4 to 5 p.m. All children's events are open from 3 to 8:30 p.m.

A football accuracy toss, the "Hot Shot" basketball contest, and the free throw contest will be open to all ages from 3 to 7:30 p.m.

In addition to these on-going sporting events, there will be a "Ball in Spoon" race from 4 to 5 p.m. and "Hula Hoop" race from 6 to 7 p.m.

Visitors are reminded that coolers, picnic baskets, backpacks, weapons, personal fire-

works or pets are not allowed onto the base during the event. Visitors are encouraged to bring blankets and portable chairs. Since there is no shade on the ramp area, people are also encouraged to wear hats and use a strong sunscreen.

Visitors arriving can enter the base through the west gate. The east gate will be for vehicles displaying a base decal and sponsored visitors only.

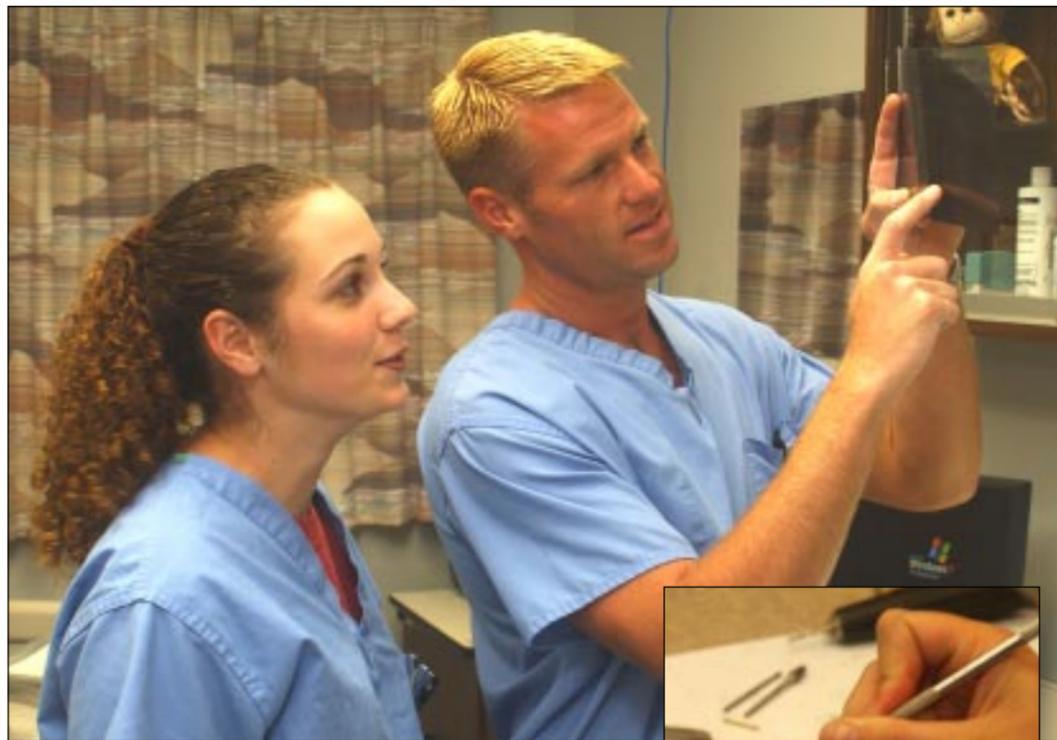
"We have something for everyone at this year's Fourth of July celebration," said Ms. Reese. "So come on out and celebrate Independence Day with Randolph!"

Randolph's Fourth of July events are made possible, in part, by the support of several area sponsors. The Randolph-Brooks Federal Credit Union is sponsoring the musical entertainment for the event. Other activity sponsors include: Magic 105.3, Budweiser, Coca Cola and Eisenhower National Bank.

For more information on the event, call 652-2052.

## July 4th schedule of events

3 p.m.	Gates open
3 to 8:30 p.m.	Children's Area (crafts, games, bubbles)
3 to 7:30 p.m.	Fitness and Sports Skills Area
3 to 8 p.m.	Petting zoo, inflatable giant slide, bungee run
4 to 5 p.m.	Ball in Spoon Race
5 to 6 p.m.	Children's Bowling Competition
6 to 7 p.m.	Hula Hoop Race
6 to 8 p.m.	"Wilbert Beasley" and "Body & Soul"
8 to 10 p.m.	"Two Tons of Steel"
10 p.m.	Fireworks
10:30 p.m.	Event ends



(Above) Shanna Pearson, dental assistant, discusses a patient's x-rays with Capt. (Dr.) Kevin Black, officer in charge of preventive dentistry.

(Right) A dental lab technician prepares a dental cast for a mouth guard fabrication. (Photos by Steve White)



## Open wide!

### Dental clinic provides service for Randolph

By Jennifer Valentin  
Wingspread staff writer

With a staff of 34 caring for about 1,300 patients per month, the Randolph Dental Clinic provides many different services for active duty personnel on base.

"The dental clinic's mission is to keep all of our military personnel healthy and ready for duty," said Capt. (Dr.) Kevin Black, officer in charge of preventive dentistry. "Not only do we provide a better quality of life for our people by helping them stay healthy, we keep them ready to complete their various missions within the Air Force."

The annual dental exam is the key process, the dental clinic tells commanders, for their people who are ready to deploy. Any member who has not had a dental exam in the past 12 months can call the dental clinic for an appointment.

The clinic provides services such as cleanings, x-rays, fillings, crowns, bridges, dentures, oral

surgery, periodontics and endodontics.

The dental clinic only provides comprehensive dental care for active duty Randolph members. It provides emergency care, such as treatment of severe pain or bleeding, for retirees or dependents.

"From my experience, in both military and civilian clinics, the quality of care is much higher in the military clinic," said Captain Black. "The Air Force makes sure that each dentist in the clinic has at least 30 hours of continuing education every year in order to stay knowledgeable and competent, regarding new dental procedures and materials. In the military clinic, you have the benefit of working side by side with other doctors with whom you can consult when a patient is being treated."

The dental clinic is open from 7:30 a.m. to 4:30 p.m. Monday through Friday.

For more information, call 652-1846.

## NEWS BRIEFS

### Change in Civilian Pay Section hours

The 12th Comptroller Squadron civilian pay section announces a change in the hours of walk-in service. Effective July 1, the new walk-in hours are 8 to 10 a.m. and 1 to 3 p.m.

### Online Civilian Personnel support temporarily down

People will be unable to complete or update online resumes for Air Force civilian employment starting today through June 26 due to a computer system upgrade.

New job vacancies will not be posted during this time and deadlines for those already posted will be extended. People will not be able to self-nominate for jobs during this period.

For more information, call (800) 616-3775 and press 3 for employment opportunities and verification.

### Claims procedures changed

Effective May 26, 2004, a member filing claims for loss or damage to household goods or privately owned vehicles transported or stored at government expense are

no longer required to first file a claim against their private insurer. This applies to claims made under the Military Personnel and Civilian Employees' Claim Act.

This policy applies only to claims involving moves made pursuant to a government contract and does not apply to moves arranged by the claimant.

The new policy does not eliminate the requirement to file a first claim directly against a moving company if the member purchased full replacement value insurance.

For more information, call the claims office, 652-3110.

# Project Eagle Eyes

## *Base-wide initiative keeps suspicious activity at bay*

By Jennifer Valentin  
Wingspread staff writer

Project Eagle Eyes is a worldwide Air Force program initiated at the direction of the Air Force Chief of Staff in response to the tragic events of September 11, 2001.

Eagle Eyes was established to provide immediate reporting of suspicious activity in and around every Air Force installation and made available to commanders to enhance current defensive measures to counter possible terrorist activity.

Immediate reporting of suspicious activity is key to the success of the program. All personnel, to include active duty, dependents and civilians should be vigilant and report to security forces or the Air Force Office of Special Investigations any behavior or event they deem suspect.

"No matter how small and insignificant an event may seem, it can be a small part of a bigger problem," says OSI Special Agent Carl Johnson.

AFOSI and Security Forces are working to educate people on how to recognize and report activity leading to terrorist acts.

Seven indicators were developed to inform base personnel on how to be aware, be alert, and report suspicious activity.

- *Surveillance* - Someone recording or monitoring activities, including the use of cameras (both still and video), note taking, drawing diagrams, writing on maps or using binoculars or any other vision-enhancing devices.

- *Elicitation* - Anyone or any organization attempting to gain information by mail, fax, telephone or in person about military operations or people.

- *Tests of Security* - Any attempts to measure reaction times to security breaches or to penetrate physical security barriers or procedures.

- *Acquiring Supplies* - Purchasing or stealing explosives, weapons, ammunition, uniforms, decals, flight manuals, passes or badges (or the equipment to manufacture them) or any other controlled items.

- *Suspicious Persons Out of Place* - People who don't seem to belong in the workplace, neighborhood, business establishment or anywhere else. This also includes suspicious border crossings, stowaways aboard ship, or people jumping ship in port.

- *Dry Run* - Putting people into position and moving them about without actually committing a terrorist act such as a kidnapping or bombing. An element of this activity could also include mapping out routes and

determining the timing of traffic lights and flow.

- *Deploying Assets* - People and supplies getting into position to commit the act. This is the last opportunity to alert authorities before the terrorism occurs.

According to OSI, "the program has been very successful in raising the awareness at and around Air Force installations worldwide."

At Randolph, anyone with something to report should immediately call the 12th Security Forces Desk at 652-5700. From there, security forces will respond as appropriate to the immediate situation and immediately pass the report to OSI Det 401.

OSI will begin appropriate follow-up action, which may include an agent responding to talk with the person who called in the report, to gain additional information on what was seen or heard.

At the same time, the information will be quickly up-channeled to OSI's central analytical center at Andrews AFB, Md., to compare with other Air Force reports, as well as similar information from the Army, Navy and other federal agencies.

To call in Eagle Eyes reports, call security forces at 652-5700. For more information on Project Eagle Eyes, Eagle Eyes briefings, or flyers, call 652-1852.

## *Flag has been powerful symbol, rallying point*

By Jim Garamone  
American Forces Press Service

WASHINGTON – It was not all that long ago that everyone seemed to be flying an American flag. In the days and weeks after the terrorist attacks in New York and Washington, American flags sprouted from everywhere.

At the World Trade Center site, New York firemen hoisted an American flag amid the rubble. At the Pentagon, workers paused and saluted as a huge garrison flag was draped next to the impact point. Flags sprouted on minivans and motorcycles. People raised flags on new flagpoles on front lawns and atop apartment buildings. It seemed that every overpass on interstate highways had a flag, and this does not count the millions of decals, rub-ons and bumper stickers that featured the flag.

That was the latest manifestation of the flag of the United States of America as a symbol for all that the country stands for. It seems in time of crisis, the flag is a rallying point.

On June 14, 1777, the Continental Congress approved the U.S. flag and detailed the composition. Originally, it was literally a rallying point for the troops of the Continental Army. In battle, the unit flag was the center of mass, and from the area



Americans are reminded of those who have died for the freedom the American flag represents as they celebrated Flag Day Monday. (Photo by Tech. Sgt. Scott Ash)

around the flag commanders gave orders and rallied troops.

The flag as a symbol of America grew out of the War of 1812. Francis Scott Key

was so inspired by the sight of the American flag flying over Fort McHenry on Sept. 12, 1814, that he wrote "The Star Spangled Banner."

"And the rockets' red glare, the bombs bursting in air, gave proof through the night, that our flag was still there."

These words inspire Americans today, and when U.S. citizens see the flag, they are reminded that America is still "the land of the free, and the home of the brave."

The American flag has become more than just a red, white and blue design. It has become a symbol of what America stands for. America reunited under the flag following the Civil War. The American flag flew at the Marne in World War I and at Iwo Jima during World War II.

The American flag flew at Porkchop Hill in Korea and Hamburger Hill in Vietnam. It has flown over Grenada, Kuwait, Kabul and Baghdad. It covers the caskets of the fallen as they come home. And just recently, it adorned the coffin of former President Ronald Reagan, who in life created new respect for the stars and stripes.

The United States is more than just land fortunately located in North America. The United States is a republic, and Americans do not swear fealty to royalty or land or nobility. Rather, Americans swear to uphold the Constitution of the United States, and the American flag is a symbol of that oath. (AFPN)

### LOWER SEGUIN ROAD CONSTRUCTION

The first phase of reconstruction of Lower Seguin Road is in progress. This phase includes the closing of Woman Hollering Creek Bridge with access from FM 1518 blocked. The South Gate remains accessible by way of Loop 1604. This phase of the project should be complete this fall.

### GATE HOURS DURING HARMON DRIVE CONSTRUCTION

#### MAIN GATE/HARMON DRIVE

- Monday through Friday two lanes inbound from 6 a.m. to 1 p.m.
- Monday through Friday two lanes outbound from 3 p.m. to 6 p.m.
- Closed all other times including weekends, holidays and family days

#### SOUTH GATE (Two way traffic)

- Monday through Friday 6 a.m. to 6 p.m.
- Closed weekends and holidays

#### EAST GATE (Two way traffic)

- Monday through Friday 6 a.m. to 10 p.m.
- Saturday 9 a.m. to 10 p.m.
- Sunday and holidays 9:30 a.m. to 10 p.m.

#### WEST GATE (Two way traffic)

- 24-hour operations, seven days a week
- Commercial vehicle entrance

#### HIGH SCHOOL GATE

- Closed

# Power outage at youth center turns into adventure

By Jennifer Valentin  
Wingspread staff writer

A power outage at the youth center could have meant a boring day at home for the children who regularly attend and possibly a missed day of work for parents who could not find alternate childcare.

But on June 10, the youth center staff turned lemons to lemonade when there was no air conditioning in sight.

The power outage was caused when the basement of Building 584 at the youth center flooded from the recent rain.



JoLynn Vigil, youth center operations clerk, plays a game with Justin Alexander. (Photo by Jennifer Valentin)

The flooding started late in the day on June 9, so the few remaining children were moved to Building 585 at the youth center.

"The staff was told at about 11 p.m. that the power would be out the next day, and that we needed to make alternate plans for the children," said John Myers, youth center director. "The staff was really great – they were called in overnight and early the next morning, and they moved the supplies and games we needed to the fitness center. The fitness center staff was wonderful in helping us, by letting us use their facility for the children."

More than 230 children showed up the day of the power outage, said Mr. Myers.

When the parents arrived with their children at the youth center, we explained the problem and redirected them to Hangar 71 where the children were given several options on how to spend their day.

The children played basketball, volleyball and racquetball at the fitness center and the bowling center and swimming pool were also opened for the children's use. Two meals and an afternoon snack were provided and transported to the fitness center.

As a special treat, the children also took a field trip to the Live Oak Theater to see "Shrek 2."

Amanda Witt, a youth center member, said she made the best of the situation.

"I had fun," said Amanda. "I played hide and go seek."

A team of civil engineer electricians ensured that the staff and children returned to the youth center Friday, said Mr. Myers.

"The youth center staff, as well as the fitness center staff, the

bowling center, the aquatics staff and transportation made the day fun for the children," he added.

"We also appreciate the parents' help," said Mr. Myers. "This was definitely a team effort."

George DeCoux, 12th Services Division director, received a call the evening of the flooding, and was told that the youth center would be without power the next day.

"The staff went into high gear to literally move the camp from the youth center to the fitness center before the children arrived in the morning," he said. "They entertained, fed and provided the children recreation the whole day, with no interruption in service to the parents! I am proud to have them on my team!"

Col. Greg Patterson, 12th Mission Support Group commander, also gave kudos to the youth center staff for their dedication.

"The actions by our youth center staff and our services division are just another example of why they have been named 'Best in AETC' and are currently competing for 'Best in the Air Force,'" said Colonel Patterson.

After learning about the flood, the easy thing to do would have been to close the summer camp program for a day, said the colonel.

"But the staff jumped through hoops to ensure the program continued as planned," he added. "Feedback from our parents as well as the children was awesome. I'm extremely proud of the entire services team and the great support they provide Team Randolph."

"Every child had a smile – it was like an adventure for them," said a parent. "The staff enabled parents to go to work and not worry about their children."



Scott Nunnally, HAWC exercise physiologist, drinks water while exercising to keep cool. (Photo by Jennifer Valentin)

## Staying cool in Texas summer

By Jennifer Valentin  
Wingspread staff writer

The sizzling summer months are the time to learn how to keep cool and not get overheated. The health and wellness center has plenty of tips to help beat the heat.

"Keeping hydrated by drinking plenty of water is the most important thing a person can do while in the heat," said Scott Nunnally, HAWC exercise physiologist. "A person should be drinking at least eight 8-ounce glasses of water per day. In addition to this, an extra glass of water should be consumed for every hour of activity, more if in extreme heat."

"Before exercising, always drink water before starting to feel thirsty," said Mr.

Nunnally. "Once a person feels thirsty, their body is already dehydrated."

According to the HAWC, when exercising in the heat, a person should wear loose, lightweight and light-colored clothing made of fabrics that can breathe to keep the body cool. People should avoid dark and heavy clothing since they absorb heat.

During the hot months, indoors with air conditioning is the best place to be.

"If a person has to be outside, try to avoid the hottest time of the day and get errands or yard work done as early as possible," said Mr. Nunnally.

Wear a wide-brimmed hat and sunglasses to protect the face and eyes from UV rays, said the exercise physiologist.

"It's a good idea to have a bottle of

water and apply sunscreen when out in the sun for long periods of time," said Mr. Nunnally.

According to the HAWC, bodies need water for functions including:

- Expiration
- Regulating body temperature
- Carrying nutrients and oxygen to all cells in the body
- Moistening oxygen for breathing
- Protecting and cushioning vital organs
- Cushioning joints
- Helping to convert food into energy
- Helping the body absorb nutrients
- Removing waste
- Blood is 92 percent water
- Bones are 22 percent water
- Muscles are 75 percent water

For more information, call Mr. Nunnally at 652-2300.

Sarah Hayes, child development center, office automation assistant, demonstrates the right way to buckle a child safety seat. (Photo by Jennifer Valentin)



## Safety seats

### Keep children safely buckled in

By Jennifer Valentin  
Wingspread staff writer

Checking to make sure a child safety seat is secured and installed properly only takes a few minutes, and can be everything when it comes to a child's safety in the car.

A child seat may not protect a child if it is installed the wrong way, according to the National Highway Traffic Safety Administration.

All children age 12 and under should ride properly restrained in the back seat of a vehicle, and a rear-facing child seat should never be placed in the front seat where a front mounted passenger air bag is present.

The NHTSA suggests drivers with children who need a safety seat read the

seat's instructions carefully and make sure they understand them.

Infants, from birth to age one, who weigh less than 20 pounds should ride in the back seat in a rear facing safety seat.

Children over one year old, who weigh more than 20 pounds can ride in forward facing child safety seat in the back seat of the vehicle.

According to the NHTSA, children should ride in a safety seat with a full harness until they weigh about 40 pounds.

Children who have outgrown child safety seats should be properly restrained in booster seats until they are at least eight years old unless they are four feet, nine inches tall.

For more information, visit [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov).

# New policy adopted for stray animals on base

By Tech. Sgt.  
Richard Hayward  
12th Security Forces  
Squadron

With the growing number of stray animals on Randolph, the 12th Security Forces Squadron has taken additional steps to protect the health, welfare and safety of base residents from stray or wild animals, which pose potential hazardous situations to base residences and household pets.

The City of Schertz animal control officers will now begin capturing stray or wild animals on Randolph.

Pet owners will be responsible for all of the costs incurred to retrieve their pet from the animal shelter. All attempts will be made to identify the owners of captured animals by checking vaccination tags, or checking for microchip implants as well. The base vet clinic offers the microchip procedure for a \$15 fee.

- Captured animals with tags or

microchip implants will be held for five days before adoption or euthanasia.

- Captured animals without tags or microchip implants will be held for three days before adoption or euthanasia.

- Feral (wild) animals caught will be euthanized when captured (domestic pets that are wild and cannot be safely handled)

- Captured wildlife will be turned over to a Texas game warden for relocation or disposal.

Pet owners are reminded that any time a pet is outside quarters or out of a fenced yard they must be on a leash.

Base residents can contact the 12th SFS control center at 652-5700 and request assistance with stray animals.

The City of Schertz Animal Shelter will not accept pick-up calls from base residents. Base residents can contact Schertz Animal Shelter at 658-6607, if their pet is missing. The shelter is located at 1298 Borgfeld Road.

## City of Schertz Animal Control fee schedule

**Impound Fee per Animal  
(dog or cat)**

**For Spayed or Neutered Animals**  
\$20

**For all other animals**  
\$35

**Holding fee per day**  
\$10

**Surrender Fee (Owner no longer wants  
animal or owner cannot be located)**

**With proof of Vaccinations**  
\$12

**With no Vaccinations**  
\$20

**Euthanasia Fee per Animal  
(cat or dog)**  
\$18

**Quarantine Fee (cat or dog)**  
\$35

**Response After-Duty Hours  
(per hour)**

**(Duty-hours are defined as 8 a.m. to 5  
p.m. Monday to Friday and City of  
Schertz holidays)**

\$25

# Pedestrian safety stressed

By Jennifer Valentin  
Wingspread staff writer

When it comes to pedestrian safety on base, those walking and driving need to be aware of their surroundings.

According to the U.S. Department of Transportation, Federal Highway Administration Web site, almost 5,000 pedestrians are killed every year and almost 85,000 pedestrians are injured every year.

Younger children and the elderly are the ones that are most injured or killed in pedestrian/vehicular accidents. While many are quick to blame the driver of the vehicle involved, often times the pedestrian is to blame.

Traffic signals, signs and pavement markings are there to assure the safety of pedestrians.

When crossing the street, the Federal Highway Administration suggests these safety tips:

- Always use a marked crosswalk when one is available
- Stop at the curb, edge of the road or the corner before crossing the street – per Texas Traffic Codes, a pedestrian may not suddenly leave a curb or other place of safety and proceed into a crosswalk in the path of a vehicle so close that it is impossible for the vehicle operator to yield
- Look left, then right, then left again before crossing
- Continue to check for traffic, especially the vehicles that can turn right on a red light

Pedestrians are urged to use the sidewalks when they are available, rather than walking in the street. On the roads that do not have sidewalks, pedestrians should walk on the left side of the road, facing traffic. When walking through a parking lot, pedestrians should look

for cars that are backing out of parking spaces.

Almost 60 percent of pedestrian fatalities occur between 6 p.m. and 6 a.m., so when walking at night, make sure to dress to be seen, wear something reflective on the clothing or shoes, and carry a flashlight.

Pedestrians should watch out for drivers, and drivers should watch out for pedestrians, advises the FHA.

When driving, watch for pedestrians at crosswalk areas, according to the Federal Highway Administration, because they may not be looking before they cross the street. Before turning right on a red light, look both ways to ensure that a pedestrian is not walking across the street.

Also, before backing out of a parking space, always look around to make sure there are no pedestrians in the way.

“Randolph has several high-traffic pedestrian areas, such as the base exchange and commissary parking lot, the youth center area, and the Air Force Personnel Center and fitness center area,” said Linda Howlett, 12th Flying Training Wing safety office, ground safety manager. “We all must do our part to ensure safety on Randolph roadways.”

“The key to crosswalk safety is for both pedestrians and motorists to do their part,” said Ms. Howlett. “Pedestrians need to stop and make sure the motorists see them and are stopping. Pedestrians walking at unmarked intersections and roadways must yield to motorists on the roadway. Motorists must stop for all pedestrians in marked crosswalks,” she said.

For more information on pedestrian safety, visit [www.safety.fhwa.dot.gov](http://www.safety.fhwa.dot.gov), or call the safety office at 652-1842.

## COMMANDER CONNECTION

*This column is intended to unofficially introduce new unit commanders to the base community.*



**Lt. Col. Jim "Skid" Garrett**  
99th Flying Training Squadron commander

*Key to success in the Air Force:*

"Always treat peers and subordinates with the same respect and dignity you show to your supervisors."

*Hometown:*

Catoosa, Okla.

*Vision for the unit:*

We are the future and keystone to training the mobility aviators of today. It is our mission to turn out highly trained, professional aviators in a way that honors our Tuskegee heritage.

*Previous assignments:*

Reese AFB, Texas

Fairchild AFB, Wash.

Maxwell AFB, Ala.

*Most memorable Air Force experience:*

Being selected for command!

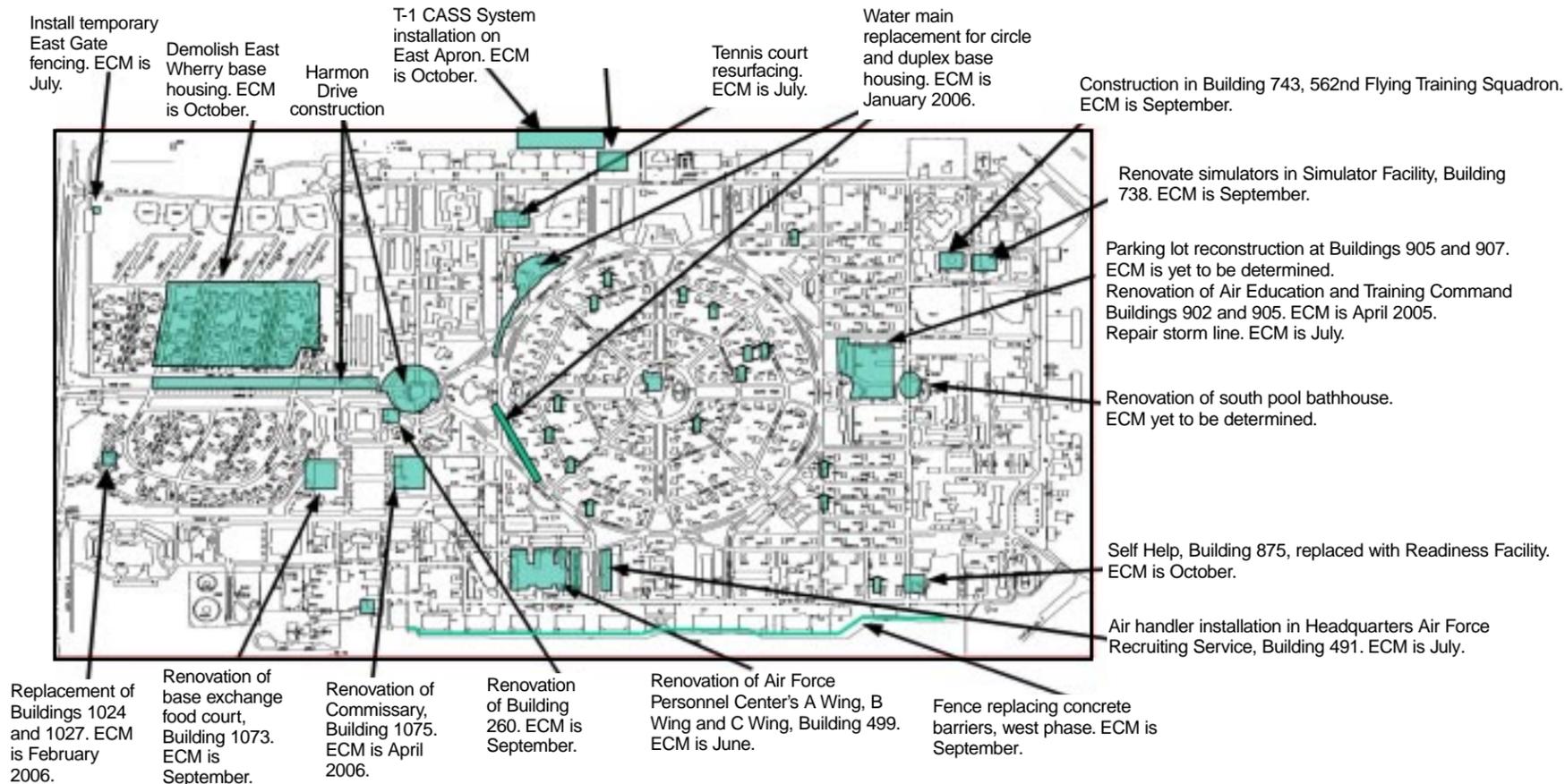
## Moving on up



Shoppers buy furniture at the bargain warehouse sale June 9. The bargain warehouse sales are held the second Wednesday of every month, at Building 1139, located past the hunt and saddle club on Perimeter Road. The sale includes furniture items such as chairs, tables and sofas. All of the items sold must be taken when purchased. (Photo by Joel Martinez)

# CONSTRUCTION

OPERATIONS



**Special Note:** Renovation of Harmon Drive to include Washington Circle is in progress. There is inbound traffic only in the mornings and outbound traffic only in the afternoons.

**Additional renovation:** Phase 1 of 3 of the reconstruction of Lower Seguin Road is in progress. This phase includes the closing of Woman Hollering Creek Bridge. The South Gate remains accessible by way of Loop 1604. This project should be complete this fall.

**Military Family Housing:**  
Exterior Painting/Roof Repair/Interior Repair/Foundation Repair in progress; notices will be sent to tenants. (Circle & Duplex)  
Repairs will continue through July 2004.

Last ride



WASHINGTON – A riderless horse follows the caisson bearing former President Ronald Reagan’s flag-draped casket during his funeral procession June 9. A pair of President Reagan’s boots are reversed in the stirrups of the empty saddle symbolizing that he will never ride again. (AFPN)

## Yard of the Month program underway

The Yard of the Month program runs from April through October each year. The housing area is divided into four groups: circle housing, duplex housing, town house and west Wherry. A winner and runner-up is selected from each group.

This year there is a new category called Most Improved Yard that will be presented quarterly. This new category allows us to recognize residents who may not have the “Best Yard in Military family housing,” but have made significantly noticeable improvements to enhance the overall appearance of their yard.

The housing inspectors perform yard inspections each Tuesday. During the inspections, they look for candidates for the award categories. All winners are notified by the Randolph Housing Office and the award presentation will occur no later than the 10th of the following month. Winners receive an award

certificate, gift certificates from the Army Air Force Exchange Service, coupon books from the 12th Services Division, and the YOM sign displayed in their yard. Runners-up and most improved yard winner will receive an award certificate and runner-up sign displayed in their yard.

When considering nominations for Yard of the Month, the Housing Office looks for:

- Neatly mowed, trimmed and appropriately watered lawns
- Neatly trimmed shrubs
- Front porches, carports and storage areas that are attractive and free of clutter
- American Flag properly displayed (*You do not need to have the American flag displayed to win; however, if you do fly the flag, please ensure you follow proper protocol.*)
- Appealing overall appearance (*area free of refuse and debris, with little or no clutter*)

For more information, call the Randolph Housing Office facilities section at 652-7316.



## Sports and Fitness

# Jog safely: Tips offered for jogging on base: stay fit, stay aware, stay alive

By Jennifer Valentin  
Wingspread staff writer

People jogging on base, whether in groups or on their own, are encouraged to keep their eyes and ears open, especially when around high-traffic areas.

According to Air Force Instruction 31-204, individuals are not authorized to jog, run, roller blade, skateboard, or walk on roadways during high traffic density and peak traffic periods.

The Installation Commander has designated Harmon Drive, 5th Street East and 5th Street West as high-density and peak traffic periods between the hours of 6:30 to 8 a.m. and 3:30 to 5 p.m.

“Individuals are also asked to exercise caution when around areas where the base school buses drive, such as

Perimeter Road and Harmon Drive,” said Linda Howlett, safety office ground safety manager.

When jogging, individuals should use the jogging path provided on base. If roadways are used, said Ms. Howlett, people should avoid jogging on the high traffic roadways, avoid peak traffic hours, and run on the left side of the road facing traffic. If running in groups, consider having spotters at intersections.

Individuals should also consider jogging during the day when there is good visibility.

“Otherwise, when considering what to wear, always wear reflective, bright colored clothing so you can be seen,” said Ms. Howlett. “Individuals are not allowed to wear headphones unless they are on the jogging path.”

For more information, call the safety office at 652-1842.



Joggers run on base in the early morning hours. People jogging on base, whether in groups or on their own, are encouraged to keep their eyes and ears open. (Photo by Steve White)

## Fit to fight

In an effort to recognize Team Randolph members who achieve an “excellent” rating on the Air Force Fitness Test, which is a 90 percent or above, the *Wingspread* has implemented this “Fit to Fight” column, in which the names of these individuals and

their unit are featured. Scores are divided into two categories – those who score 100 percent and those who score between a 90 and 99.95 percent.

The following are members who recently earned this benchmark score:

### 100s: Air Force Occupational Measurement Squadron

- Capt. Victoria Citrowske
- 2nd Lt. Paul Duncil
- Capt. Alicia Glen
- 2nd Lt. Kimberly McCoy
- 2nd Lt. Roy Kaipo McGuire
- Master Sgt. Shannon Polit

### 90s and above: AFOMS

- 2nd Lt. Nora Alanis
- 1st Lt. David Allick
- 2nd Lt. Daniel Carter
- Maj. Jose Caussade
- 1st Lt. Eric Edge
- 1st Lt. Darrin Hall
- 2nd Lt. Julie Horsley
- 1st Lt. Mary Hrynyk

- Airman 1st Class David Jones
- 2nd Lt. Tiffany Kilroy
- 2nd Lt. Zarine Malesra
- 1st Lt. Steven Mankins
- 1st Lt. Laura McDonald
- 1st Lt. Stacy Milbauer
- 1st Lt. Bryan Pickett
- 1st Lt. Gregory Richard
- 1st Lt. Joshua Smalley
- Airman 1st Class Vernon Travis





Ken Kallestad, 12th Aircraft Maintenance Organization, swings for the fence, as John Gilliard, Air Force Recruiting Service, waits for the pitch with an empty glove. (Photo by Steve White)

# AFRS eases by 12th AMO, 16-8

**By Capt. Paul Villagran**  
12th Flying Training Wing Public Affairs

An eight-run fifth inning was more than the 12th Aircraft Maintenance Organization could overcome as they fell to the Air Force Recruiting Service 16-8 in intramural softball action Monday.

"They are definitely a good team," said AFRS coach Richard Boshart, "But in the fifth inning, we finally 'woke up the bats' and started hitting."

The game started out and remained tight throughout as both teams scored two runs in the first inning and neither team was able to pull away.

The Recruiters were able to take a five run lead in the top of the third on a series of singles.

Not to be outdone, AMO responded in the bottom of the fourth with five runs highlighted by doubles from Dan Buntier and John Cavilla to even the score at eight.

The fifth inning proved to be the decisive frame as Recruiting scored five runs before making their first out in route to an eight-run outburst. AMO was unable to generate any offense and close the gap in the final two innings.



(Left) Jon Sprague, 12th Aircraft Maintenance Organization, prepares to tag out Tommy West, Air Force Recruiting Service, as West runs for third base. (Below) Sprague, 12th AMO, shows the umpire he has the ball in and after tagging West out, as West waits for the call. (Photo by Steve White)



## SPORTS SHORTS

### **Passport to fitness, health**

The fitness center's passport to fitness and health program is now underway.

During the event, participants are given 30 days to visit 32 different "countries" located at the fitness center, complete the fitness and health related task at each location, get a stamp of the country to show they have completed the mission, and return to "America" (the front desk) to get a prize.

For more information, call 652-5316.

### **Push-up competition**

The fitness center hosts a push-up competition from 11 a.m. to 1 p.m. Monday.

For more information, call 652-5316.

### **Cardiovascular health workshop**

The next cardiovascular health workshop is at 11 a.m. Monday at the health and wellness center.

During the course, participants are given nutrition and exercise information teaching them how to reduce their risk for heart disease as well as undergo a behavior

modification session to help them exchange their old lifestyle for a healthier one.

To sign up, call 652-2300.

### **Golf tournament**

Fathers and their sons or daughters can now sign up to participate in the father son/daughter golf tournament June 19 at the Randolph Oaks Golf Course. Tee times are noon to 1 p.m.

For more information, call 652-4570.

### **Junior golf clinic**

The Randolph Oaks Golf Course hosts a junior golf clinic June 21 to 25. Classes run from 8 to 9:30 a.m. Monday through Friday. The cost is \$60 for children who need clubs and \$30 for those who have their own.

For more information, call 652-4653.

### **Dog jog**

The fitness center hosts a dog jog at 9 a.m. June 26 at Eberle Park. Joggers do not have to have a dog to participate in the 1.5-mile run. All dogs must be on a leash.

Participants with dogs must also provide their own pooper-scooper.

For more information, call 652-5316.

### **Discounted golf**

Now through Sept. 30, base golfers receive \$4 off the Randolph Oaks Golf Course regular rates and \$2 off its "twi-lite" rates. Also, those members who have annual fee cards that are good through this timeframe receive a two-month extension on the expiration date (Dec. 31 through Feb. 28) at no extra charge.

The discounts are due to inconveniences customers may experience during this time due to course renovations.

For more information, call 652-4653.

### **Aerobic classes available**

The fitness center offers a variety of aerobic classes Monday through Friday. Classes begin at 6 a.m., 9 a.m., 11 a.m., noon, 4:45 p.m. and 5:45 p.m.

Classes include step/variety, basic step, cardio/sculpt, sports conditioning, power yoga, kick boxing and more.

For more information, call 652-5316.