

WINGS SPREAD

Construction continues *Visitor control center to move to East Gate*



The east gate guard station will be moved back approximately 100 feet next month to accommodate a temporary visitor control center housed in trailers just inside the gate. A new permanent visitor control center is being constructed at the main gate. This construction is a part of the ongoing Harmon Drive project. (Photo by Jennifer Valentin)

By Tech. Sgt. Richard Hayward
12th Security Forces Squadron

The visitor control center, Building 1021, is temporarily moving from the main gate area to trailers located inside the east gate Aug. 9.

The move will make way for a new visitors center, which is scheduled to be in place in 2005.

The temporary facility will maintain the current operating hours of 7 a.m. to 4 p.m. Monday through Friday and keep the current phone number of 652-3939.

To provide visitors unrestricted access to the temporary visitors control center, the east gate guard station is moving back approximately 100 feet.

Although the east gate will allow vehicles to enter two at a time, drivers must merge into one lane as they approach the entry controllers.

Motorists are asked to be courteous and cautious when entering the gate

and merging to come on base.

In addition to this move, East Perimeter Road access will be blocked to prevent unauthorized personnel from gaining access to the installation. The fenced area provides a secure area for visitor processing at the temporary visitor control center.

During this time, the golf course road can be used to get to East Perimeter Road amenities such as the recreational vehicle lot, skeet range, horse stables, resale building and Eberle Park.

With the increased traffic on 5th Street East and 3rd Street West, 12th Security Forces Squadron officials ask that joggers and cyclists stay off these streets during the high peak traffic hours of Monday through Friday from 6 a.m. to 8:30 a.m., 11 a.m. to 1:30 p.m. and 3:30 p.m. to 6 p.m.

For more information, call 652-5509.

Maj. Gen. Przybyslawski assumes command of AFPC

By Master Sgt. Randy Mitchell
Air Force Personnel Center
Public Affairs

Maj. Gen. Anthony Przybyslawski took his place July 23 as the Air Force Personnel Center's 22nd commander. The 28-year veteran and command pilot succeeds Maj. Gen. Thomas O'Riordan.

Lt. Gen. Roger Brady, Air Force deputy chief of staff for personnel, presented General Przybyslawski with his second-star prior to the ceremony, which he officiated.

General Brady said AFPC is unique in its mission and said the task of commanding the Center is a "difficult and humbling job." He said General Przybyslawski's previous assignment as commander of the Air and Space Expeditionary Force Center made him perfectly suited for his new job here.

General Przybyslawski said we cannot forget what the Air Force is doing today; we can't forget the nation is at war.

Speaking to the assembled staff, the General said that in his last job, he saw the results of their work in the global war on terrorism. He experienced it.

"You need to remember every night when you go to bed, that your mission is to support

the warrior in the field. You make a huge impact in that war and I've witnessed it. That's the success or failure of the personnel center, and that's where I saw your success," he added.

"From the outside looking in, what you do day in and day out to support the global war on terrorism makes me extremely proud to be your commander," the general said. "I cannot ask for a better job, I could not ask for a better position. Thank you for that."

General Przybyslawski closed with a quote from Gen. Creighton Abrams, former Army Chief of Staff, "By people, I do not mean personnel. I do not mean end strength; I do not mean any of those other labels that refer to people as a commodity. I mean living, breathing serving human beings that have spirit and will, strength and ability, weaknesses and faults. But most importantly, they have names."

The general then charged the members of AFPC to remember that they daily serve 'people with names,' not just personnel.

General Przybyslawski has served in a variety of assignments to include commanding the 509th Bomb Wing at Whiteman AFB, Mo., and the 28th Bomb



(Left) Lt. Gen. Roger Brady, Air Force deputy chief of staff for personnel, passes command of the Air Force Personnel Center to Maj. Gen. Anthony Przybyslawski. (Photo by Melissa Peterson)

Wing at Ellsworth AFB, S.D. He also served as assistant director of aerospace operations with Air Combat Command at Langley AFB, Va. He has flown more than 3,800 hours, primarily in B-52, B-1 and B-2 bomber aircraft.

General O'Riordan, who had commanded the Center since November 2002, retired from the Air Force Tuesday after more than 32 years of active-duty service to the nation. The general and his family will settle in Omaha, Neb.

12th FLYING TRAINING WING TRAINING TIMELINE

As of Monday			Navigator, EWO training			Wing Sortie Scoreboard			
Pilot Instructor Training			562nd FTS			Aircraft Required Flown Annual			
Squadron	Senior Class	Overall	562nd FTS	563rd FTS					
99th FTS	2.0	2.1	Air Force	247 Undergraduate	53	T-1A	3,425	3,420	4,383
558th FTS	-3.8	-1.6	Navy	80 International	9	T-6A	7,679	7,867	9,103
559th FTS	-0.7	-3.5	International	4 EWC Course	13	T-37B	6,420	6,062	7,508
560th FTS	-0.6	-0.2	NIFT	50 Fundamentals	0	T-38A	6,383	5,912	5,912
						T-38C	1,564	1,659	3,612
						T-43	965	1,015	1,160

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.

Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.

The required and flown numbers reflect sorties since Oct. 1, 2003. The annual numbers are the current fiscal year target.

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**AIR AND SPACE
EXPEDITIONARY
FORCE**

As of Monday, 158 Team Randolph members are deployed in support of military operations around the globe.

The Randolph
WINGSPREAD

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Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760.

Commander's Action Line

Call 652-5149 or e-mail
randolph.actionline@randolph.af.mil



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. John Hesterman
12th Flying Training Wing commander

**Agency
contact numbers**

Security Forces	652-5509
Services	652-5971
Civil Engineers	652-2401
Transportation	652-4314
Military Pay	652-1851
Civilian Pay	652-6480
Safety Office	652-2224
Housing Maintenance	652-1856
12th FTW IG	652-2727
Equal Opportunity	652-4376
FW&A Hotline	652-3665
EEO Complaints	652-3749
Randolph Clinic	652-2933
Base Exchange	674-8917
Commissary	652-5102
Straight Talk	652-7469

Uniform survey helps determine 'look'

By Capt. Jason Medina
Air Force Public Affairs
National Media Outreach Office

NEW YORK – Future Air Force historians could easily label 2004 as the Year of Decision.

We have taken this year by the horns and renewed our vows to physical fitness, paved a road toward transformation and set aggressive force-shaping goals to get back to our "fighting weight." We continue to make tough choices about what America's Air Force will look like in the future.

Enter the proposed new utility uniform. For the past year, more than 620 Airmen at 30-plus locations have been experimenting with a replacement to our battle dress uniform. A popular, though unlikely, alternative would have been to authorize "any black undershirt" and make the so-called "blouse" optional within the workplace. This ensemble, though fashionable, would be hardly standardized and it certainly wouldn't be distinguished.

Airmen deserve an Air Force-unique uniform. I still cringe at having to list the nuanced differences between Air Force and Army-style BDUs to curious bystanders. I look forward to a new uniform that all Airmen, whether in a military personnel flight or a munitions maintenance shop, wear with pride every day.

Currently, our senior leaders are soliciting feedback through an online survey. The results will help determine the next Air Force "look." Since we generally don't get to cast votes for Air Force policy, it is notable that we're being asked to



(Left) Lt. Gen. Richard "Tex" Brown III, former deputy chief of staff for personnel, talks with his acting executive officer, Lt. Col. Kathy Hithe, in his Pentagon office earlier this year. General Brown is wearing the Air Force's proposed tiger-stripe utility uniform which is currently in its wear-testing phase. (Photo by Master Sgt. Jim Varhegyi)

provide input into what we wear to work every day. It is a decision we shouldn't take lightly, because the stakes are high.

A uniform tells a story: Bright orange jumpsuits will forever identify the incarcerated, tuxedos identify the celebrated and tasseled caps are reserved for the educated. For almost 57 years of aiming high and crossing into the blue, Air Force utility uniforms have identified us predominantly by our Army-based heritage.

It is time to write the next chapter of the Air Force Story and our input is important in the decision-making process. Let's do our part and complete the online survey to help ensure our new utility uniform identifies us not by where we came from, but for where the Air Force is going.

Our future identity depends on it. The utility uniform online survey is located at <http://www.uniforms.hq.af.mil/>. (Courtesy of Air Force Print News)

Colonel shares strategy for success

By Lt. Col. Perry FitzGerald
Air Warfare Center Safety
Office

"The key is to figure out how to balance your health, your family and your job as you face the rest of your life and your remaining Air Force career."

NELLIS AIR FORCE BASE, Nev. – In my 20-plus years in the Air Force, I've run across a lot of people with their own secrets to success, and believe me, they are always willing to share their thoughts. These are sometimes very simple, and these are sometimes very complex.

Some of the grand plans to success are easily discarded 15 minutes after you hear them, but others stick with you forever. One strategy for success that a 10-foot-tall lieutenant general shared with me years ago has stayed with me. His simple strategy called for prioritizing your life.

In this prioritization, he set forth three simple priorities: No. 1 is your health; a close second is your family; and last

is your job. Let's look at them separately, but in reverse order.

If it is not obvious to you that the job you do for your nation is important, then it is time for you to wake up! Since Sept. 11, 2001, our country and military forces have prosecuted a war against an enemy who challenges the very freedom upon which this country was founded. No matter what job

See Success on page 3

Congratulations Retirees

Today
Curtis Swafford
Air Education and Training Command

Master Sgt. Hector Bosques
Air Education and Training Command

Retirement announcements should be submitted to the Wingspread office by noon Friday two weeks prior to the desired date of publication. E-mail announcements to randolph.retiree.messages@randolph.af.mil or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

Success

Continued from Page 2

you do for the Air Force, you contribute to this great war effort. All our military forces have made great sacrifices in the call to freedom, and we will make many more.

It is going to be a long, hard road to victory, but as our president has said over and over, "This is a war we cannot afford to lose." So, as Airmen, we must see the importance of our jobs and perform them to meet the highest standards.

Though I've listed your job as the No. 3 priority, it seems we have to push it up the priority scale to at least No. 2 or even No. 1 in these trying times. I find a quote from retired Col. Steve Arrington useful in this instance: "No one should put anything before their family, unless the flag is falling — that's a different story. Then freedom comes first."

So, it is easy to see the importance of your job, but now let us look at that No. 2 priority, your family.

Being in an expeditionary Air Force makes it inherent that you are going to have to spend time separated from the ones you love. You had better enjoy the time you do have at home with your family, because these separations are, and will get, longer.

Recently, the standard air and space expeditionary force tour length increased from 90 to 120 days. Our air reserve component brethren spend as much or more time deployed as we active-duty Airmen.

But who are the ones there to see you off for each deployment? Who are the ones that send you those packages, letters and e-mails throughout your deployments and during the holidays you miss? And who are the first ones to greet you when you return? It is your family.

Now, think further down the line; who will be the ones you spend the rest of your life with after you leave the Air Force? The answer is obvious. It seems that maybe your family should move up the

priority list to No. 1. But what good are you to your family or to your fellow Airmen if you're in poor health?

Your health is so important that sometimes when you lose it or let it go, it is very hard to get back. Air Force Chief of Staff Gen. John Jumper's "Fit to Fight" program has had an enormous impact on our Air Force. General Jumper noted that we had become a sedentary, stationary-bicycle-pedaling bunch of high-tech geeks. Now take a look around.

We are outside running; we're lifting weights; we're in the gym placing our bodies into modern-day torture machines; and we're steadily transforming into a lean, mean fighting machine — like a bunch of high-tech geeks. Seriously, we have made an incredible transformation in a short time to meet General Jumper's Fit to Fight agenda, and we're a better force for it.

Your spiritual health is also part of your fitness. Regardless of faith, we all need something to help get us through these trying times.

This physical and spiritual fitness will also carry you through the rest of your life after you leave the Air Force. With good health, you not only benefit your family; the people you work with benefit also. It seems that this health issue is justifiably placed at the top of the priority scale.

It should be obvious to you that these priorities shift places and eventually overlap according to the current circumstances you face. If you ever find yourself in a situation where you're huddled together in a foreign land with your fellow Airmen, wearing only a Kevlar helmet and flak jacket as enemy mortars explode randomly around you, you will begin to see the great paradigm of which priority should be No. 1.

The key is to figure out how to balance your health, your family and your job as you face the rest of your life and your remaining Air Force career. Even if you don't use this simple method, find your own method to help prioritize your life. Hopefully, it won't take a 10-foot-tall lieutenant general to get you started.

(Courtesy of Air Force Print News)



Commander's Access Channel

On base TVs connected to cable

People who have televisions connected to cable on base have the capability of viewing the Commander's Access Channel, channel 21. The access channel provides real-time information about base events and other activities of interest to members of the Randolph community. The access channel is especially useful when people need to find out details about inclement weather reporting procedures, real-world or exercise activities, gate closures or other events that affect operations at Randolph.

In addition, members can also watch the latest Air Force Television News videos, which are broadcast at 10 a.m., noon and 3 p.m. Monday, Wednesday and Friday.

For more information about the access channel or to find out how to post information, call Tech. Sgt. Angelique McDonald or 1st Lt. LaShonda Bush at 652-5760.

HOMETOWN NEWS RELEASES

Did you just get promoted? Graduate from a professional military educational school? Earn your Community College of the Air Force degree?

Let your family and friends read or hear about your good news. Fill out a Department of Defense Form 2266 and bring it in to the 12th Flying Training Wing Public Affairs office in Building 100. For more information, call Master Sgt. Lee Roberts at 652-4410.

News

Medical group to get new commander

Colonel Waite passes flag after two years at Randolph

By Jennifer Valentin
Wingspread staff writer

Col. Nancy Waite will pass the 12th Medical Group flag to Col. June Gavron during a ceremony Aug. 5 at 9:30 a.m. in the officers' club.

Colonel Waite has been the 12th Medical Group commander since August 2002. She moves to her next Air Force assignment with the Air Force Academy in Colorado Springs, Colo., as the deputy group commander for the 10th Medical Group.

Colonel Waite is looking forward to working in an Air Force hospital again.

"I am excited about my new position at the Air Force Academy. I will face challenges that are similar to the ones I have had here at Randolph, but will undoubtedly face new challenges as well," said Colonel Waite.

The colonel said she has been interested in health care since she was a teenager.

"I enjoy taking care of people and it seemed natural for me to go in the direction of health care," added the colonel. "I was the first member of my family to join the Air Force and the

"I am excited about my new position at the Air Force Academy. I will face challenges that are similar to the ones I have had here at Randolph, but will undoubtedly face new challenges as well."



Col. Nancy Waite
12th Medical Group
commander

first to become part of the medical field."

Colonel Waite has had many different assignments in her 25-year Air Force career.

Besides being a commander at Randolph, the colonel has commanded at the Headquarters Squadron, School of Health Care Sciences at Sheppard Air Force Base, Texas, as well as

the Medical Support Squadron at the 355th Medical Group at Davis-Monthan AFB, Ariz.

Her assignments over the years have focused on supporting the medical field, and making sure the welfare of the servicemembers, retirees and their families was of the highest standard.

Colonel Waite spent about two years as the director of medical resource management at the 836th Medical Group at Davis-Monthan AFB, and more than two years as the Air Force Inspector General Team chief and medical inspector, at the Air Force Inspection Agency at Kirtland AFB, New Mexico.

"Of all my assignments so far during my Air Force career, Randolph has been my favorite - I have never seen such a spirited, professional and cohesive team, from the wing level down to the squadrons," said the colonel. "I couldn't be prouder of the wonderful contributions my medics have made towards the wing's mission. They have worked very hard, from customer satisfaction, where we are currently tied for first place in Air Education and Training Command, to tremendous improvements in access to care for our patients."

Colonel Waite is married to Bill Waite, who is very active in the spouses' groups on base. She has two sons, Thomas and Daniel. Colonel Waite recently swore Daniel into the Air Force, who is currently in the delayed enlistment program, awaiting his basic training dates.

MANS graduates final six

By Gunnery Sgt. Randolph Richter
Marine Aerial Navigation School

Six Marine Aerial Navigation School students graduate today at a ceremony in the officers' club.

The guest speaker for the graduation ceremony is retired Marine Lt. Gen. Bruce Knutson.

Lieutenant General Knutson is currently a senior mentor on the Marine Corps Marine Air Ground Task Force Staff Training Program at Twenty-nine Palms, Calif. The general is a MAGTF operations and operational planning instructor.

This completes six months of intensive training for the graduates, which included 10 flights, 22 simulator missions, and six phases of training including low-level navigation, aerial refueling and air delivery.

The new navigators are a part of a select group of enlisted Marines to be designated Marine Aerial Navigators.

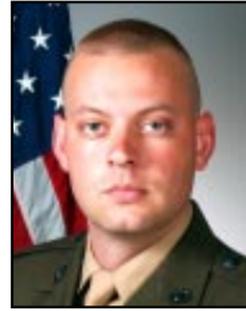
Lance Cpl. Jason Hartwig is the class Honor Graduate. The lance corporal will receive a Meritorious Mast from Marine Col. Michael Sawyer, Marine Aviation Training Support Group 22 Commanding Officer, out of Corpus Christi, Texas, and a plaque from the Marine Corps Association.

The new navigators will transfer to the Fleet Replacement Squadron, VMGRT-253, Marine Corps Air Station at Cherry Point, N.C. There they will spend three months training in the KC-130 aircraft.

Upon qualification at Cherry Point, they are looking forward to assignments with operational squadrons in MCAS Futenma, Okinawa, Japan; Carswell Joint Reserve Base, Texas; and Stewart Air National Guard Base, N.Y.



Lance Cpl.
Jason Hartwig



Lance Cpl.
Christopher Menz



Lance Cpl.
Sky Mote



Pfc.
Mark Romero



Lance Cpl.
James Schuler



Lance Cpl.
James Worsech

Marine Aerial Navigation School deactivates

By Jennifer Valentin
Wingspread staff writer

The Marine Aerial Navigation School took its final flight Friday in preparation for its deactivation after 11 years flying at Randolph.

The Marine Corps are buying the new

KC-130 "J" aircraft, and no longer need aerial navigators, said Chief Warrant Officer David Gorton. The transition process to the new aircraft will take about 12 years.

The graduates from the last class will complete their training at the Marine Corps Air Station Cherry Point, North Carolina

and be assigned to support Fleet Marine Forces worldwide. The instructors from the MANS at Randolph will PCS to KC-130 squadrons as Tactical System Operators.

"The last flight was as good as the first one," said Chief Warrant Officer Gorton. "It was a great flight and the support we have received at Randolph has been second to none."

A total of six navigators graduated from the class today, bringing the year's total to 26 graduates, added Chief Warrant Officer Gorton.

"I would like to thank our entire support structure at Randolph, including the 12th Flying Training Wing, the 12th Operations Group, the 562nd Flying Training Squadron, and others on base such as supply and the dining hall," said Chief Warrant Officer Gorton. "The MANS owes everyone at Randolph a debt of gratitude."

At Randolph, the MANS taught young enlisted Marines how to navigate the KC-130, the aircraft that the Marines used. The school was divided into three classes a year that lasted for 26 weeks, with 12

students in each class.

The Marines started their training in Pensacola, Fla., studying at the Naval Aircrew Candidate School. A very small number of Marines who were screened after attending NACCS came to the Marine Aerial Navigation School at Randolph. They were recruited to come here and sign up as aircrew.

After completing the school at Randolph, the Marines were assigned at either a squadron in North Carolina, Southern California or Okinawa, Japan, to support the Fleet Marine Forces. Within six months of graduation, the Marines will

support the Marine forces using the skills they learned in the school. They go from student to combatant in 12 months.

The training syllabus that the Marines used included theater and global navigation, aerial re-fueling and low-level navigation.

"This has been a great time at Randolph for all of us," commented Chief Warrant Officer Gorton. "It is training we will always take with us."



Lance Cpl. Christopher Menz, a Marine Aerial Navigation School graduate, gets hosed down after taking part in the MANS fini-flight Friday. (Photo by Joel Martinez)

AF pharmacies implement new formulary guidelines

Clinic eliminates some high-use medications from inventory

By Lt. Col. David Bobb
Deputy Medical Support Policy and Operations Office of the Air Force Surgeon General

WASHINGTON – In a memorandum recently sent out to all Air Force pharmacies, Maj. Gen. (Dr.) Joseph Kelley, assistant surgeon general, health care operations, directed the immediate implementation of a new formulary guideline, which includes the elimination of some high-use medications.

"It's no secret that Fiscal Year 2004 has been an extremely challenging budget year for the Air Force Medical Service," General Kelley said in the memo. "In addition to being faced with more expensive drugs coming to market this year, there has been an eight percent price increase in the approximately 150 high-use medications

contained on the Department of Defense/Veteran's Administration contract list."

To assist in meeting the Air Force Medical Service fiscal parameters, General Kelley wrote that the following changes are being made to military treatment facility formularies:

Non-sedating antihistamines – Allegra will be deleted from the formulary and patients currently taking Allegra should be switched to loratadine (generic form of Claritin).

COX-2 Inhibitors – Celebrex and Bextra are to be deleted from MTF formularies and patients switched to Vioxx. The only cox-2 inhibitor medication to be included on the Air Force MTF formulary is Vioxx. However, Mobic will be kept on formularies as an additional option due to its inclusion as part of the Basic Core Formulary.

Insulin – Unless otherwise inadvisable, patients using Humalog insulin should be converted to Novolog.

General Kelley said he believes the implementation of these formulary guidelines present sound clinical options with a very minimal impact of patient care.

For patients requesting refills on the

medications being deleted, a 30-day supply will be provided to enable the patient enough time to obtain a new prescription for another medication.

"At times, it can be a somewhat bewildering process to track what medications your military treatment facility pharmacy keeps in stock," said Col. Phil Samples, pharmacy consultant to the AF surgeon general.

"Not only can this be confusing at the local level, but as families move from base to base, situations arise where one pharmacy may carry a certain medication that another does not based on the scope of practice at any given facility," Colonel Samples said. "One of the functions of the DOD Pharmacy and Therapeutics Committee and this policy letter is to minimize these variations."

To clarify the processes involved in determining which medications are available at a base pharmacy, Colonel Samples said one must look at the total selection process. Currently, there are essentially three systems in place that influence the drug selection process.

"First, DOD has a Pharmacy and Therapeutics Committee comprised of physicians and pharmacists from all

services that reviews classes of drugs and makes recommendations regarding individual medications that must be carried at every military pharmacy," said Colonel Samples. "These medications, called Basic Core Formulary drugs, provide the foundation for all other formulary decisions, and represent the minimum number of drugs a pharmacy will carry. The intent of this body is to ensure certain maintenance medications for things like blood pressure or diabetes are available throughout the DOD system."

"Next, every MTF has its own pharmacy and therapeutics committee consisting of local physicians and pharmacists, that evaluates medications for addition to the formulary based upon the scope of practice at that particular facility," said Colonel Samples. "These medications are then available to augment those on the Basic Core Formulary."

The third process, mentioned at the beginning of this article, is a new process whereby Air Force Medical Operations directs changes across all Air Force pharmacies.

"The two advantages of this new process are that a medication can now be mandated

See Medication on page 6

AETC program analyst retires after 42 years

By Bob Hieronymus
Wingspread staff writer

Today marks the culmination of more than 42 years of federal service for Curtis Swafford, a program analyst with the Logistics Directorate of the Air Education and Training Command.

Mr. Swafford entered the Air Force in 1962 from his hometown of Riceville, Tenn.

"I already had some experience with electronic equipment," he said, "but they sent me to a high voltage electrician's course and so I spent three years in the civil engineering squadron at Randolph working on electrical distribution systems."

"Because of my previous experience with ham radio, I volunteered at the Military Affiliate Radio Station on base during those three years," he said. "I spent many off duty hours transmitting radio messages for both official and unofficial communications."

"Even today" Mr. Swafford added, "I still keep a couple amateur radios on line at my home. My logbook shows radio contacts with 292 out of 335 countries around the world. It's not a record, but I think it's fun to work the airwaves anytime of day or night. You never know who may be on the other end."

After separating from the Air Force in 1966, Mr. Swafford took a job on Kelly Air Force Base as a Precision Measuring Equipment repairman, a job he kept, with promotions, for six years. When an opportunity came to work again on Randolph,



Curtis Swafford checks over the funding data for an Air Education and Training Command project. Mr. Swafford retires today after a 42-year career in federal service. (Photo by Bob Hieronymus)

he began his career in training systems development here.

From 1972, until accepting an assignment to Air Education and Training Command in 1983, he worked in the Training Aids Division where he was instrumental in the development of cockpit and egress procedures training devices for F-15, F-

16 and A-10 aircraft. His work on these projects earned him numerous awards and letters of commendation.

At AETC, Mr. Swafford was the trainer fabrication manager during a major project to design and build a full size trainer of the front end of NASA's space shuttle.

"It was thrilling to have a hand in the early space program," Mr. Swafford said. "Our trainer was used to train ground handling personnel in fire and rescue procedures for the shuttle."

Among his many projects at AETC, Mr. Swafford coordinated operational requirements for what became known as the Queen Bee program for centralizing certain T-38 modifications on Randolph, a program that is still in place at the base and is scheduled to continue for another decade or more. Currently he has been the resource manager for the depot purchased equipment maintenance program. That means he is responsible for funding the maintenance of aircraft, engines, fire trucks, tugs, sustaining engineering, technical orders and a myriad of other items – in other words, many of the things that keep the command operating.

As for his plans in retirement, Mr. Swafford said that he and his wife, Nancy, will keep on with the same interests they have indulged over many years. Nancy wants to continue with her painting and he will keep his ham radio gear humming. Other than a long "honey do" list, and occasional travel, he said that he has plans to just keep busy.

"Life is still full of exciting opportunities," he said.

Operation FLAGS *Children experience military deployment first-hand*

By Jennifer Valentin
Wingspread staff writer

When military members deploy, it can often be difficult for their children – not only because the parent will be gone, but also because the child is unfamiliar with what goes on before and during a deployment.

Next month, the family support center helps alleviate this worry for children with a new program called Operation Families Learning About Global Support, scheduled to take place Aug. 14 at 9 a.m. at the family support center, Building 693.

The program, already in place at other bases throughout the Air Force, is a simulated deployment process in which children participate and see what their parent or parents go through before deploying, said Master Sgt. Todd Remington, family support

"This 'junior' deployment line gives children the chance to experience the process their mothers and fathers have to go through first hand – providing them with a better understanding of the process and what it means."

Master Sgt. Todd Remington
Randolph Family Support Center
NCO in charge

center NCO in charge of readiness.

"Children are typically scared of their parent deploying because they don't really know what it is," Sergeant Remington said. "This 'junior' deployment line gives children the chance to experience the process their mothers and fathers have to go through first hand – providing them with a better understanding of the process

and what it means."

During Operation FLAGS, the children go through a mock deployment processing line with many of the various base agencies their parents would talk with, to include the military personnel flight, base chapel, medical group and family support center.

In addition, the children also get to visit a static aircraft and see equipment displays.

"Experiencing Operation FLAGS not only helps the children in coping with a parent's real-world deployment, but also with understanding what they do during base exercises," said Sergeant Remington. "It is truly beneficial."

The sergeant added that he has seen first-hand how impactful the program can be.

"I have seen Operation FLAGS before at another base, and it was a huge success," said the sergeant. "I just hope that ours will be a success as well, so we can do this every year for the families."

The sergeant added that Randolph parents are welcome to attend Operation FLAGS with their children.

"It should be a great experience for both children and their parents," he said.

For more information, or to sign up, call 652-5321.

49 YEARS AGO

in the Wingspread

☆ The 3510th Combat Crew Training Squadron celebrated its first anniversary. The squadron, with 26 assigned instructors and 28 aircraft, trained pilots and co-pilots of the C-119 Flying Boxcar. During the year, the squadron graduated 727 students, logged 15,457 flight hours and 5,948 simulator hours. In addition, 221 airlift missions were flown, totaling 1,392,508 passenger miles and 581,146 ton-miles. All this was accomplished with only two minor and no major accidents.

☆ Special ceremonies were held for the dedication of chapel 2, July 31, 1955. Ground was broken for the new building the previous November. The new building replaced temporary facilities that had been used to augment chapel 1 for over 20 years.

☆ Membership in all officers' and noncommissioned officers' messes was made voluntary by Air Force directive. Previously, individuals reporting to a new base were automatically considered members of the two respective clubs unless they declined membership in a letter to the base commander.

☆ Promotion to temporary captain for fiscal year 1956 was announced. Only 4,884 out of 14,000 eligible first lieutenants were chosen Air Force wide.

☆ Six Airmen on Randolph were offered the opportunity to apply for the commissions they had been denied a year before when the ROTC program produced more officer candidates than the Air Force could absorb.

FormFlow deleted from publishing site

WASHINGTON – After replacing FormFlow software with the Information Management Tool viewer, officials at the Air Force's departmental publishing office recently sealed the deal by officially taking down all FormFlow forms from its online Web site repository.

Established at www.e-publishing.af.mil, users will no longer find "forms" as they once knew them to be called. Instead, they can find IMTs, the new name for forms in the Air Force. As of June, all FormFlow products were replaced with their corresponding IMTs.

"With the IMT conversion of more than 18,000 forms complete, we felt it was time to take the next big step toward full implementation," said Jessica Spencer-Gallucci, director of the publishing office.

Much like the Adobe Acrobat application, which allows people to view portable document format files, the new viewer allows users to view, write, send, save and modify IMTs. The

application allows people to use zoom features, plus incorporate bold, underline and italic text enhancements.

Officials said this software will make managing, processing and storing forms-based information easier and less time consuming. Besides providing a more efficient process, the program is tailored to support people with access to the Internet, as well as deployed users with limited or no access to a computer.

For legal and records-management purposes only, publishing officials are saving all FormFlow forms in a special archive, and will release them to the public on an "as-needed" basis.

"We want to support our warfighters with the finest applications and solutions available," Ms. Spencer-Gallucci said. "It is about leveraging the best technology out there and making it work for us."

(Courtesy of Air Force Print News)

Absentee ballots can make difference in election

By Capt. Kimberly Layne
U.S. Air Force in Europe Public Affairs

RAMSTEIN AIR BASE, Germany – In the Nov. 2 general election, the next president, vice president, 34 senators, 435 representatives, 13 governors and hundreds of local officials will be elected.

American voters play a very important role in this process, said Maj. Rickey Harrington, U.S. Air Forces in Europe voting officer.

“The military has a strong voice, and it is imperative that every member is afforded the opportunity to register and vote,” Major Harrington said. “We are making sure that installation voting assistance officers and unit voting assistance counselors are making 100-percent contact with every member to ensure they are given the

opportunity to exercise their right to vote.”

The deadline for completing and mailing a Federal Post Card application (for registration) is no later than 45 days before the election date, or 30 days before the election for the Federal Write-In Absentee Ballot.

The registration process is quite easy, Major Harrington said. As long as you complete and mail the necessary paperwork before the posted deadline, your vote will be counted.

The Military Postal Service Agency is also taking precautions to uphold the integrity of the voting system. Each absentee envelope will be inspected by post office workers for proper date stamping.

“We believe this will diminish the problems we saw in 2000,” said Tech. Sgt. Wes Smith, a Military Postal Service

Agency postmaster. “Incomplete and inappropriate postmarks, which plagued the last general election, will not be a problem this time.”

People should register and send their ballots as soon as possible to ensure that the registration forms arrive on time, Major Harrington said.

While voting assistants and post office workers play a major role in the success of the election process, the buck stops with individual voters.

“We want to make sure the tools are in place to help the voters, but ultimately it is their responsibility to start the process,” Major Harrington said.

For contact information for base voting officers, call Capt. Andrea Justice at 652-6170.

(Courtesy of USAFE News Service)

One last Hooray!



Lt. Col. Ben Stagg, 560th Flying Training Squadron operations officer, steps down from the last T-38A model on Randolph after a 1.1-hour solo flight that included aerobatic maneuvers in the military operations area southeast of the base. Colonel Stagg praised the consistently high level of workmanship demonstrated by the 12th Flying Training Wing's maintenance people, without whom, he said, the squadron's tremendous safety and training record would not have been possible. The 560th FTS flew the T-38As for a total of 6,843 hours in fiscal year 2004. This aircraft, tail number 64-216, shows 15,165 operating hours in its record book. It will be turned over to Laughlin Air Force Base for use in their flying training program. Conversion of the 560th FTS to the T-38C model is now complete. (Photo by Steve White)

Medication

Continued from Page 4

for inclusion at all Air Force pharmacies, thus standardizing the benefit, and AF-wide savings and cost containment can be realized throughout the system,” said Colonel Samples.

For patients who desire medications not contained on the pharmacy formulary, two excellent options exist, Colonel Samples said.

“First, the TRICARE Mail Order Pharmacy will mail up to a three-month supply of medication directly to the patient's home for a small copay (\$3 or \$9 depending on generic or brand name medication), and second, the Managed Care Support Contract (retail network) pharmacies provide up to a 30-day supply of medication for a \$3 or \$9 copay,” said Colonel Samples.

“Both of these options provide a broader range of medications than normally found at the MTF pharmacy. When you consider the combination of the MTF pharmacy, TRICARE Mail Order Pharmacy, and retail network pharmacies, patients are ensured they can receive a wide variety of medications.

All San Antonio Air Force MTFs have implemented the above directive, or will do so effectively Sunday.

“Many of our (12th Medical Group) patients will find that there are other medications on our formulary that will work just as well for them,” said Lt. Col. Linda Eaton, 12th Medical Support Squadron commander. “Fortunately there are alternatives to filling prescriptions at the clinic. The TRICARE mail-order program will deliver medications straight to the beneficiary's home. Additionally, beneficiaries can get prescriptions filled at many civilian pharmacies which comes in handy if you use a nation-wide chain and you travel a lot.”

“These services are free to active duty and \$9 or less for non active duty beneficiaries and require a hard copy prescription from your provider,” the colonel continued. “Patients can contact the pharmacy or the clinic information desk for more details.”

“As always, we will strive to provide the best service possible within our budget and AF policy limitations,” said the colonel.

NEWS BRIEFS

563rd change of command ceremony

Lt. Col. George Trumbull takes command of the 563rd Flying Training Squadron from Lt. Col. Bill McKechnie in a ceremony at 8 a.m. Monday in front of the squadron, Building 743.

Base clinic appointments

The Randolph family practice, pediatric and women's health clinics are experiencing an increasing number of patients either walking-in without an appointment and/or not showing up for scheduled appointments. In addition, there have been an

increasing number of patients arriving late for appointments. Unit officials ask that patients use the following guidelines:

- Call central appointments to book an appointment at 945-0411 or 652-3432.
- When cancelling an appointment, call the 24-hour cancellation line at 652-6463.
- Arrive 15 minutes early to all appointments. This allows time for check-in, vital signs, and completion of applicable paperwork.
- Use either Wilford Hall Medical Center or Brooke Army Medical Center for true emergencies as there are

no emergency services at the Randolph clinic.

Test pilot applications due

The next Air Force test pilot school selection board meets Nov. 15 at the Air Force Personnel Center.

Applications received after Sept. 24 will not be considered. Eligible Air Force officers and civilians can volunteer for a joint Air Force Institute of Technology and test pilot program leading to a Master of Science degree in aeronautical, electrical systems mechanical or computer engineering. For more information, visit <http://www.edwards.af.mil/TPS>.

Public health flight offers mosquito tips

By Maj. James Stigers
12th Aeromedical Dental Squadron

Every year, the Randolph Public Health Flight receives complaints about mosquitoes attacking base housing residents.

This remains a high public interest issue, especially in the base housing area near high-density populations with a regional potential for viral fevers, such as West Nile Virus.

Most mosquito bites occur between 4 p.m. and nighttime. This is also the favorite feeding time of *Aedes aegypti*, the "Yellow Fever" mosquito and *Aedes albopictus*, the "Asian Tiger" mosquito, which can transmit West Nile Fever.

These mosquitoes breed in water-filled containers or any small pocket of standing water. A small amount of water (even a thimble full) and organic matter for food, are all that is necessary for mosquitoes to reproduce. They only fly a short distance from their breeding site to feed.

Base members and residents should take the following steps to help reduce mosquito populations:

- ❖ Change water dishes for pets and birdbaths at least every three days
- ❖ Remove, dump or drill drain holes in anything that holds water, such as outside toys or planters



Mosquitoes pose a serious health threat to humans. Taking steps to eliminate breeding sites is the safest and most effective means of mosquito control. (Courtesy photo)

- ❖ Dump flowerpot dishes every four days
- ❖ Check trees for holes that could hold water, and fill the holes with tree sealant or sand

- ❖ Clean roof gutters and hang them properly to drain roof water well away for the home
- ❖ When watering lawns or gardens, avoid excessive amounts of water that can result in pooling
- ❖ Adjust water control valves and timers conservatively to minimize lush growth of vegetation
- ❖ Use insect repellents, especially those containing diethyl-m-toluamide (DEET) to decrease mosquito bites
- ❖ Only consider chemical methods for mosquito control, such as fogging, when mosquito populations are unmanageable through the "environment friendly" methods stated above and when an actual threat of disease transmission exists.

The public health flight is currently working to detect any mosquito-borne disease on Randolph. Residents should realize that fogging is not very effective and it provides only a short-term solution.

To control mosquitoes, the base needs everyone's cooperation. Residents and members are asked to inspect their areas and eliminate breeding sites. This is the safest, most effective means of mosquito control.

For more information, or to report areas with a high mosquito population, call the pest management office at 652-4668 or public health at 652-2456.

EAST GATE CONSTRUCTION

Construction is ongoing at the east gate to install barriers and continue construction of a temporary road.

Weather permitting, this project is projected to be complete within a total of 30 days. The installation of the barriers will require traffic detours and extreme caution is advised.

GATE HOURS DURING HARMON DRIVE CONSTRUCTION

MAIN GATE/HARMON DRIVE

- Monday through Friday two lanes inbound from 6 a.m. to 1 p.m.
- Monday through Friday two lanes outbound from 3 p.m. to 6 p.m.
- Closed all other times including weekends, holidays and family days

SOUTH GATE (Two way traffic)

- Monday through Friday 6 a.m. to 6 p.m.
- Closed weekends and holidays

EAST GATE (Two way traffic)

- Monday through Friday 6 a.m. to 10 p.m.
- Saturday 9 a.m. to 10 p.m.
- Sunday and holidays 9:30 a.m. to 10 p.m.

WEST GATE (Two way traffic)

- 24-hour operations, seven days a week
- Commercial vehicle entrance

HIGH SCHOOL GATE

- Closed

E-mail Wingspread submissions to wingspread@randolph.af.mil Thursday the week prior to the desired publication date. For submission guidelines, call 652-5760.

EAT DUST

Convoy training expands role of Airmen in joint force operation

By Bob Hieronymus
Wingspread staff writer

Driving a five-ton tactical vehicle while cradling an M-4 rifle is just one of the skills students learn in the new Air Force Basic Combat Convoy Course. But graduation from the course means that it's time to pack up the rifle and ballistic vest, and hit the road for Iraq.

"Operation Iraqi Freedom and our Air Force role in augmenting our Army counterpart is history in the making," Maj. David Haase, 12th Logistics Readiness Squadron commander, said at the graduation of the first class to complete the course July 23. "Each of you is defining an expanding role for Airmen in our nation's joint force operation."

Major Haase's part in the graduation ceremony is significant for Randolph because the course is designed for qualified Air Force vehicle drivers who will be sent to integrate with Army convoy crews in the combat zones. The 12th LRS already has 13 people deployed on this duty – without benefit of the newly created Camp Bullis course – and ten people from the squadron are due to begin the course in August.

The Air Education and Training Command was tasked to create the Basic Convoy Course, BC-3, on March 26 and by June 7 the curriculum was completed. "That has to be something of a record," said 1st Lt. Leo Martin, BC-3 course commander.

To summarize the course, Lieutenant Martin said that the students spend one week learning weapons, one week on tactics, and one week learning how to conduct convoy operations in a scenario-based environment.

"But this is not the usual training course Air Force people have come to expect," Lieutenant Martin continued. "For most of their time here the students live in Camp Posey, a tent city with only field type amenities hidden in the woods at Camp Bullis. All day they wear 30-pound ballistic vests and Kevlar helmets, coupled with "Camel Back" personal hydration systems. Simulated mortar rounds punctuate their night hours."

One fourth of the students are chosen to attend special classes as combat lifesavers. In addition to becoming experts with rifles and machine guns, they are trained as first responders to save lives when the convoys come

under hostile fire. Normally every squad will have at least three of these medic-trained people on scene at all times, said the lieutenant.

"Each student is issued a brand new M-4 rifle with an M-68, aim-dot optical sighting scope. They learn to live with that weapon and take it with them when they deploy," Lieutenant Martin said. "From here they go to Kuwait where they have another week of advanced training before they go into hostile territory for six months as part of an aerospace expeditionary force truck company."

The Camp Bullis location is a good training environment for the course, added the lieutenant. It's hot, dry and dusty at this time of year, all of which serves as a good introduction to even more harsh conditions in the desert climate of the Southwest Asia, he said. The troops come from all bases and the month spent here acclimates their bodies for the environment ahead of them, he added.

The lieutenant also noted the importance of good physical fitness for incoming troops.

"We can't emphasize enough that students scheduled for the course should

get into top physical shape before they come," the lieutenant said. "That means getting off tobacco, alcohol, soft drinks and sweets for a few weeks, and learning how to keep the body hydrated. At the end of the course, the students are expected to complete a 4.7 mile cross country fire team run."

Tech. Sgt. David Williamson, 12th LRS vehicle operations NCO in charge, who will be attending the school and deploying later this year, accompanied Major Haase to the graduation ceremony and toured the facility with him.

"If there is anything that convinces me to stay in the Air Force," he said, "it's seeing the quality of people who are taking the course now. I'm excited about getting my turn in convoy operations. I'm ready to go!"

There are about 500 Air Force vehicle operators involved with convoy operations in Iraq now, Air Force officials said, and the commitment is to continue this kind of support to the Army for more than a year. The BC-3 course at Camp Bullis is now the central training point for all Air Force drivers from bases around the world who are deploying to the new AEF truck companies.

(Top and bottom) Students in the situational training exercise of the Basic Combat Convoy Course practice procedures for defending their vehicles, cargoes and troops from hostile attacks. (Photos by Bob Hieronymus)

...first Camp Bullis, next stop Iraq



"Operation Iraqi Freedom and our Air Force role in augmenting our Army counterpart is history in the making."

Maj. David Haase
12th Logistic Readiness Squadron
commander



(Top) One of the truck-mounted machine guns on the combat convoy takes a defensive position. (Center) Instructor Tech. Sgt. Stephen Veeder, 342nd Training Squadron at Lackland AFB, coaches Airman 1st Class Junyville Gianan, 12th Logistics Readiness Squadron, on the fine points of using the M-4 rifle equipped with M-68 sighting scope.

(Bottom left) Instructor Tech. Sgt. Stephen Veeder, 342nd Training Squadron at Lackland AFB, helps Tech. Sgt. David Williamson, 12th LRS, understand the target sequences that will be presented on the rifle range. (Bottom right) With rifles in hand, Airmen from the BC-3 course march off the parade field after graduation ceremonies and prepare for their deployment.

AFPC officer cycles way to Olympic trials

By Tech. Sgt. James Brabenec
Air Force Personnel Center Public Affairs

Maj. Eric Obergfell knows the meaning of sacrifice as he rises daily before sunrise to ride his sleek, precision engineered bicycle to work. His days often end after dark with the return ride home as he chases his dream of being one of the best military cyclists.

Major Obergfell recently qualified as the lone active-duty Air Force member of the U.S. Armed Forces cycling team and competed in the Olympic trials at Redlands, Calif., on June 19. At stake for the winner of the race was a berth on the Olympic cycling team.

"I'm happy to have competed at this level and be allowed to follow my dreams," said Major Obergfell, AFPC contracting assignments officer.

The Olympic trials course measured more than 189 kilometers, with more than 12,000 feet of climbing interspersed throughout the race. The major began as one of 94 cyclists, but was not one of the 35 cyclists to finish the race.

"After the winning selection was made the race organizers eliminated the rest of the competitors that were out of contention to win. Unfortunately, I was not in the winning selection and was disappointed, but I know I gave it my all, that is what I was there to do," he said.

The race completed a full week of distance racing for the major. He competed in the U.S. Elite National Champions race, which also crowned the top military road race champion on June 16. Major Obergfell managed a fifth-place finish out of nine military riders, and 45th place overall.

"A five-hour race, like this one, requires riders to be smart in how they expend energy and refuel their bodies. That awareness contributed to my significant improvement from last year and should help me turn in a podium performance next year," said the major.

The following day he participated in the time trial portion of the national championship and claimed a sixth-place

military finish over the 48-kilometer course.

To excel at this level of competition requires a great deal of training time. Most successful military athletes qualify for and train under the World Class Athlete Program, a Department of Defense approved program which allows top-notch athletes the opportunity to compete while representing their respective U.S. military departments at prestigious athletic events.

In the case of Major Obergfell and many other military athletes, duty comes first. Weekends and leave time provide the opportunities to compete, but any training must be managed around work schedules.

"Getting adequate rest and recovery time is probably my biggest challenge. In a demanding job as an assignments officer, I have a more than full-time job so there is no rest at work. I usually fit my training in by cycling 44 miles each day to and from work, often leaving home in the dark," he said. "However, I couldn't begin to make this all work without the understanding and assistance from the people I work with. They have been awesome during this entire experience."

The major's commitment to go the distance has caught the eye of his co-workers.

"Working as a contracting assignments officer is a time intensive position, because of that it's amazing what Eric has accomplished as an Air Force cyclist," said Lt. Col. Anthony Amadeo, acquisition assignments branch chief. "He's the kind of officer who is 100-percent focused, whether it's on his duties or preparing for his next race. We are fortunate to have him at AFPC."

Now in his 10th year competing in amateur cycling, Major Obergfell credited his family for helping him remain competitive.

"For working athletes with families like me it is difficult to have the focus to push beyond and suffer the pain it takes to win. But, I've had exceptional support from my wife, Tina, and our families," he said. "My next goal is to win a U.S. military championship race. With their help, I'm ready to do whatever it takes to achieve that."



Major Eric Obergfell stands with his racing bike in front of the Air Force Personnel Center. (Photo by Tech. Sgt. James Brabenec)

Batter up!



(Above) Air Force Recruiting Service's Gary Quesenberry stretches for a throw to get 562nd Flying Training Squadron's Darrick Galacgac out at first base Tuesday night. The teams faced each other in the opener of the Randolph Intramural Softball League playoffs. The Air Force Recruiting Service defeated the 562nd FTS 12-1. (Left) Jose Lopez, 562nd FTS, swings for the fences during their opening round loss to AFRS. The base intramural championship game is scheduled for 6 p.m. Tuesday. (Photos by Steve White)

Fit to Fight

PME to incorporate new exercise program

By Tech. Sgt. David Jablonski
Air Force Print News

WASHINGTON – Professional Military Education students will exercise under a more formal structure beginning in August as part of the Fit to Fight initiative. Students will perform physical conditioning three days a week to reinforce the school's new focus, said Chief Master Sgt. Sharon Turk, vice commandant of the College for Enlisted Professional Military Education.

Even though many schools have moved toward this, it is not officially a part of the curriculum until August for the noncommissioned officer academies, and November for Airman leadership schools, she said.

Course attendees will notice a focus on combat leadership throughout enlisted PME with lessons such as national security strategy, joint-force components, expeditionary Airman, terrorism and force protection, force packaging and joint perspectives.

"The major difference in our curriculum today compared to before is that we are focusing on the combat environment versus a business environment," Chief Turk said.

These changes will be implemented at all levels of PME starting with Airman leadership schools, with added intensity as the level increases.

"Fit to Fight is an area where we need everyone's support because of the way it is performed while attending PME," she said.

Students will perform physical conditioning before, during or after the duty day, which last from 6:30 a.m. to 5 p.m. However:

- Schools have the flexibility to schedule exercise time.
- Constraints such as shower facilities, physical training access area, and graduation schedules will affect each school differently.
- Each school will design its own physical-conditioning program ensuring programs consist of proper warm up, push-ups, sit-up, running and cool down.

Every program will comply with guidance provided in Air Force Instruction 10-248.

All students, no matter what fitness category, are allowed to attend PME. Instructors will perform an unofficial fitness assessment to determine students' fitness level.

Based on their fitness level, they will be paired up with students in a like category. If someone is not physically fit, the instructors will support their fitness prescription to ensure safe workout activities. If no fitness prescription is received and the assessment indicates that the Airman is not physically fit, officials will work with and monitor his or her involvement in the program.

"The bottom line is that students must participate to the fullest extent possible in our fitness program," Chief Turk said.

(Courtesy of Air Force Print News)



Staff Sgt. Stephen Morgan, left, and Senior Airman Keith Williams, Randolph Airman Leadership School class 04-5, run on the base jogging path during a class physical conditioning session. (Photo by Staff Sgt. Dianna Smith)

SPORTS SHORTS

Basketball tournament

The fitness center hosts a 3-on-3 basketball tournament Monday, Wednesday, Aug. 6 and 11 at the main fitness center. The tournament is open to all base members and dependents with a limit of 12 teams.

The first team to reach 12 points or to score the most points within 15 minutes wins. Trophies and T-shirts are awarded to

first and second place winners.

To register a team or for more information, call 652-5316.

Men's Softball tournament

The fitness center hosts a men's softball six-team double elimination tournament Aug. 13 to 15. The varsity rules of the American Softball Association apply and

first and second place trophies are awarded. The entry fee is \$150 per team with 15 players allowed on each team.

For more information, call 652-5316.

Discounted golf

Now through Sept. 30, base golfers receive \$4 off the Randolph Oaks Golf Course regular rates and \$2 off its "twi-

lite" rates. Also, those members who have annual fee cards that are good through this timeframe receive a two-month extension on the expiration date. (Dec. 31 through Feb. 28) at no extra charge.

The discounts are due to the inconveniences customers may experience during this time due to course renovations.

For more information, call 652-4653.



Dodge ball tourney a big hit

Lackland team last standing

By Master Sgt. Lee Roberts
12th Flying Training Wing Public Affairs

For anyone that witnessed each of the 11 teams competing in the base dodge ball tournament at the fitness center July 21, the games were literally a big hit.

In every match, balls rocketed back and forth across the gymnasium as players ran, jumped and dodged for a chance to be part of the last team standing. Throughout the action in the single-elimination tourney, the many agile athletes dazzled the crowd with pinpoint accuracy and willingness to risk a good beaming for the thrill of it.

Ultimately, however, it came down to two teams – “White Men Can’t Dodge” (a spoof from the movie *White Men Can’t Jump*), one of three teams representing the 12th Communications Squadron, and the “Pigs,” a team consisting of instructors from Lackland Air Force Base.

Early in the contest the “WMCD” squad seemed to be headed for victory as they quickly knocked out two of the six players from the “Pigs.” But the two-man advantage didn’t last.

Chris Couch, from the “Pigs,” said they turned the game around at this point when they honed in on the other team’s best players first, and once they were knocked out of the game, the rest fell easily. One by one all six “WMCD” players were hit and removed from the court, leaving all four remaining “Pigs” claiming victory.

2nd Lt. Ellen Stimmel, officer in charge of fitness and sports, and Bernard Hawkins, fitness center program manager, presented each of the “Pigs,” with ball caps at the end of the tournament. Photos were then snapped and the “Pigs” celebrated their victory.

The “Pigs” players, which have also won four recent dodge ball championships at Duke’s Roadhouse in San Antonio, said that experience helped them because other teams didn’t always use very good strategy during the matches.

Rob Vachon, a “Pigs” player, said it was good to see Randolph hosting such an event and applauded the effort of all the competitors. He said virtually everyone played dodge ball when they were younger and that is why it’s so much fun to play.

“You also get a good workout,” Vachon said. “And where else do you get to legally hit someone and feel good about it.”

Kris Kite, from the “WMCD” squad, said the advantage



Several players representing the 12th Communications Squadron avoid getting hit during the base dodge ball tournament championship game July 23 at the fitness center. The team, named “White Men Can’t Dodge,” captured second place. (photo by Steve White)

belonged to the “Pigs” because of their obvious dodge ball talent. “It is my understanding that the ‘Pigs’ have played together before and have been quite successful at the game,” Kite said. “We had never even played the game before the tournament.”

Kite added that playing dodge ball as an adult was very exciting.

“I enjoyed the competition, but it really was a change of pace from the stereotypical sporting events. It definitely is a fast paced game of agility and skill in throwing and catching a unique ball,” he said.

Hawkins also had great things to say about the event.

“I think interest in our dodge ball tournament was huge,” he said. “It all stemmed from the ongoing blockbuster movie ‘Dodge Ball,’ now playing in theaters.”

He added that there were a lot of people in the stands watching the action and all the participants seemed to enjoy playing what most people remember as an “elementary school” activity.

Other members of the “Pigs” team were Felix Tijerina, Erik Larsen, Nick Melenka, Chad Welka, Matt Heenan and Brian Ray. Other members of the “WMCD” squad were Stephen Browning, Dean Burson, Amar Torres, Omar Saenz, Coy Hartin, Stephen Vanwinkle and Gerald Graham.



The championship dodge ball match gets started as members of the “Pigs,” (right) a team from Lackland Air Force Base, and “White Men Can’t Dodge,” (left) a team representing the 12th Communications Squadron, race to the middle of the court to

grab the balls as the game begins. The “Pigs” quickly lost two players, but stormed back to claim the championship by consecutively putting out all six “WMCD” players. (photo by Master Sgt. Lee Roberts)