

# WINGS SPREAD

## Emergency teams value 'crash course'

**By Master Sgt. Lee Roberts**  
12th Flying Training Wing  
Public Affairs

A plume of smoke billowed skyward from a mock T-37 Tweet as base and Universal City emergency crews received notification early Thursday morning of a simulated aircraft crash and hazardous material incident at the intersection of Universal Road and West Aviation Boulevard.

The base Disaster Control Group, along with local fire rescue, police, medical, and HAZMAT units, arrived on scene within minutes to participate in a Major Accident Response Exercise.

In the exercise scenario, a T-37 Tweet struck a bird while on approach to Randolph Air Force Base, causing the aircraft to veer downward into a truck carrying a toxic chemical. Several people acted as casualties at the accident scene as officials pretended that a plume of the toxic chemical also threatened the safety of base personnel and local residents, forcing base and local officials to determine what action to take.

"It was a 'crash' course for everyone involved," said Col. Joseph Schwarz, 12th Mission Support Group commander, "but I think the various agencies,

organizations and response crews made good decisions and took the proper actions. It seemed obvious that everyone valued coming together and learning how we can work together to deal with an accident like this."

Crews from Universal City and Randolph Air Force Base coordinated closely from the beginning and throughout every phase of the exercise. The emergency response teams immediately surveyed the accident scene, assessed the chemical leak keeping public safety the top priority, and then began searching the area for survivors.

Fernando Padilla, the lead fire fighter responding to the crash site, said his team approached cautiously but remained determined to remove anyone hurt in the accident.

"We were very concerned with life and safety, and then we turned our immediate attention to any possible hazardous material that may be leaking from the cargo truck," Mr. Padilla stressed. "We often participate in these exercises because it helps us when we have to react for real, and of course it makes us feel good when we do save somebody."

Col. Pat Clyburn, 12th Flying Training Wing's inspector



Randolph fire fighters extract a simulated victim from the site of a T-37 Tweet crash. Base and Universal City emergency responders participated in a Major Accident Response Exercise Thursday at the intersection of West Aviation Boulevard and Universal Road to cooperate, learn and gain experience in the event a real accident occurs. (Photos by Master Sgt. Lee Roberts)

general, said the exercise provided everyone involved with valuable training and experience. "The exercise went extremely well, but today really wasn't about doing everything perfect. It was about doing everything side by side with our Universal City counterparts. From my perspective, everyone involved did a great job of maintaining a sense of urgency. Yet, I think we also did a super job of slowing down when necessary to ensure participants from the base and city had time to cooperate, learn from each other, and gain additional experience needed for when a real accident or incident occurs," the colonel said.

Universal City Fire Chief Ross Wallace spent time at the scene and he praised the effort and teamwork displayed by his and Randolph's crews.

"We gain a lot of valuable experience training with Randolph... and this exercise appears to have worked out

well," said Chief Wallace. "Training is always the key - our people try to stay as ready as we can because we do live right next to Randolph, and these exercises help us to deal with these potential disasters."

Henry King, 12th FTW Exercise Evaluation Team chief, said the wing's exercise evaluation team observed the entire exercise and will report

next week on the exercise's strengths and weaknesses.

"We'll take a very close look at today's findings and use the results to fine tune our processes next time we hold an off-base exercise or respond to an actual emergency," Mr. King said. "It's important to take such an objective look at how we and our local communities respond to disasters or emergencies."



A Live Oak hazardous material fire fighter sprays down Bill Anderson, a Randolph fire fighter responding to the HAZMAT incident. The team had just cut off valves on a cargo trailer that was leaking simulated toxic chemicals.



Senior Airman Aaron Passmore, a base fire fighter participating in Thursday's exercise, adjusts his face mask prior to entering the crash scene to search for anyone that may have been killed or injured as a result of the simulated T-37 crash or subsequent chemical leak.

### 12th FLYING TRAINING WING TRAINING TIMELINE

As of Monday			Navigator, EWO training			Wing Sortie Scoreboard			
Pilot Instructor Training			562nd FTS	563rd FTS		Aircraft	Required	Flown	Annual
Squadron	Senior Class	Overall	Air Force	238 Undergraduate	54	T-1A	3,216	3,269	4,383
99th FTS	2.5	0.3	Navy	78 International	0	T-6A	7,254	7,418	9,103
558th FTS	-8.4	-4.8	International	4 EWC Course	0	T-37B	6,080	5,757	7,508
559th FTS	-7.0	-4.0	NIFT	56 Fundamentals	0	T-38A	6,395	5,896	5,949
560th FTS	0.5	-1.9				T-38C	1,151	1,229	3,612
						T-43A	908	951	1,160

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.

Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.

The required and flown numbers reflect sorties since Oct. 1, 2003. The annual numbers are the current fiscal year target.

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## AIR AND SPACE EXPEDITIONARY FORCE

As of Monday, 158 Team Randolph members are deployed in support of military operations around the globe.

The Randolph  
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Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to [wingspread@randolph.af.mil](mailto:wingspread@randolph.af.mil) or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760.

## Commander's Action Line

Call 652-5149 or e-mail  
[randolph.actionline@randolph.af.mil](mailto:randolph.actionline@randolph.af.mil)



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

**Col. John Hesterman**  
12th Flying Training Wing commander

### Agency contact numbers

<b>Security Forces</b>	652-5509
<b>Services</b>	652-5971
<b>Civil Engineers</b>	652-2401
<b>Transportation</b>	652-4314
<b>Military Pay</b>	652-1851
<b>Civilian Pay</b>	652-6480
<b>Safety Office</b>	652-2224
<b>Housing Maintenance</b>	652-1856
<b>12th FTW IG</b>	652-2727
<b>Equal Opportunity</b>	652-4376
<b>FW&amp;A Hotline</b>	652-3665
<b>EEO Complaints</b>	652-3749
<b>Randolph Clinic</b>	652-2933
<b>Base Exchange</b>	674-8917
<b>Commissary</b>	652-5102
<b>Straight Talk</b>	652-7469

# Leadership

## Walking in the shoes of your boss...

By Lt. Col. Debra Doty  
12th Medical Operations Squadron  
commander

Have you ever stopped to think about what it would be like to walk in the shoes of your boss, work out of their office space, and get to make the "big" decisions? Well, perhaps you should. When your boss comes to you and says, "You're in charge, I'm off to the races..." you need to be prepared.

The "ABC's" of successful leaders will assist you in meeting these new challenges and future responsibilities.

"A" stands for ATTITUDE. Having a truly positive attitude in your daily life will reflect in your work as you assume new roles and responsibilities. Your attitude needs to demonstrate sincerity and that you really care about your troops. You may not be able to fix the problem immediately or alone, but communicating your plan of action to your team will go a long way. Everyone wants to work in a positive environment. This is linked directly with your leadership style. Remember, it is not power that you are seeking...it is gaining the wisdom of assuming a new role. Never have a chip on your shoulder. Others may view you differently because of your

*"When your boss comes to you and says, 'You're in charge, I'm off to the races...' you need to be prepared.*

*The "ABC's" of successful leaders will assist you in meeting these new challenges and future responsibilities."*

**Lt. Col. Debra Doty**  
12th Medical Operations Squadron  
commander

temporary position...be humble and keep a positive attitude.

"B" is always BELIEVE in yourself. At the beginning, it is incredibly challenging when you walk in your boss's shoes, often totally overwhelming. Remember, each time you are given this opportunity, you begin to build on your leadership experiences and your self-belief will grow with the knowledge that you gain from the experience. Seek the guidance of

your peers and senior leaders, ask a lot of questions, and prioritize your tasks for the team so you maintain the momentum of the challenge. Remember, it is a marathon race that you're running...pace yourself and your team.

Lastly, "C" represents CONSIDER all the facts before making a difficult decision. Generally, a solo decision is easily eclipsed by the team approach. You, however, may have to make the final decision. Remember, it is not always a democracy; that is why you were given the job. If you are unsure, ask the next level in the chain of command for advice. They have been there before and should be great mentors to you. Be prepared to do extra homework because you are in a new environment. The learning curve can be very steep!

"Don't be afraid to walk in your boss's shoes," is easier said, than done. When your turn comes, grab the opportunity and accept the challenge and responsibility your boss has given to you. They have mentored you along the way and know when you are ready to spread your wings. When the anxiety level escalates, remember your ABC's. Maintain a positive attitude, believe in yourself, and consider all the facts before making a final decision and you may even surprise yourself!

# You do more than just a job

By Senior Master Sgt. Anthony Dant  
14th Flying Training Wing

COLUMBUS AIR FORCE BASE, Miss.  
— Two men were asked what they do for a living.

The first man answered, "I spend eight boring hours a day cutting rocks out of the ground. My job is not important. I can't stand it and don't even know why I'm here."

The second man replied, "I help lay the foundation for some of the most important buildings in our nation. Without me, there wouldn't be hospitals, libraries, capital buildings or churches!"

Just like the quarry workers, every member of the profession of arms is important.

Officers, enlisted, civilians and contractors play a vital role in the defense of our nation. It's true some have jobs that more visibly impact the mission and for others you have to look a little harder, but the impact is there just the same.

Without security forces protecting our bases, without services providing a place to keep our minds and bodies fit, without personnel and finance keeping our records straight, without civil engineers providing safe working environments, without medics giving solid medical care, without operators

supplying first-class instruction to our new Airmen, the mission doesn't get done. Each of you is vital to our Air Force's success. Every specialty and rank is essential.

So, the next time you're asked what you do for a living. Don't say you just check ID cards, pass out towels, track performance reports, process travel vouchers, patch walls, clean teeth or take people's temperatures.

Instead, stand tall and tell them you're the foundation of the world's finest Air Force. Our nation is secure and free because of you.

(AETCNS)

## Congratulations Retirees

Today

**Maj. Mark Williams**

Air Education and Training Command

Today

**Senior Master Sgt. Jaques Pettit**

Air Force Personnel Center

Wednesday

**Senior Master Sgt. Mark Zabel**

Air Force Manpower Agency

Retirement announcements should be submitted to the Wingspread office by noon Friday two weeks prior to the desired date of publication. E-mail announcements to [randolph.retiree.messages@randolph.af.mil](mailto:randolph.retiree.messages@randolph.af.mil) or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

# Air Force housing: A commitment to our Airmen

By Gen. John Jumper  
Air Force Chief of Staff

WASHINGTON – The foundation of our Air Force is our people. Caring for them and their families remains one of our highest priorities. One way we're making good on that commitment is by providing safe and affordable housing. We are committed to providing our Airmen the quality of housing that is commensurate with the society they protect.

Through privatization, increases in the basic allowance for housing, and a new dorm standard, we are combating the problems of inadequate housing. There is a myth out there that the new ways of doing business mean that we have abandoned our commitment to ensuring all Air Force members have access to adequate and affordable housing. Let me assure you that nothing is further from the truth.

Secretary (of the Air Force James) Roche and I are committed to ensuring all Air Force members have access to safe, adequate and affordable housing either in the local community or on our installations.

Providing housing options in the local community is our first target. Since 2000, we have reduced the average out-of-pocket expenses for members from 18.9 percent of the cost of housing to 3.5 percent today through annual increases in BAH. We are on track to eliminate these out-of-pocket expenses by next year. These out-of-pocket expenses affect many of the nearly 60 percent of Air Force families who live off base. Through these increases to BAH, you will have a wider range of affordable housing options in your local community.

We are also aggressively targeting the problem of inadequate housing on base. At the beginning of this fiscal year, there were

40,000 inadequate military family housing units, but we plan to eliminate these through partnerships with private developers and military construction projects. Through a process we call "privatization," we partner with private developers who will build and maintain housing units for Air Force families. These partnership arrangements allow us to provide quality homes more quickly than we can through traditional military constructions.

As of today, we have already built 4,934 new homes through privatization. By 2007, we will have eliminated all inadequate housing units in the continental United States, and two years later, we will have eliminated inadequate units overseas. Secretary Roche and I view the increased use of privatization as key to meeting these goals so we are working with private developers when it makes sense to do so.

In cases where privatization is neither feasible nor cost effective, we will use traditional military construction programs. We also tripled our investment in Air Force-owned housing and improved the size standards to ensure our on-base homes are comparable in size and quality to modern homes available in the local community.

Although we may use developers to construct, maintain and operate military family housing, we have not outsourced our responsibility for the welfare of our Air Force families. We have been and always will be committed to providing the best available housing options for our members – but our methods for achieving this goal have changed. These new methods provide greater flexibility to satisfy our housing needs.

Increases in BAH provide our members greater flexibility to find housing off base. For on-base housing requirements,

*"Through privatization, increases in the basic allowance for housing, and a new dorm standard, we are combating the problems of inadequate housing."*



Gen. John Jumper  
Air Force Chief of Staff

privatization provides us greater flexibility to build and renovate quality units, while ensuring that the contractors are responsive to the needs of residents. Currently, we have privatized over 6,000 units, and have a very high rate of resident satisfaction. Over the next three years, we plan to privatize a total of 45,000 units. In many cases, the privatized housing is on base property, or just outside the base, making it as convenient as traditional base housing. Privatization is one tool that enables us to provide quality housing to meet your needs.

We are equally committed to providing a quality living environment for our young unaccompanied Airmen. We currently have a shortage of nearly 2,400 rooms, but we are making great strides in filling that gap.

From fiscal year 1996 through this year, we have spent \$1.3 billion in military

construction money for new dormitories, and we plan to spend an additional \$735 million over the next five years. With this money, we will eliminate our room deficit and develop an improved room standard called Dorms-4-Airmen. This improved design provides a larger living/sleeping area and a private bathroom in each room. In addition, the new design improves social interaction by connecting four living/sleeping areas to a large living room and kitchen. Each living room/kitchen area will also have a washer and dryer available to the four occupants.

We are also addressing dormitories for technical training. Currently we have a technical training dorm deficit of over 29 percent, with 40 percent of our existing technical training dorms having three students in rooms designed for two.

However, this deficit will be eliminated by 2009, as we build new dorms each year for the next five years. We have already completed construction of eight new technical training dorms in the last five years and have three new dorms under construction today.

Even as we fight the war on terrorism, we have not lost focus on the importance of quality of life for our Airmen. Providing adequate housing allows Airmen to focus on the mission, knowing that their families have a safe place to live.

Ours is the greatest Air Force in the world because of the remarkable people we attract and retain. The old adage that "we recruit individuals, we retain families" has never been more true. I am extremely proud of the progress we have made in our housing program as we strive to make it worthy of the outstanding men and women who make our Air Force the world's best.

## Paper pay statements end myPay takes over July 31

By Jillian Speake

Air Education and Training Command  
Public Affairs

This month's Leave and Earnings Statement is the last paper copy military members assigned to Air Education and Training Command bases will receive.

Also affected are military members whose pay information is handled by an AETC finance office.

As of July 31, myPay, the Defense Finance and Accounting Service's Web-based pay system, will be the primary means for military personnel to get an LES and mid-month pay information.

Air Force Chief of Staff Gen. John Jumper reinforced the importance of myPay last month when he asked all Air Force major commands to take the necessary steps to make myPay the default choice for all routine pay transactions.

Even before the general's request, 81 percent of AETC members had already signed up for a myPay personal identification number, which allows members to access the system 24 hours a

day, seven days a week.

"The myPay system sells itself," said Col. Dave Weinberg, AETC comptroller. "It's more flexible and reliable than the old way of doing things because you can access the site from anywhere around the world."

MyPay allows servicemembers to view, print and save payroll documents, update address changes for correspondence, review W-2 forms and update changes to Thrift Savings Plan accounts.

Efforts are currently underway for additional features such as self-service processing of allotments, a single sign-on between Air Force Portal and myPay, and PINs that will provide spouses or other designees read-only access to the system.

"The system lets members stay focused on their primary mission, either while deployed or at their home stations, since transactions can occur at anytime of the day from any location," Colonel Weinberg said. "What isn't changing is our understanding that we're here to serve the war fighters."

Members can now request and obtain a myPay PIN at <https://mypay.dfas.mil>.

## Air Force Personnel Center welcomes new commander

Brig. Gen. Anthony Przybyslawski will take the reins July 23 as the 22nd commander of the Air Force Personnel Center during a ceremony scheduled for 9 a.m. at Hangar 4. The 28-year veteran and command pilot succeeds Maj. Gen. Thomas O'Riordan, who is retiring from active duty.

Lt. Gen. Roger Brady, Air Force deputy chief of staff for personnel, will be the presiding official.

General Przybyslawski comes to Randolph from Langley Air Force Base, Va., where he served as commander of the Air and Space Expeditionary Force Center. He was responsible for a total-force team that facilitated expeditionary aerospace operations through planning, configuring, scheduling, preparing and assessing expeditionary air and space forces in peacetime, crises and conflict.

Prior to assuming his current position at the AEF Center, he served in a variety of assignments to include commanding the 509th Bomb Wing at Whiteman AFB, Mo., and the 28th Bomb Wing at Ellsworth AFB, S.D. He also served as assistant director of aerospace operations with Air Combat Command at Langley AFB.

General Przybyslawski, nominated for his second star, has flown more than 3,800 hours in bomber and trainer aircraft.



Brig. Gen. Anthony Przybyslawski will become the 22nd commander of the Air Force Personnel Center on July 23. (Courtesy photo)

General O'Riordan, who has commanded the Center since November 2002, plans to retire from the Air Force after more than 32 years of active-duty service to the nation. General O'Riordan and his wife, Kim, will settle in Omaha, Neb.

(AFPC News Service)

## 12th Flying Training Wing quarterly award winners



Every quarter, a select group of performers within the 12th Flying Training Wing are considered for special recognition. They go through a competitive process that considers the outstanding achievements of outstanding individuals. (Left to right) Col. George Duda, 12th Flying Training Wing vice commander, stands with 12th FTW quarterly award winners Ann Schladetzky, Civilian Junior Category; Senior Airman Gilberto Wilson, Junior Enlisted Category; Cecilio Coronado, Civilian Intermediate Category; 1st Lt. Matthew Ernest accepts the award on behalf of Staff Sgt. Larry James, Jr., NCO of the Quarter; Capt. Vanessa Harris; Company Grade Officer of the Quarter; Douglas Fudge, Civilian Senior Category; Master Sgt. Marc Lamontagne, Senior Non-commissioned Officer of the Quarter; and Chief Master Sgt. Jeffrey Sergent, 12th FTW command chief. (Photo by Melissa Peterson)

# Twelve Airmen graduate from ALS

By Tech. Sgt. Angelique McDonald  
12th Flying Training Wing  
Public Affairs

Airman Leadership School class 04-6 graduated Thursday at the enlisted club. More than 175 guests attended the evening graduation banquet.

The guest speaker for the graduation ceremony was the fifth Chief Master Sergeant of the Air Force, Bob Gaylor.

Two staff sergeants and ten senior airmen completed 24 academic duty-days consisting of 192 hours. Graduates studied three areas of curriculum: communication skills, leadership and management, and the profession of arms.

The communications curriculum focused on the following skills: military briefings, performance feedback worksheets, bullet statements, official correspondence, and interpersonal counseling. Proficiency was measured through hands-on performance.

The leadership and management curriculum was measured through objective tests designed to measure comprehension of human resource and leadership principles. Graduates must achieve an academic average of 70 percent on two evaluations.

The profession of arms curriculum involved uniform inspections, reveille and retreat ceremonies, and a series of lessons on: the national security, projection of air power, national security strategy, and terrorism. Graduates must demonstrate an

understanding and appreciation for their role in the Air Force mission.

The ALS is affiliated with the Community College of the Air Force through the College for Enlisted Professional Military Education. The graduates are awarded nine semester hours toward a CCAF degree.

Four awards are presented to the top students for accomplishments during the course at the graduation ceremony. The awards are:

- **The John L. Levitow Award**, which is sponsored by the Randolph First Sergeants' Group, is presented to the student finishing at the top of the class.

- **The Academic Award**, which is sponsored by the Non Commissioned Officer's Association, is presented to the student who excelled academically on both the performance evaluations and objective phase tests.

- **The Leadership Award**, which is sponsored by the Randolph Chief's Group, is presented to the student who best exemplified the characteristics and traits of a leader while attending ALS.

- **The Distinguished Graduate Award**, which is sponsored by the Air Force Sergeants' Association, is presented to students who continued to maintain the highest standards in the areas of dress and appearance, customs and courtesies, academics, practical application, team development and leadership skills. It is awarded to the top ten percent of the class.

The winners will be announced in next week's edition of the Wingspread.



Staff Sgt.  
Pedro Cantu



Senior Airman  
Brandin Coy



Senior Airman  
Rebecca Elkins



Senior Airman  
Monica Gines-Rivera



Senior Airman  
Regina Levine



Senior Airman  
Lindsey Maurice



Senior Airman  
Rodney McCulloch



Senior Airman  
Terrell Morris



Senior Airman  
Jeremy Pata



Staff Sgt.  
Bradley Reeves



Senior Airman  
Jennifer Wheadon



Senior Airman  
Breyona Williams



**2nd Lt. Michael Artifon**  
RC-135  
Offutt AFB, Neb.



**2nd Lt. Jonathan Brown**  
B-52  
Barksdale AFB, La.



**2nd Lt. Melissa Bruebaker**  
C-130  
Little Rock AFB, Ark.



**Ensign Kelly Chufo**  
P-3  
NAS Brunswick, Maine



**2nd Lt. Kaveri Crum**  
MC-130  
Eglin AFB, Fla.



**2nd Lt. Michael Damron**  
C-130  
Dyess AFB, Texas



**Lt. j.g. Heidi Davis**  
EP-3  
NAS Whidbey Island, Wash.



**2nd Lt. Michael Engel**  
AC-130  
Hurlburt Field, Fla.



**Ensign Orlando Garcia-Echevarria**  
P-3  
NAS Brunswick, Maine



**2nd Lt. Chris Gesch**  
EC-130  
Davis-Monthan AFB, Ariz.



**2nd Lt. Christopher Harris**  
C-130  
Maxwell AFB, Ala.



**Ensign Karensa Hinote**  
P-3  
NAS Whidbey Island, Wash.



**2nd Lt. Joshua Kirkum**  
C-130  
Pope AFB, N.C.



**2nd Lt. Stephen Liston**  
KC-135  
McConnell AFB, Kan.



**2nd Lt. Lydell Lopez**  
B-52  
Barksdale AFB, La.



**Ensign Christopher Maurer**  
P-3  
NAS Whidbey Island, Wash.



**2nd Lt. Brian McGinnis**  
B-52  
Barksdale AFB, La.



**Ensign Patrick Payte**  
P-3  
MCAS Kaneohe Bay, Hawaii



**2nd Lt. Winsen Peele**  
EC-130  
Davis-Monthan AFB, Ariz.



**2nd Lt. Matthew Portno**  
E-3  
Tinker AFB, Okla.



**2nd Lt. Ron Rezac**  
RC-135  
Offutt AFB, Neb.



**2nd Lt. Charles Shank**  
B-52  
Barksdale AFB, La.



**Ensign Aimee Smith**  
P-3  
NAS Jacksonville, Fla.



**Capt. John Staudt III**  
MC-130  
Hurlburt Field, Fla.



**2nd Lt. Timothy Strotkamp**  
RC-135  
Offutt AFB, Neb.



**2nd Lt. Clinton Warner**  
C-130  
Yokota AB, Japan



**2nd Lt. Christopher Young**  
RC-135  
Offutt AFB, Neb.

# JSUNT graduation set for today

By **2nd Lt. LaShonda Bush**  
12th Flying Training Wing Public Affairs

Twenty Air Force and seven Navy aviators receive their navigator and naval flight officer wings during a Joint Specialized Undergraduate Navigator Training graduation ceremony here today.

The ceremony is at 10 a.m. in the Randolph Officers' Club. The guest speaker for today's graduation is retired Brig. Gen. James McCarthy.

Prior to his retirement General McCarthy was the Deputy for Strategic Space and Electronic Programs, Air Force Acquisition Logistics Division. He was responsible for supervising the logistics engineering and planning for 174 new weapons systems with a life cycle cost of more than 64 billion dollars. These programs included the space shuttle, the B-1 bomber and the Cruise and MX missiles.

Retired General McCarthy was a command pilot and a

radar navigator with more than 7,000 hours of flying experience. He has flown more than 1,200 combat missions in Southeast Asia.

Col. George Duda, 12th Flying Training Wing vice commander, is presenting the students with their respective service's silver wings or gold wings, as well as presenting four special awards during the ceremony.

The awards being presented during the graduation are:

• **Air Education and Training Command Commander's Cup Award:** Presented to the most outstanding graduate based on demonstrated excellence in all phases of training while exhibiting strong qualities of professionalism and leadership.

• **Alden C. Markey Award:** Presented to the top Navy graduate based on performance in all phases of training.

• **Ira J. Husik Award:** Presented to the navigator achieving the highest standard of excellence during the flying phase of training.

• **Jack Donovan Award:** Presented to the top electronic warfare officer graduate who has distinguished himself or herself from his or her peers by outstanding airmanship, academic performance and officership.

In addition, the top academic navigator and EWO graduate are recognized with an award.



**CONSTRUCTION AT THE EAST GATE**  
Construction starts on Saturday at the East Gate to install barriers and to continue construction of a temporary road. Weather permitting, this project is estimated to be completed within 30 days. The installation of the barriers on Saturday will require traffic detours and extreme caution is advised.

**GATE HOURS DURING HARMON DRIVE CONSTRUCTION**

MAIN GATE/HARMON DRIVE

- Monday through Friday two lanes inbound from 6 a.m. to 1 p.m.
- Monday through Friday two lanes outbound from 3 p.m. to 6 p.m.
- Closed all other times including weekends, holidays and family days

SOUTH GATE (Two way traffic)

- Monday through Friday 6 a.m. to 6 p.m.
- Closed weekends and holidays

EAST GATE (Two way traffic)

- Monday through Friday 6 a.m. to 10 p.m.
- Saturday 9 a.m. to 10 p.m.
- Sunday and holidays 9:30 a.m. to 10 p.m.

WEST GATE (Two way traffic)

- 24-hour operations, seven days a week
- Commercial vehicle entrance

HIGH SCHOOL GATE

- Closed

# Air Force symbol now official

By Staff Sgt. Melanie Streeter  
Air Force Print News

WASHINGTON – The Air Force symbol is now official, four years after the service first applied for trademark protection.

“I’m proud our symbol is now an official part of our heritage,” said Air Force Chief of Staff Gen. John Jumper. “It represents our storied past and links our 21st Century Air Force to our core values and capabilities.”

The decision to designate it as the official symbol of the Air Force demonstrates the service’s conviction to preserving the symbol’s integrity and should ease concerns that the symbol is temporary or remains a test. Trademark protection designates the symbol as exclusive property of the Air Force and gives the service authority to control and enforce its use.

A team of lawyers, public affairs officers, artists and historians are working to expand guidance and standards for the use of the symbol. An official Air Force Instruction is scheduled for release in fiscal 2005.

In the meantime, the intent is to expand use of the symbol today and protect it for the future. Use must be consistent with applicable Air Force instructions and symbol guidelines posted at [www.af.mil/library/symbol/](http://www.af.mil/library/symbol/).

When Air Force officials began testing the symbol in 2001, it appeared on a limited number of base entry signs and water

towers and a small number of aircraft and vehicles. Acceptance during the test was so widespread that in 2002, 90 percent of Airmen surveyed thought the symbol was already official.

“Since then, I’ve seen Airmen wear it, drive it, eat it, carry it, embroider it and even brand it,” said Maj. René Stockwell, of the Air Force public affairs national outreach and communications division, who manages the symbol Trademark licensing program.

The service is licensing the use of the symbol on a variety of commercial goods, from candy and furniture to tires and jewelry, which allows Airmen to display their service pride off-duty.

On duty, the symbol is featured on optional military tie tacs, the proposed utility uniform and gray boots, the Air Force lightweight blue jacket and is being showcased in Air Force marketing campaigns.

“We’ve used the symbol to help encourage people to join, Airmen to stay and [to] build understanding, appreciation and support for America’s Air Force,” Major Stockwell said.

Airmen and their families can help protect the integrity of the symbol by adhering to the guidelines online, the major said.

They have an implied license to use the Air Force symbol on personal items such as printed materials, food, clothing, literature and briefings. These items must be intended for

personal or internal use only, not used for retail sales, advertising or unauthorized endorsements.

Any commercial use of the symbol, by individuals or companies, requires completion of a license agreement with the Air Force, Major Stockwell said.

People with questions not covered online can e-mail the Air Force Symbol office at [afstory@pentagon.af.mil](mailto:afstory@pentagon.af.mil).



## Finance agency opens new reserve pay center

WASHINGTON – The Defense Department’s new Reserve Pay Center of Excellence has officially opened for business.

The operation, part of the Defense Finance and Accounting Service, will further improve service “to the men and women who defend America,” according to a DFAS news release. It will offer “better productivity” to a “key military customer group.”

The move centralizes payroll activities for all Army and Air Force National Guard and Reserve elements, as well as the Naval Reserve, in Cleveland. DFAS officials said they expect “significant” productivity gains from running these operations from an established, centralized pay-support site.

“DFAS is constantly striving to improve the way it serves its customers,” said Pat Shine, director of the agency’s

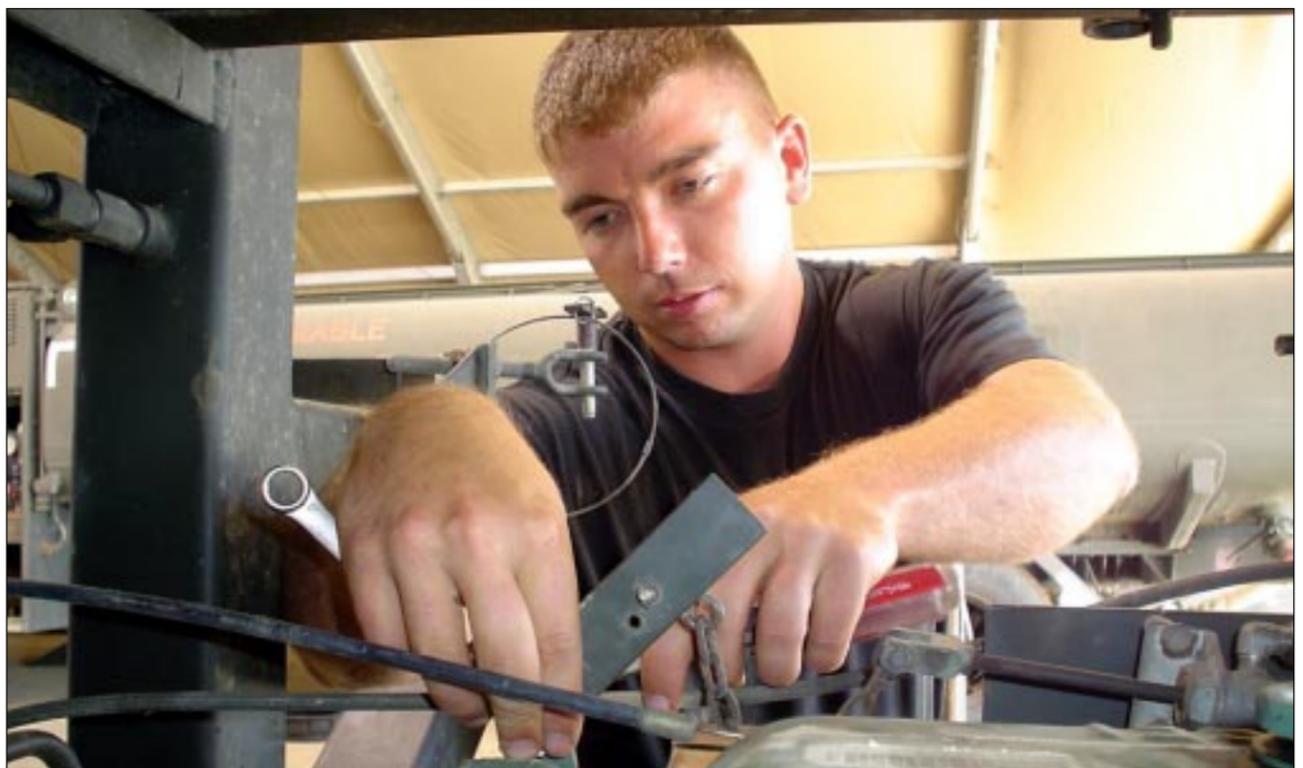
military and civilian pay services business line. “The Reserve Pay Center of Excellence will make us even more responsive to the needs of a critical component of America’s defense – the Reserve and Guard.”

According to the release, centralized pay and customer-service operations began for the Air Force Reserve in May. The Air National Guard, Army Reserve and Army National Guard accounts will follow. The Cleveland center was servicing the Naval Reserve before the consolidation.

The new center’s stand-up did not cause any job losses. Workers at the Denver center who handled Guard and Reserve accounts “have been reassigned to other high-priority military pay tasks,” noted the release. And “no loss of jobs will occur” when Army Guard and Reserve functions move from Indianapolis.

## Randolph’s own in Iraq

**OPERATION IRAQI FREEDOM** – Senior Airman Mark Teem, 407th Expeditionary Logistics Readiness Squadron heavy vehicle mechanic, repairs a throttle cable on a R-14C aircraft fuel servicing unit. Airman Teem is deployed from Randolph. (Photo by Master Sgt. Debbie Aragon)



# Airman dies in Iraq

LITTLE ROCK AIR FORCE BASE, Ark. — An Airman assigned to the 332nd Air Expeditionary Wing and attached to the U.S. Army's 494th Truck Company at Balad Air Base, Iraq, was killed in action July 11.

Staff Sgt. Dustin Peters, 25, died when the convoy he was riding in encountered an improvised explosive device.

Sergeant Peters served as the noncommissioned officer in charge of equipment support for the 314th Logistics Readiness Squadron before his deployment to Iraq.

"We lost a valuable member of the Little Rock Air Force Base team and our Air Force family," said Col. Joseph Reheiser, 314th Airlift Wing commander. "Sergeant Peters will be missed, but his dedication and sacrifice will never be forgotten."

"Right now, our efforts are focused on providing his family and friends the support and assistance they need," he said.

Sergeant Peters entered the Air Force on Jan. 29, 1997. After completing basic military training at Lackland Air Force

Base, Texas, he attended technical training at Fort Leonard Wood, Mo., graduating as a vehicle operator journeyman. Before arriving at Little Rock AFB on Nov. 28, 2000, Sergeant Peters had assignments at Whiteman Air Force Base, Mo., and Andersen Air Force Base, Guam.

"Sergeant Peters was a devoted patriot and Airman," said Lt. Col. Daniel Hicks, 314th LRS commander.

"Since his arrival at Little Rock Air Force Base, he has been a valued member of our unit and a close friend to many," Colonel Hicks said. "One thing you could count on was his service to our country and others always came ahead of his own needs and desires. His loss has touched us deeply, and we will miss him."

Sergeant Peters departed for Southwest Asia in February for a 179-day tour, his fourth deployment since arriving here.

His military decorations include the Air Force Commendation Medal with one oak leaf cluster and valor device, and an Air Force Achievement Medal with one oak leaf cluster.

(AFPN)

## Oath administered overseas



Gen. Tommy Franks, former U.S. Central Command commander, administers the commissioning oaths to 1st Lieutenants Jason Kirkland, Brent Manbeck, Benjamin Robins, Derek Tate and Tammi Westphal, 332nd Airlift Flight, who were promoted to captain while deployed in support of Operation Iraqi Freedom. (Courtesy photo)

# Air Force people take care of their own

## Air National Guard NCO survives Iraqi terrorist attack

By Bob Hieronymus  
Wingspread staff writer

Air National Guard Staff Sgt. Brad Runkles was the target of an Iraqi roadside bomb on June 28, leaving him wounded in combat; but twelve days later he was giving a pep talk to 200 basic trainees on Lackland Air Force Base, Texas.

That kind of transition doesn't happen for everyone, but Sergeant Runkles' story illustrates the way Air Force people take care of their own.

Sergeant Runkles completed his Air Force basic training at Lackland AFB in 2000 and then went back to his Air National Guard unit, the 167th Logistics Readiness Squadron at Shepherd Field in West Virginia. He deployed to Iraq as one of the Air Force transporters supporting Army convoy operations there. He was in the passenger's seat of a Humvee in a convoy near Balad, Iraq, when a roadside improvised explosive device detonated, showering him with bomb fragments. He



Air National Guard Staff Sgt. Brad Runkles talks to a group of Air Force basic trainees during their Warrior Week, about his experiences being wounded by a terrorist roadside bomb while on a military convoy in Iraq. (Courtesy photo)

sustained shrapnel wounds to his right arm and second and third degree burns to his arm, neck and face.

By the time he had arrived at the military medical facilities in Germany, the Air Force Services Agency, Survivors Assistance Division, was tracking his case. While in transport to Brooke Army Medical Center's burn treatment facility, the AFSA was contacting the Air Force logistics readiness squadron closest to his stateside destination.

They teamed up with the 12th LRS, where Capt. Gregory Kuzma, vehicle management flight commander, started the ball rolling to ensure that Sergeant Runkles would be treated as family when he arrived. He sent e-mails to the base company grade officers' council and throughout the LRS asking for assistance.

"I met the bus when Sergeant Runkles arrived. The other military people there seemed surprised to see that kind of reception," Captain Kuzma said. "After he received his initial treatments, we asked him if there was anything special we could do for him while he was undergoing treatment here. He said that he would like to watch a basic training graduation parade."

This is where 1st Lt. Camille LaDrew, vehicle management deputy flight commander, took the lead and in three days she had the whole package put together.

"We had to move fast," she said, "because Sergeant Runkles was due to be released on a 30-day convalescent leave on Thursday, July 8 and the next graduation parade was scheduled for the ninth."

"Not only did we get his departure delayed for one day," Lieutenant LaDrew continued, "we arranged for him to have breakfast with Maj. Gen. Craig Rasmussen, the Director of Logistics Readiness at Headquarters Air Force, who was on base to review the new convoy operations training program at Camp



Meeting to talk about the new Air Force convoy training course are (clockwise from upper left) Maj. Gen. Craig Rasmussen, HQ Air Force Director of Logistics Readiness; Staff Sgt. Brad Runkles, survivor of Iraqi terrorist attack; Chief Master Sgt. Timothy Tate, Air Force Logistics Readiness; and Capt. Gregory Kuzma and 1st Lt. Camille LaDrew, both from the 12th Logistics Readiness Squadron. (Courtesy photo)

Bullis."

Randolph members regularly visited the sergeant at BAMC and presented him with more than two-dozen unit coins, together with a rack to display them, said Lieutenant LaDrew.

Retiring Brig. Gen. Jose Portela shared the reviewing stand with Sergeant Runkles during the graduation parade. Following the graduation ceremony, the sergeant went to the Warrior Week area to speak with approximately 200 basic trainees who were finishing their week of combat training.

After sharing his thoughts and

answering a few questions, he caught the next flight home to his family in West Virginia.

In the future, the sergeant may be a featured speaker at the new Air Force convoy training school at Lackland, but details are still being worked out. He is expected to fully recover from his wounds and return to duty with his Guard unit.

For the people in the 12th LRS, "this was another demonstration of the way the logistics people pull together," Lieutenant LaDrew said. "And more than that, it shows the way Air Force people pull together. I think that's the best part of the story."

# New booklet helps families of deployed reservists, guardsmen

By Donna Miles  
American Forces Press Service

WASHINGTON – Separations can be tough on any child whose parent is deployed overseas, but particularly for the estimated 500,000 sons and daughters of deployed National Guardsmen and Reservists, said an expert on issues involving military families.

Many Guard and Reserve families lack the tight-knit support network that helps active-duty families during deployments, said Dr. Mary Keller, executive director of the Military Child Education Coalition. This can lead to difficulty adjusting to what Dr. Keller calls their “suddenly military” status. As a result, she said, they can feel isolated and unsure of where to turn for help.

A new booklet is now available to help communities reach out to Reserve and Guard families during deployments. The coalition produced the booklet after repeated requests from military-family representatives, educators and community groups, Dr. Keller said.

The 12-page brochure, “How Communities Can Support the Children and Families of Those Serving in the National Guard and Reserves,” explains the dynamics of the deployment process in an easy-to-understand language. It offers tips for educators and lists military and community resources for families of deployed troops.

Dr. Keller said the brochure serves as a companion guide to another popular coalition publication, “How to Prepare Our Children and Stay Involved in Their Education During Deployment.” That guide is a favorite of first lady Laura Bush, whom Dr. Keller said has read from it during visits to military bases.

Both booklets reflect the courageous spirit Dr. Keller said children of deployed troops demonstrate every day.

“Our goal is to help them through this transition in their lives and this period of separation,” she said. The publications and more information about the coalition are posted on its Web site at [www.militarychild.org](http://www.militarychild.org).

(AFPN)

# Forty Team Randolph members reenlist

Forty Team Randolph members re-enlisted last month.

The re-enlistees are:

## 12th Flying Training Wing

Tech. Sgt. Van Correa

Master Sgt. Ronnie Drisdale

## 12th Mission Support Group

Master Sgt. Jessie Moreno

## 12th Contracting Squadron

Senior Airman Daniel Finkenstadt

## 12th Aeromedical-Dental Squadron

Staff Sgt. Sherry Ingram

## 12th Logistics Readiness Squadron

Staff Sgt. Jonanthony Chavez

## 12th Operations Support Squadron

Staff Sgt. Adam Solis

## Air Education and Training Command

Master Sgt. Brian Burton

Senior Master Sgt. Mitchell Christopher

Senior Master Sgt. Brian Foster

Senior Master Sgt. Samuel Foster

Senior Master Sgt. Daniel Goetz

Senior Master Sgt. Richard Gray

Chief Master Sgt. Rosetta McLean

Staff Sgt. Douglas Shively

Senior Master Sgt. Eugene Wasko

Senior Master Sgt. Edwin Willson

## 19th Air Force

Master Sgt. Roy Jimenez

Tech. Sgt. Cynthia Woodruff

## Air Force Personnel Center

Tech. Sgt. Kelly Cole

Tech. Sgt. Edward Gonzales

Senior Master Sgt. Scott Lawson

Staff Sgt. Shannell Long

Master Sgt. Patricia Muse

Tech. Sgt. Shannon Parker

Master Sgt. Gerardo Tapia

Staff Sgt. Robert Thomas

Tech. Sgt. Jaramillo Vazquez

Tech. Sgt. Debra Wright

## Air Force Recruiting Service

Senior Master Sgt. John Gereaux

Staff Sgt. Sonia Williams

## Air Force Occupational Measurement Squadron

Staff Sgt. Dana Ambrose

Staff Sgt. Jener Tiongson

## DPHO Electronic Systems

Tech. Sgt. Vanne Metzger

Tech. Sgt. Robert Weisbecker

## Air Force Element Medical Readiness

Tech. Sgt. Laurie Walters

## AFELM Joint Personal Property Shipping Office

Senior Airman Richard Geren

## AFELM Defense Finance and Accounting Service

Staff Sgt. Sheirilyn Brillon

Master Sgt. Steven Ferguson

Senior Airman Melanie Townsend

## Keep your cool in the sun

By Jennifer Valentin  
Wingspread staff writer

Before running out the door to enjoy the sun, don't forget to grab a bottle of sunscreen and a hat to keep protected from the summer rays.

According to the Skin Cancer Foundation, sun protection is important all year round and especially during the summer.

Anyone can develop skin cancer, but the people who are most vulnerable to skin cancer are those with fair skin, blonde or light-colored hair, green or blue eyes and people who freckle easily.

To help prevent the risk of skin cancer, parents should protect their children when they are very young, by having them wear sunscreen. That way, they get used to it, and when they get older, they will adopt the habit of using sunscreen, according to the Skin Cancer Foundation Web site.

The Web site recommends wearing sunglasses that protect against ultraviolet rays and high-energy visible light, because sunlight

can damage eyes, contributing to cataracts, macular degeneration or eyelid cancer.

Even on the snow and ice, sun exposure is evident because the reflected glare from the ground can cause almost twice the risk of ultraviolet damage. An ultraviolet blocking face mask as well as sunglasses can be beneficial in this case, according to the foundation.

The foundation offers the following tips on protection from the sun:

- \* Do not sunbathe
- \* Avoid unnecessary sun exposure, especially between 10 a.m. and 4 p.m. which are the peak hours for harmful ultraviolet rays
- \* When outdoors, use sunscreen rated SPF 15 or higher, and apply it liberally and frequently
- \* When exposed to sunlight, wear protective clothing such as long-sleeve shirts, pants and a hat
- \* Examine skin head-to-toe at least once every three months

For more information on skin safety, visit [www.skincancer.org](http://www.skincancer.org).

## NEWS BRIEFS

### Construction at the East Gate

Work starts on Saturday at the East Gate to install barriers and to continue construction of a temporary road. Weather permitting, this project is estimated to be completed within 30 days. The installation of the barriers on Saturday will require traffic detours and extreme caution is advised.

### NCO Academy Honor Graduates

Three Randolph non-commissioned officers received honors at the graduation of Lackland Air Force Base NCO Academy Class 04-5 recently.

Tech. Sgt. Christopher Haynes, Air Education and

Training Command, received the John L. Levitow Award as the top graduate of the class. Tech. Sgts. Sean Middleton, AETC, and Quinette Hall, 12th Comptroller Squadron, were distinguished graduates, having earned their places in the top 10 percent of the class.

### Clinic appointments

The family practice, pediatric, and women's health clinics in the 12th Medical Group are experiencing an increasing number of patients walking-in without an appointment and/or not showing up for scheduled appointments. In addition, there have been an

increasing number of patients arriving late for appointments. When scheduling or keeping an appointment, use the following guidelines:

- Call central appointments to book an appointment at 945-0411 or 652-3432.
- When it is necessary to cancel an appointment, call the 24 hour cancellation line at 652-6463.
- Arrive 15 minutes early to all appointments. This allows time for check-in, obtaining vital signs and completion of applicable paperwork.
- Use either Wilford Hall Medical Center or Brooke Army Medical Center for emergencies as there are no emergency services at the Randolph Clinic.

## Good Neighbor: Beneficial, non-stinging wasps released

(This "Good Neighbor" column is designed to help Team Randolph members be good stewards of our historic infrastructure. The column is planned to alternate with "Construction Corner" and includes helpful tips from our 12th Civil Engineer Squadron for facility managers and housing residents. I appreciate your continuing efforts to help maintain Randolph as the Showplace of the Air Force!  
— Col. Joseph Schwarz, 12th Mission Support Group commander)

The 12th Mission Support Group Environmental Flight has been releasing tiny non-stinging *Trichogramma minutum* wasps on base as a test to determine their effectiveness in controlling fall webworms that infest base ornamental trees.

The 1/100-inch long adult *Trichogramma* wasp occurs naturally, but is being released by the thousands on pecan trees to seek out and feed off of the fall webworm eggs. Fall webworm caterpillars or larvae cause defoliation of trees by feeding on leaves within the caterpillars' webbing. As webworm larvae grow, the webs enlarge and enclose more foliage causing increased damage to the trees. Large portions of tree branches are commonly enclosed by the webbing, and are most apparent from mid-to-late summer.

Beneficial *Trichogramma* wasps are shipped and released as immature larvae glued to small cardboard squares with each square holding approximately 4,000 individual wasps. Each cardboard square is placed inside a white biodegradable protective box that is taped to trees where fall webworms are suspected or identified. Once the wasp caterpillars evolve and emerge as adults, they immediately fly off to feed off of the fall webworm eggs that were deposited on tree leaves by adult female webworm moths.



A biodegradable, protective box, shown taped to a branch in a pecan tree, contains approximately 4,000 wasp larvae. (Courtesy photo)

*Trichogramma* wasps are the most common type of parasitic insect used worldwide for the biological control of many types of caterpillar pests. They have been studied and released for more than 100 years and are an outstanding biological control option because they are not harmful to humans or the environment. Minimal data is currently available to support the wasps' long-term control capabilities against fall webworms, but if successful, they will protect base trees in the future from being attacked by the unsightly fall webworm.



The Randolph Hunt and Saddle Club is available to its members 24 hours a day, seven days a week, to care for their horses. (Photo by Jennifer Valentin)

## Giddy Up!

### Club offers unique, fun activity

By Jennifer Valentin  
Wingspread staff writer

Many base members and residents own pets, such as dogs, cats or fish. But for those with 'bigger' animals, such as horses, they also have a home here.

The Randolph Hunt and Saddle Club is available to its members 24 hours a day, seven days a week, to care for their horses.

Membership is open to active duty, reservists, retirees, Department of Defense civilians and contract workers.

"The club is a self-care facility, and members are responsible for the feeding and cleaning of their

own horses," said Dave Martin, hunt and saddle club manager. "All of the horses stabled here are privately owned by members."

Mr. Martin added that the club is perfect for horse owners who need a place to ride and take care of their horses.

"The hunt and saddle club offers a very unique and fun leisure activity for Air Force members and their dependents," added Mr. Martin.

The hunt and saddle club office is open Monday, Wednesday and Friday from 3 to 5 p.m. The fees are \$15 per month for membership dues, \$40 per month for the stall, including a tack room and 'let out' pen, and a one time \$15 initiation fee per horse.

For more information, call 652-2346.

## Home sweet home



Paula Williams, a counselor for on base housing, talks to Lt. Todd Bruemer, 562nd Flying Training Squadron, about housing options. The housing office is open Monday through Friday from 8 a.m. to 4 p.m. They offer counseling for on and off base housing availability, as well as an off base housing advertising area. (Photo by Jennifer Valentin)

# Commissary renovation well underway

## Customers can expect major changes to interior

By Jennifer Valentin  
Wingspread staff writer

Randolph Commissary customers should see more changes to the store, as part of their multi-million dollar renovation project.

"The commissary is moving into Phase One of the store renovation project," said Willie Taylor, Randolph Commissary store director. "We have had to relocate some products to temporary locations in the store because of the construction. There are flyers available at the entrance of the store to show customers where to find products that have been moved."

Six cash registers have also been moved from the front of the store due to construction.

"Even though we had to move some registers, we will have plenty of cashiers ready to help customers," said Mr. Taylor.

The bakery has also been temporarily relocated across from the bread section in the store.

The project, which includes an expansion of the existing facility to approximately 97,000 square feet, will double the size of the sales area as well as feature an international bakery/delicatessen, state of the art display equipment and the latest Defense Commissary Agency image decor.

The improvements to the commissary will be constructed in six phases. The store will remain open throughout the construction period with its regular hours.

The store hours are Monday through Friday from 7 a.m. to 8 p.m., Saturday from 9 a.m. to 6 p.m. and Sunday from 9 a.m. to 5 p.m.

The project is scheduled to be completed in March 2006.

For more information, call 652-5102.



Commissary customers will see extensive changes to the store interior during the current renovation project. Above is an artist's rendering of the finished commissary.

# CONSTRUCTION

ORRNER

\*ECM = Estimated completion month

Construct temporary road by East Gate & 5th St. ECM is July.

Install temporary East Gate fencing. ECM is July.

Demolish East Wherry base housing. ECM is October.

Harmon Drive construction

T-1 CASS System installation on East Apron. ECM is October.

Replacement of roof on Hangar 7. ECM is October.

Tennis court resurfacing. ECM is July.

Water main replacement for circle and duplex base housing. ECM is September 2006.

Construction in Building 743, 562nd Flying Training Squadron. ECM is September.

Renovate simulators in Simulator Facility, Building 738. ECM is September.

Parking lot reconstruction at Buildings 905 and 907. ECM is September 2004.

Renovation of Air Education and Training Command Buildings 902 and 905. ECM is May 2005.

Repair storm line. ECM is July.

Construct driveway at the south pool. Start date is yet to be determined.

Renovation of south pool bathhouse. ECM is yet to be determined.

Self Help, Building 875, replaced with Readiness Facility. ECM is October.

Air handler installation in Headquarters Air Force Recruiting Service, Building 491. ECM is July.

Replacement of Buildings 1024 and 1027. ECM is February 2006.

Renovation of base exchange food court, Building 1073. ECM is September.

Renovation of Commissary, Building 1075. ECM is April 2006.

Renovation of Building 260. ECM is September.

Renovation of Air Force Personnel Center's A Wing, B Wing and C Wing, Building 499. ECM is July.

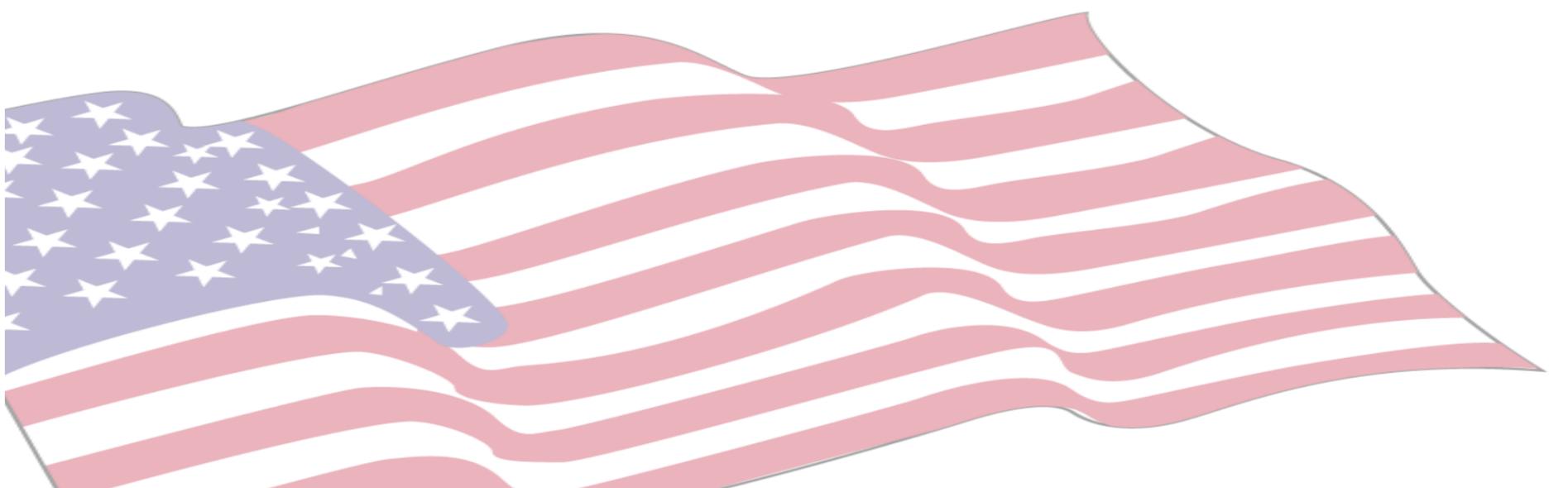
Fence replacing concrete barriers, west phase. ECM is September.

**Special Note 1:** Renovation of Harmon Drive to include Washington Circle is in progress. There is inbound traffic only in the mornings and outbound traffic only in the afternoons.

**Special Note 2:** Construction starts on Saturday at the East Gate to install barriers and to continue construction of a temporary road. Weather permitting, this project is estimated to be completed within 30 days. The installation of the barriers on Saturday will require traffic detours and extreme caution is advised.

**Additional renovation:** Phase 1 of 3 of the reconstruction of Lower Seguin Road is in progress. This phase includes the closing of Woman Hollering Creek Bridge. The South Gate remains accessible by way of Loop 1604. This project should be complete this fall.

↑ Military Family Housing: Exterior Painting/Roof Repair/Interior Repair/Foundation Repair in progress; notices will be sent to tenants. (Circle & Duplex) Repairs will continue through July 2004.



# Powerlifting

## Randolph members set national, world records

By Bob Hieronymus  
Wingspread staff writer

Two Team Randolph members of the South Texas Powerlifting Team, coached by Senior Airman "Iron Mike" Wade, took home the gold at the Amateur Athletic Union Military National Meet recently at Little Rock Air Force Base, Ark.

The meet was held in conjunction with Air Education and

Training Command Muscle Mania.

Staff Sgt. Tsering Ortiz won her first national championship in the women's 165-pound weight class; her weight scores were: squat, 248 pounds; bench press, 115 pounds; and dead lift, 285 pounds, for a total of 658 pounds. All her lifts were Military Open records and Military World records.

Airman Wade won the 181-pound weight class with a 578-

pound squat, a 435-pound bench press, which was a junior world record, and a 578-pound dead lift, for a total of 1,591 pounds. This total earned him the world junior record and the junior American record. His lifts also broke all four military open world records.

The story behind the story is even better, Wade said. After severely breaking his leg last year in a running accident, he needed to have steel pins implanted in the lower portion of his leg. This procedure left a long surgical scar on his ankle and it looked like he was in for a long physical recovery before he could get back on the mats. His physical therapist at the Randolph Clinic was a young sergeant who knew about muscles and tendons as they relate to therapy, but nothing about weight lifting. Naturally the conversations during those therapy sessions centered on Mike's goal of competing again.

With his competitive spirit, Mike challenged the sergeant to try lifting. As competitive as she is, Ortiz took him up on the challenge. She knew something about sports and athletic conditioning, having been a member of her high school and college track team in Miami, Fla., so it was only a matter of learning the right techniques. After only three months under Wade's training routine, she was ready for her first big meet, the one at Little Rock AFB – and took the gold!

Ortiz has six years on active duty and is currently assigned to the 12th Medical Group. She plans to take advantage of her Air Force opportunities to complete her



Staff Sgt. Tsering Ortiz spots Senior Airman Mike Wade as he works out with 495 pounds on the dead lift bar. Both Airmen are gold medal winners in recent powerlifting competitions. (Photo by Bob Hieronymus)

college degree and possibly go on for a commission, she said.

Wade still has some steel pins in his leg, but that obviously doesn't stop him from working out, competing, and winning. The Anchorage, Alaska, native has been in the Air Force for three years and is a flight management technician

in the 12th Operations Support Squadron.

"I'm looking forward now to my next competition in Killeen, Texas, in August," Ortiz said.

"That's about the same time my next meet takes place in Las Vegas," Wade chimed in and added, "and it'll be featured on ESPN."



Senior Airman Mike Wade spots Staff Sgt. Tsering Ortiz as she works out on the bench press. (Photo by Bob Hieronymus)

### SPORTS SHORTS

#### Dodge ball tournament

The first dodge ball tournament is July 23 at 3 p.m. at the fitness center. Teams must have a minimum of six people and the tournament is open to all active duty military and Department of Defense personnel.

For more information, call the fitness center at 652-5316.

#### Operation Stay Fit 3-on-3 basketball game

To encourage Air Force personnel and their families to make fitness a regular part of their daily lives, a 3-on-3 basketball competition is being held Aug. 2, 4 and 6.

The first team reaching 12 points, or the team that has scored the most points when the 15-minute time limit expires, wins. There is a 12 team limit. The championship game will be played Aug. 11 at 6 p.m. Trophies and T-shirts are given to first and second place winners and beverages are available.

For more information, or to register a team, call the fitness center at 652-2955 or 652-5316.

#### Free instruction seminar

Strive Fitness, an Air Education and Training Command partner and commercial sponsor of the 2003 AETC Muscle Mania contest at Little Rock Air Force Base, Ark., will provide a free seminar of academic instruction on the physiology of conditioning, geared toward fitness center staff and power lifters, but open to the general base population. The program will cover strength, muscle mass improvement, injury prevention and rehabilitation.

The seminar is Tuesday at 9 a.m. in the main fitness center. Strongman Bill Kazmaier will be signing autographs at 11 a.m. and 5 p.m. Tuesday, as well as performing strength demonstrations throughout the day.

For more information, call Rikk Prado at 652-5316.

### What fitness means to me



#### Senior Airman Sterling Moore

12th Security Forces Squadron

"Exercise means staying in shape and looking good."

(Photo by Caitlin Belue)