



Tech. Sgt. Emanuel Torres, 12th Security Forces Squadron, checks military ID cards at the main gate Tuesday. (Photo by Medora Arnaud)

## Increased force protection condition leads to ID checks, staggered reporting times

By Bob Hieronymus  
Wingspread staff writer

Effective Wednesday, Randolph personnel began to report for duty at staggered times to ease the problems of congestion at the base gates due to the 100 percent identification checks there.

This is one of the consequences of the recent increase to Force Protection Condition Bravo. The Department of Homeland Security moved the entire nation up to the Orange level before Christmas in response to increased terrorist threats.

“The 100 percent ID checks are a measure to help protect the base while it is in an elevated FPCON,” said Maj. Stephen Spurlin, 12th Security Forces Squadron commander. “It is a way to strictly control entry and allow only authorized persons to enter the base.”

“The downside of this measure is the increased traffic congestion at the installation gates that overflows into intersections and high speed lanes of traffic, thus creating a serious safety hazard,” Major Spurlin added. “The staggered reporting times are one way to minimize that problem.”

The staggered reporting times are:

- The 12th Flying Training Wing – 6:30 a.m.
- However, the 12th Operations Group will keep on their

normal daily schedules unless directed otherwise.

- The Air Force Personnel Center – 8 and 9 a.m.
- The Air Education and Training Command and tenant organizations – 7:30 and 8:30 a.m.

Even with staggered reporting times, some of the gates seem to be more congested than others, noted Major Spurlin.

“The west gate, off FM 78, frequently has traffic backed up for half a mile or more, when the east gate has almost no traffic delays. It may be worth their while for drivers to travel the added distance through the east gate and save time,” he said.

Base officials also noted that, while the base is under 100 percent ID checks, base members can also help in making the process run smoother and faster.

“We all know that security forces are conducting 100 percent ID checks,” Col. Greg Patterson, 12th Support Group commander, said, “so all drivers should have their identification cards ready for examination when they approach the base gates.”

“Those wallets that have windows to show an ID card without removing it are nice,” Colonel Patterson added, “but the security people need to see the entire card, including its expiration date. It’s best to have the card out to hand it to the security guard for examination. These tips should help to keep traffic flowing smoothly.”

12th Flying Training Wing training timeline				Weekend weather										
As of Monday			Navigator, EWO training		Wing Sortie Scoreboard			Day Forecast High Low						
Pilot Instructor Training Squadron Senior Class Overall			562nd FTS	563rd FTS	Aircraft	Required	Flown	Annual	Today					
99th FTS	-1.0	-2.0	Air Force	232	Undergraduate	46	T-1A	921	1,057	4,040		68	47	
558th FTS	-2.0	1.2	Navy	65	International	0	T-6A	2,316	2,369	9,103				
559th FTS	-7.3	-5.0	International	1	EWC Course	0	T-37B	1,834	2,036	7,171	Saturday		63	40
560th FTS	-2.5	-2.1			Fundamentals	23	T-38A	1,963	2,299	5,674	Sunday		63	42
Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.			Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.			Numbers reflect the required and flown missions for the current month, and the required missions for fiscal 04.								

# Fit to fight

## Commander encourages troops to get in shape for the New Year

By Col. Mark Graper  
12th Flying Training Wing commander

A new year is upon us and I am glad to see that we made it back safely from our holiday festivities. I hope you were able to get some well-earned rest to recharge your batteries and prepare yourself for what lies ahead in 2004.

This year promises to be another fast-paced one, as we will see many transformations on base. I will address some of these changes in future commentaries but the first issue I will address, as we hit the ground running, literally, is the new physical fitness program unveiled by the Air Force Chief of Staff in July of last year.

Simply stated, we are an Expeditionary Air Force and we must be prepared to meet the physical challenges that come with being deployed as well as in-garrison operations. Therefore, fitness is a readiness issue. As General Jumper stated in his "Fit to Fight" sight picture, "The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that." The new

physical fitness program is designed to refocus our sights on fitness.

As many of you already know, the new PT program has several components, to include a fitness test. The test consists of a 1.5-mile run along with stomach crunches, push-ups and an abdominal circumference measurement.

Another component of the program is unit physical training. In fact, commander-driven physical fitness training is the backbone of the AF physical fitness program. In anticipation of the new physical fitness requirements, many units here have established regular PT sessions. I applaud you for your foresight and initiative. I challenge all commanders, supervisors and division chiefs to lead by example and get personally involved in promoting physical fitness within your respective organizations.

Consistent with the CSAF's fit to fight emphasis, from 2004-2005 the Air Force will renovate or construct 36 fitness centers. We will begin construction of a new fitness center here at Randolph Air Force Base later this year.

As with any individual standard, however, the ultimate responsibility for fitness rests with each of us as airmen. We must personally commit to getting and staying fit. Group PT provides us the setting to get in shape; achieving the standard is ultimately a matter of personal accountability.

Please understand, the new "fit to fight" standard is not about passing a fitness test once a year. It's about transforming the culture of the Air Force. It's about our preparedness to deploy and fight. It's about warriors. It's about instilling an expectation that makes fitness part of our lives and an essential part of our service.

I think we got this year off on the right foot. It was great to see more than 200 Team Randolph members at the 12th Services Division sponsored 5K "Resolution Run" Jan. 1. We will continue to have organized events throughout the year to provide you special opportunities – in addition to unit PT – to improve your fitness level. Let's make fitness a part of who we are in the Air Force and at Randolph.

See you at the gym!



## Commander's Action Line

Call 652-5149 or e-mail [randolph.actionline@randolph.af.mil](mailto:randolph.actionline@randolph.af.mil)

While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide

satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Mark Graper  
12th Flying Training Wing commander

### Agency contact numbers

<b>Security Forces Services</b>	652-5509	<b>12th FTW IG</b>	652-2727
<b>Civil Engineers</b>	652-5971	<b>Equal Opportunity</b>	652-4376
<b>Transportation</b>	652-2401	<b>FW&amp;A Hotline</b>	652-3665
<b>Military Pay</b>	652-4314	<b>EEO Complaints</b>	652-3749
<b>Civilian Pay</b>	652-1851	<b>Randolph Clinic</b>	652-2933
<b>Safety Office</b>	652-6480	<b>Base Exchange</b>	674-8917
<b>Housing</b>	652-2224	<b>Commissary</b>	652-5102
	652-1856	<b>Straight Talk</b>	652-7469

(Commander's note: We do not have any Action Lines for publication this week. However, we often receive questions about programs and regulations through channels other than the Action Line. The following is one of those questions.)

### Disabled vet doesn't equate to handicap

**Q**uestion: Recently I noticed a person with a disabled veteran license plate parked in a handicap parking

space. This person was by no means handicapped. It angers me because there are genuinely handicapped people who deserve those spaces out of necessity. My understanding is that disabled veteran plates are not considered proof of being handicapped. Can you please address this issue in the newspaper?

**A**nswer: Thank you for your concern. According to the Texas Transportation Code 502.253, 502.254, and 681.001, only vehicles operated by or for the

transportation of a person with disabilities are eligible to park in areas or accessible parking spaces that are designated specifically for persons with disabilities.

Vehicles with disabled veteran license plates may only park in non color-coded accessible parking spaces unless they also have a blue handicapped parking placard displayed on the vehicle. Any base traffic or parking infractions should be reported to the security forces duty desk at 652-5700.

## Congratulations Retirees

Dec. 31

**Alan Donoho**

12th Civil Engineer Squadron

Today

**Master Sgt. Milton Tapp**

Joint Personal Property Shipping Office

**Chief Master Sgt. Zainal Sahukan**

Air Education and Training Command

**Maj. Michael Wolf**

559th Flying Training Squadron

Tuesday

**Master Sgt. Richard Stivers**

AETC

Jan. 12

**Master Sgt. Scott Winfield**

Electronic Systems Center

Retirement announcements should be submitted to the Wingspread office by Friday at noon two weeks prior to the desired date of publication. E-mail announcements to [randolph.retiree.messages@randolph.af.mil](mailto:randolph.retiree.messages@randolph.af.mil) or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

# WINGS SPREAD

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Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of building 100. Articles may also be sent by e-mail to [wingspread@randolph.af.mil](mailto:wingspread@randolph.af.mil) or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760.

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# Preparing for deployment includes family care plan

By 2nd Lt. Amber Millerchip

Air Education and Training Command Public Affairs

If you are called up in the next 24 hours, do you have short- and long-term plans for your family's care? Who is going to pay the bills? What about unexpected repairs? Does your spouse know who to call and what rates are acceptable?

These are just some of the items people overlook in the rush of a deployment.

In today's Air Force, deployments, temporary duty and overseas remote assignments are a normal and expected part of every airman's job, said Chief Master Sergeant Dean Hall, Headquarters Air Education and Training Command first sergeant.

Despite prior knowledge, many airmen fail to meet their family's needs during these circumstances because of poor planning. Most problems families face are preventable, either with the right form or with a detailed plan of action. These may include a family care plan, a power of attorney and a budget plan.

"If you don't have a viable family care plan developed, you are not ready to deploy," said Master Sgt. Todd Remington, installation personal family readiness coordinator here. "Family and personal readiness is having a family care plan in place and having your finances in order."

According to Air Force Instruction 36-2908, all Air Force members with families will have family care arrangements that reasonably cover all situations, both short- and long-term. This allows minor dependents a smooth transfer to a previously chosen caregiver or temporary guardian.

Although a written plan, documented on an Air Force Form 357, is only required for single parents, dual military couples with family members and members with civilian spouses who have unique family situations, it is highly recommended for anyone with a child to develop one, Chief Hall said.

There are several things to consider in developing a family care plan. First, people must designate long- and short-term caregivers. Long-term caregivers are able to care for family members for the entire length of time the Air Force member is required to be absent from the family. Short-term caregivers are only responsible for family members for a specified timeframe when the long-term caregiver is not available.

In addition to caregivers, people must choose a temporary custodian for immediate relief in emergency situations such as death or incapacitation. In the case of death, the custodian is responsible for the children until the service member's will can be executed or a court can appoint a legal guardian when there is no will.

Both the temporary designee and the short-term caregiver must live in the local area to ensure immediate care of family members.

## Help During Deployments

The Randolph Family Support Center offers several support programs for family members while the service member is deployed, in addition to providing information and resources to help families during this time. Some of the programs offered are:

### Hearts Apart Program

This program allows service members to keep in touch with their spouses while separated.

- Spouses are able to make one free 15-minute call per week directly to the service member from the comfort of their own home. Single members and civil service members are also eligible for this program.

- Families can also use video phones to talk to and visually see their deployed loved one while he or she is deployed.

- The Hearts Apart program also offers a car care plan that allows the family of a deployed member to get one free vehicle oil change and safety and maintenance inspection from the base service station while the member is away.

### Waiting Families Group

Spouses meet, network, and share ideas on coping with having a spouse deployed in a social and fun gathering. Children are also welcome. Meetings are held twice a month.

### Personal Financial Management Program

This program offers a variety of financial information ranging from learning how to balance a checkbook, to financial strategies to credit management.

### Separation and Reunion

This program offers service and family members ways to cope with the stress and changes of separations and reunions.

### American Red Cross

Provides emergency communications that link military members with their families back home, access to financial assistance, counseling and assistance to veterans. Information can be accessed at <http://www.redcross.org/services/afes/>.

For more information about any of these programs, call the family support center at 652-5321.

Designated caregivers need tools to provide proper care. One such tool is a power of attorney, which is the only legal aspect of the family care plan process. A general power of attorney allows someone to conduct business in another person's name, allows the caregiver access to medical care for children, enrollment in school, and other activities in caring for the children.

Sergeant Remington recommends special powers of attorney versus a general power of attorney since general ones are not accepted by many businesses and differ for each state. Special powers of attorney are tailored for specific needs, such as a pending permanent change of station, a home purchase and childcare. A special power of attorney is a finance office requirement for anyone to conduct financial transactions and inquire about military pay records on another person's behalf. For further guidance, people can get free advice at the base legal office.

"Learn what you need before you leave," Sergeant Remington said. "For instance, ask your bank about special forms and make sure whoever is taking care of your bills has all the necessary paperwork."

He stressed the efficiency and ease of automatic bill paying.

Arrangements must also be made for caregivers to have access to adequate funds to support family members for immediate and future needs and increased allotments for future needs. A joint savings or checking account for this purpose is a possibility in case the caregiver or family members have to travel, for home maintenance and for possible relocation expenses.

This also requires examining the family budget, Sergeant Remington said. Things to keep in mind are changes to family expenses. People should consider additional or decreased income due to the deployment or lost income from an additional job.

To help the caregiver during this time, they must have access to the closest base exchange, commissary and medical care. They need to have the children's TRICARE information, school records and medical records.

Further logistical details should be incorporated into the plan such as special medical needs, favorite toys and foods, and directions to home, school and church. When the plan is executed, schools or other organizations must also be kept in the loop.

Although it is mandatory to annually review the Air Force Form 357, Chief Hall suggests frequently reviewing the actual suitability and workability of a service member's family care plan.

The service member really needs to be involved in this planning phase, Sergeant Remington said. It isn't just simply filling out paperwork and checking a block.

"Don't pencil whip it, and if you try and do the paperwork necessary for a care plan on the mobility line, you are foolish. The legal folks are going to ask questions you aren't going to think about beforehand," Sergeant Remington said. "You owe it to your spouse and children to put a lot of consideration into (the plan) and do it with care."

(Courtesy of AETC News Service)

# Surprise!

## Randolph NCO gets new technical sergeant stripes through STEP program

By Senior Airman Lindsey Maurice  
12th Flying Training Wing Public Affairs

Christmas is typically known as a time for giving, but for one NCO this Christmas was a time to receive.

Now, Tech. Sgt. Chris Martin, a 12th Communications Squadron personnel programs manager, was given what he describes as a "the present he will never forget," a surprise promotion through the Stripes for Exceptional Performers program.

"I remember my commander called my house the night before and told me to come to work the next day for a meeting, which was Christmas Eve," Sergeant Martin said. "That day we were in the middle of the meeting when the first sergeant came in and called the room to attention. That was when the wing commander walked in. At this point I was numb, because I had the feeling something special was about to happen.

"He presented me with a coin followed by my new stripes. All I can say is that it was an unbelievable feeling — I was totally shocked."

"There are just so many airmen who work hard every day and dedicate themselves to the mission," Sergeant Martin continued. "I



12th Communication Squadron's Tech. Sgt. Michell McPeters and Master Sgt. James Makransky, tack technical sergeant stripes onto now, Tech. Sgt. Chris Martin Christmas eve. Sergeant Martin was promoted through the Stripes for Exceptional Performers program. (Courtesy photo)

am just really honored to be the one who was chosen."

But Sergeant Martin's supervisor and commander knew right away that he was the man for the stripes.

"He was shining from the moment he walked through our office door back in May," said Tech. Sgt. Michell McPeters, 12th CS commander support staff NCO in-

charge. "He has always been a step above the rest and not just here — I've read his (enlisted performance reports) from previous assignments and the verdict was the same then — he is one outstanding troop."

Lt. Col. Terry Parrott, 12th CS commander also has a high opinion of Sergeant Martin.

"Sergeant Martin is a super troop in every way," the colonel said. "He knows what his

job is in the squadron and he always does it superbly, he never complains and is never afraid to tackle new responsibilities. Plus, he is always one of the first to volunteer to help others out.

"After seeing what he is capable of first hand we had no doubt he was the perfect choice for a STEP promotion."

Since Sergeant Martin's start in the personnel career field almost 11 years ago, he has received several high honors to include quarterly awards, "excellent" ratings during unit inspections, and being named the Air Education and Training Command Personnel Specialist of the Year in 1998, only months before he decided to pursue becoming a military training instructor at Lackland, which he did from 1999 up until he came to Randolph.

Sergeant Martin was even singled out over 50 other MTIs during his special duty assignment to implement the first Airmen's Run and Warrior Challenge, a program that has since been helping the services newest troops become fit and has enhanced their esprit de corps, said officials.

"The bottom line is that Chris deserves this honor," said Sergeant McPeters. "He is a wonderful person and an outstanding troop — he earned it."

## Randolph adds first handicap accessible van to transportation fleet



From left to right: Disability Advisory Committee members Scott Shepherd and Arthur Muraida, Col. Stephen Cooper, 12th Logistics Group commander, Allen Flores, Disability Awareness Committee chairman, and 12th Logistics Readiness Squadron's Tech. Sgt. Matthew Romero and 2nd Lt. Joseph Estrada pose in front of the base's newest handicap accessible van. (Photo by Medora Arnaud)

By Senior Airman Lindsey Maurice  
12th Flying Training Wing Public Affairs

Imagine you are hard at work at your desk and suddenly a co-worker comes storming in to tell you that there is possibly a bomb in your building. So everyone must quickly evacuate to the parking lot and wait for transportation to move your office to another building across the base.

The catch is that when the bus arrives, everyone can get on but you — because you are in a wheelchair and the bus is not handicap accessible. As a matter of fact, there is no vehicle around that is handicap accessible. Now what do you do?

This is the scenario that two of 12th Contracting Squadron commander Lt. Col. James Andersen's troops faced during a wing exercise almost a year ago.

Because the wing's transportation fleet didn't have a handicap accessible vehicle at the time, he was forced to split his unit up and relocate the two handicap members to a closer alternate location.

Luckily, the base has learned from this experience and has since welcomed its newest addition to the transportation fleet — a handicap accessible van.

"It's amazing the lessons you can learn from an exercise," said Colonel Andersen. "It's just good to know that in a real-world situation we will never have to deal with this issue again. This van is a great asset to the Randolph community not only in emergency situations, but for everyday occurrences that would involve the transport of a wheel-chair bound individual."

Both Colonel Andersen and Lt. Col. Kurt Searfoss, 12th Logistics Readiness Squadron commander, pointed out that getting the van into the transportation fleet was not an easy process and took a total team effort from the base Disability Advisory Committee to the Logistics Readiness

Squadron, legal office and contracting.

"The teamwork it took to make this van possible has truly been great," said Colonel Searfoss. "It took a lot of research and hard work to add it to our fleet, and now it's here. It was the great coordination between all those involved that made it happen."

Mr. Flores, chairman of the base Disability Awareness committee and one of the two handicapped 12th CONS troops who had been involved in the ORI many months ago, said he is also very excited about the van and that it good to see base officials recognize the van's need within the disabled community.

"This van is a great step in recognizing the issues that face many of our disabled community members every day," said Allen Flores. "This will not only help those wheel chair bound members who work here, but also those who may be visiting our base."

"I just want to encourage people to take advantage of it — that's why it's here — use it to get to commander's calls and unit functions, meetings and base events."

Transportation officials said that both Air Force and Department of Defense employees are eligible to sign the van out or request being picked up to go to a military-related function on base.

Officials also noted that when the van is being used to transport a wheel chair bound individual it can only carry two other people aside from that person and the driver. However, without a wheel chair bound passenger, the van can carry seven people.

For more information about Randolph's newest handicap accessible van and how to request its use, call 652-3477.

For more information about the base Disability Advisory Committee and on how to become a member, call Mr. Flores at 652-5145 or Arthur Muraida at 652-2971.

### NEWS BRIEFS

#### Trespass Notice

The Base Firing Range, Building 1298, located on the southeast corner of the base, is off limits to unauthorized personnel. Trespassing is illegal and dangerous because of gunfire. For official access to the Firing Range, contact the Combat Arms Section at 652-3275.

#### Firing Range Safety

Personnel going to the base firing range

are advised not to wear contact lenses while firing weapons. Smoke and the concussion from the firing will irritate the eyes. Glasses or gas mask inserts are recommended for those who need corrective lenses.

#### Concurrent pay a reality in January

Military retirees who are authorized to receive Veterans Affairs disability compensation will start seeing increased

paychecks in January. Public Law 108-136 authorizes a 10-year, phased elimination of the VA disability offset to retired pay. Details of how the legislation will be implemented are due to be released soon.

#### Some tax statements now online

Tax statements are now posted on myPay for Army, Navy and Air Force Reserve, Department of Defense and Department of Energy civilian employees, military

annuitants and military retirees.

The W-2 and 1099 statements are available for these groups to view and print, allowing them to submit their tax returns. Air Force active-duty members will have their statements posted no earlier than Jan. 16, but no later than Jan. 26.

Employees can view their tax statements from myPay at <https://mypay.dfas.mil>. For assistance call myPay customer support toll-free at (800) 390-2348.

# DeCA: No beef involved in recall



**Danny Petempa, Randolph Commissary meat manager, places fresh beef on the shelves for customers. Defense Commissary Agency officials said that none of the beef recently recalled by the USDA was delivered to any of the 275 commissaries, to include Randolph's. (Photo by Medora Arnaud)**

**By Bonnie Powell**  
Defense Commissary Agency

FORT LEE, Va. — Officials at the Defense Commissary Agency are closely monitoring the ever-changing situation involving a case of bovine spongiform encephalopathy, also known as “mad cow” disease, identified Dec. 23 in a single cow in Washington state.

Since Dec. 23, the U.S. Department of Agriculture has conducted a limited recall of 10,000 pounds of beef that may have originated from the infected cow and from cows slaughtered at the same time and location.

“No beef in any of our 275 commissaries worldwide has been involved in a USDA recall,” said Col. Mark Wolken, chief of public health, safety and security for the agency. “The USDA has stated that the U.S. beef supply is safe and that the beef recall resulted from an abundance of caution, not fear that the meat is infected. Should the USDA make a determination that there is a danger, DeCA would be first to react to protect the health of our customers.”

Since the first U.S. case of BSE was identified Dec. 23, commissary customers have raised questions about the safety of beef purchased at their local commissary. Questions range from “should I return the ground beef I bought last week?” to “has my commissary received meat from the infected cow?”

The answer to both questions is “no” said Wolken, an Army veterinarian.

Wolken said the brain, spinal cord and lower intestine —

where the protein or “prion” that is believed to cause BSE is found — is not generally used in food consumed by Americans. Those parts were removed from the infected cow before any of it could enter the meat supply.

USDA investigators have determined that the recalled meat went to a few commercial markets in Alaska, Hawaii, Idaho, Montana and Guam as well as Washington, Oregon, California and Nevada.

“No commissaries received any of those shipments,” Wolken emphasized. “But I can certainly understand customers having concerns and questions. We’re all affected by this.”

Customers who choose to return products to the commissary may do so for a full refund, he said.

Mad cow is a fatal disease that destroys the brain of the infected animal. It is caused in cattle by misshapen proteins called prions and is thought to be spread from animal to animal through contaminated feed. A rare form of the disease in humans known as variant Creutzfeldt-Jakob Disease has been linked to the consumption of contaminated beef products. About 140 deaths have been linked to mad cow disease since the mid-1990s and have mainly been in Britain.

For the latest developments on the current situation as well as for links to the USDA and other information on recalls and food safety, commissary customers can check the food safety link at [www.commissaries.com](http://www.commissaries.com).

For more information about local commissary programs or policies, call the Randolph Commissary at 652-2502.

(Courtesy of Air Force Print News)

## Prior-service airmen now receive SKT exemptions

**By Master Sgt. Randy Mitchell**  
Air Force Personnel Center Public Affairs

Prior-service airmen who do not possess the minimum required primary Air Force specialty skill level commensurate with their grade will now automatically receive a two-year exemption from taking the Specialty Knowledge Test during promotion fitness exams.

The change will become effective with the next staff, technical and master sergeant promotion cycles.

“This will bring promotion consideration for all prior-service members in line with current procedures used for retrainees,” said

Chief Master Sgt. Mark Billingsley, Air Force Personnel Center enlisted promotions branch chief. “The change will ensure all members are given fair, timely and equitable promotion consideration under the Weighted Airman Promotion System.”

The change now treats people coming into the Air Force from a “sister service” — or returning to active duty in a different specialty after a break in Air Force service — the same as other retrainees.

The old policy had treated prior-service people differently than those who had never had a break in service and were retraining into another skill, the chief said.

“Those retraining without any break in

service are given an SKT exemption for two years to allow them to continue to progress through the ranks with the understanding that while they were ‘upgrading’ in the new skill they wouldn’t be disadvantaged by having to test along with those who had been in the specialty their entire career,” Chief Billingsley said.

“Until now, when it came to prior-service folks returning to active duty there was no such ‘grace period’ built into the system,” he said. “They were required to immediately test on both [the Promotion Fitness Exam and] SKT.”

“We’ve fixed the inequity by giving both groups the opportunity to learn a skill before

it becomes part of the promotion equation for them,” Chief Billingsley said.

The change in policy will not be grandfathered and supplemental requests will not be accepted for past promotion cycles, officials said.

For the 2004 promotion cycles, any prior-service airman who entered active duty Jan. 1, 2002, or later, who does not possess the minimum required skill level commensurate with their grade, will be eligible for the two-year SKT exemption. The change is expected to affect about 1,000 people per year, officials said.

For more information on personnel programs, visit [www.afpc.randolph.af.mil/cst](http://www.afpc.randolph.af.mil/cst).

# 563rd Flying Training Squadron: Sixty-one years old, still young

By **Bob Hieronymus**  
Wingspread staff writer

Sixty-one years old and still young! That's the 563rd Flying Training Squadron.

Maj. Barney Ellis, 563rd FTS historian and electronic warfare instructor, says that the unit has a long record of operations at the leading edge of technical developments.

"That's what keeps work here exciting. There is always something new to learn, to master and then teach to the next generation of electronic warfare officers. That's our mission," Major Ellis said.

It was on December 19, 1942 that the 563rd Bombardment Squadron (Heavy) was first organized and equipped with B-17Fs. They quickly deployed to Knettishall, England, where they flew their first combat mission on July 17, 1943, against an enemy-controlled aircraft plant in Amsterdam, Holland.

In August 1943 the squadron participated in the famous raid on the heavily defended ball bearing works at Regensburg and Schweinfurt, Germany, for which they received a Distinguished Unit Citation. Although other units sustained heavy losses, the 563rd had no losses that day. The next month, however, all six of their aircraft on a mission over Stuttgart, Germany, were shot down.

During World War II the squadron flew 306 combat missions, earning its second distinguished unit citation for a series of

difficult missions, including one against a target that was located so deep in enemy territory that the aircraft had to recover in the Soviet Union.

By the mid-50's, the squadron was flying the F-86 Saber and later the F-100D Super Saber fighter-bombers and standing nuclear alert in France and Germany. They participated in NATO's response to the simultaneous occurrence of the Suez Canal and Hungarian Revolt crises.

It wasn't until the beginning of 1963 that the unit started flying F-105s out of McConnell AFB, Kan. The squadron was sent on temporary duty to Takhli Royal Thai AFB, Thailand, in 1965. The unit flew many of the early Rolling Thunder missions over North Vietnam and Laos. During this time they tangled with the SA-2 surface-to-air missile system, but this was dangerous business, since the Air Force had not yet fielded effective weapons and tactics to counter this threat.

When the 563rd left Vietnam, they had flown over 1,400 combat missions during that four-month TDY, lost six aircraft, two pilots killed in action, two pilots missing in action, and one prisoner of war (who was returned in 1973 after almost eight years of captivity). Back at McConnell, the unit trained over 100 F-105 combat replacement pilots over the next 6 years.

From 1975 to 1989, the 563rd was stationed at George AFB, Calif., flying the F-105G Wild Weasel. They were the first



Lt. Col. Todd Pennington and Capt. Alan Dayton, 563rd Flying Training Squadron, work through elements of another lesson at the control console of the T-25 electronic warfare simulator. (Photo by Medora Arnaud)

operational unit in the Air Force to transition to the F-4G Wild Weasel, which is considered by many military historians to be the finest airplane of its kind in the world.

From 1993 to 1996 and again from 1999 to the present, the 563d has been the Air Force's electronic warfare officer training school. It is a center of excellence in electronic warfare training for Air Force undergraduate and graduate level students, as well as Department of Defense and multinational students. This is the mission it has today.

"Electronic warfare today has become a

very complex arena in the total war concept," said Lt. Col. Bill McKechnie, 563rd FTS commander. "Our experience in Operation Iraqi Freedom in 2003 confirmed that an enemy is capable of using the latest satellite jammers alongside Vietnam War era surface to air missiles. Even though our EWOs have the best state-of-the-art equipment, they must also be ready to counter threats that use 50-year-old technology," he said.

With a staff of 43 instructors, 4 enlisted personnel, and several civilian contractors, the 563rd FTS graduated 122 EWOs during fiscal year 2003.

## Randolph sergeant jumps for Centennial Anniversary

By **Bob Hieronymus**  
Wingspread staff writer

Part of the national celebration of the centennial of flight at Kitty Hawk, NC, was a coordinated 100-person parachute jump and Randolph was represented there.

Master Sgt. Curtis Rayl, 12th Security Forces Squadron, was part of Centennial Jump Team who free fell from 13,000' over the beach where Orville and Wilbur Wright first flew their airplane 100 years before. The jump on Dec. 16 was part of the year-long series of events honoring the centennial and brought together accomplished jumpers from around the country.

The big jump was planned to include one jumper for each year of the centennial. Twenty parachutists did individual "hop and pop" jumps and the remaining 80 jumpers linked up in formations varying from 10 to 20, leaving the different aircraft at six second intervals and staggering their openings from 2,000 to 10,000 feet. A few jumpers carried smoke canisters to help the spectators see the freefalling formations from over two miles up. The different groups linked up and stayed together for most of the freefall part of the descent before tracking away from the others to deploy their parachutes in open airspace. All 100 parachutes were in the air at one time and landed about 4 to 6 seconds apart while the narrator read a list of the 100 people most influential to aviation.

Sergeant Rayl pointed out that linking 20 jumpers together takes real planning. "Each person falls at a different speed, depending on height, weight, fit of clothing, and position in the air. When you are moving at



Master Sgt. Curtis Rayl, 12th Security Forces Squadron, participated in this 20-person free fall formation over the Kitty Hawk National Memorial Monument on Dec. 16 as part of the Centennial of Flight celebration. (Courtesy photo)

speeds of 120 miles per hour or more, it doesn't take much movement to change your position relative to other jumpers so you have to fly carefully when approaching them," he said.

This was Sergeant Rayl's 2,635th jump since he first attended the basic freefall school at the Air Force

Academy in 1990. He said that family responsibilities limit the time he has available to jump, but he still tries to get in 2 or 3 days a month at the San Marcos air field, the closest place where regular jumping is permitted. When he does spend a day there, he gets in 6 to 10 jumps.

"I own four canopies," he said, "including a fairly new elliptical model. It's a very efficient design that responds quicker, flies faster and is more fun than the traditional rectangular parachute so popular for the past few decades." Modern parachutes are really a kind of inflatable wing with tremendous maneuverability, he explained.

Each jump usually includes about one minute of freefall, followed by two to three minutes of canopy ride. Then its time to repack the parachute, a task that takes about 15 minutes, and it's back to the airplane for another ride up to jump altitude. "Although the human body averages about 120 miles per hour in normal freefall, with proper attention to streamlining and body position," Sergeant Rayl said, "jumpers can easily exceed 200 miles per hour in a head down dive." Many jumpers use portable electronic devices to monitor freefall time and speed.

Frequently he takes novices on tandem jumps. That is when a person who has never jumped before is strapped closely in front of the jumpermaster's chest and they freefall and land together. This past summer he had the privilege of tandem jumping with Ann Holoday, the 84-year-old former WASP, who has flown thousands of hours in the cockpit of dozens of different aircraft but never left one in the air. "Absolutely thrilling!" she said. "Let's go again!"

# AF logo authorized on jacket

By Staff Sgt. Melanie Streeter  
Air Force Print News

WASHINGTON — Air Force Uniform Board members have introduced a new addition to the lightweight blue jacket.

“The Air Force chief of staff approved adding the Air Force logo to the existing lightweight blue jacket,” said Senior Master Sgt. Jacqueline Dean of the Air Force Uniform Board.

All told, 300 jackets will be distributed Air Force-wide for wear testing, Sergeant Dean said. Board members are targeting Maxwell Air Force Base, Ala., as a distribution point because of its high number of temporary duty officers and enlisted airmen.

“Because the TDY members come from so many bases throughout the Air Force, giving them out at Maxwell allows us to reach a large audience in a short amount of time,” Sergeant Dean said.

Airmen receiving the jackets will wear test them and give feedback to the uniform board about fraying or other problems with the embroidery, Sergeant Dean said.

Anyone not issued an embroidered jacket can have the logo applied on their jacket by a local embroidery shop using certain guidelines, Sergeant Dean said.

The Air Force logo is to be embroidered in a polyester white meridian thread with a stiff tear-off backing, according to information provided by Libby Glade, Air Force clothing office chief. The total stitch count of the logo and lettering will be between 4,200 and 5,000 stitches.

The symbol is to fit within a two-inch square. There is a one-fourth inch space between the symbol's lowest point and the “U.S. AIR FORCE” type.

The “U.S. AIR FORCE” type is to be one-fourth of an inch high, 3.5 inches long, in all capital Arial font, 24 point.

The symbol is to be embroidered on the upper left chest. The dot in the center of the symbol is centered vertically between the shoulder seam and where the underarm side seam joins the armhole sleeve, and centered horizontally between the zipper and the sleeve armhole seam.



**Air Force Uniform Board members have introduced embroidering the Air Force logo onto the lightweight blue jacket as an optional wear item. The new addition will undergo a wear-testing period at Maxwell Air Force Base, Ala. Airmen can have the addition added to their jackets at any time by visiting an embroidery shop. (Photo by Master Sgt. Jim Varhegyi)**

Rank on the jacket continues to be worn on either the collar or the sleeve, Sergeant Dean said.  
(Courtesy of Air Force Print News)

## 2003 Mission Support Award Winners

The 12th Flying Training Wing recently announced the recipients of the wing's 2003 Mission Support Awards.

The winners in their respective categories are:

Junior Personnel Manager of the Year (Base Level) - **Capt. Brian Humphrey**, 12th Mission Support Squadron

Junior Personnel Manager of the Year (Unit Level) - **1st Lt. David Schichtle**, 12th Operations Group

Personnel Superintendent of the Year (Base Level) - **Master Sgt. Victor Basal**, 12th MSS

Personnel Technician of the Year (Base Level) - **Staff Sgt. Joel Luera**, 12th MSS

Personnel Technician of the Year (Unit Level) - **Staff Sgt. Rosalva Garza**, Air Force Personnel Center

Personnel Specialist of the Year (Base Level) - **Airman 1st Class Devynne Herbert**, 12th Security Forces Squadron

Personnel Specialist of the Year (Unit Level) - **Senior Airman Alberto Yulo**, 560th Flying Training Squadron

Airman Leadership School Instructor of the Year - **Staff Sgt. Rebecca Carney-Stokes**, 12th MSS

Education and Training Manager of the Year (Base Level) - **Master Sgt. Renee Harris**, 12th MSS

Education and Training Manager of the Year (Unit Level) - **Tech. Sgt. Debra Mosley**, 12th SFS

Family Readiness Manager of the Year - **Master Sgt. Todd Remington**, 12th MSS

Career Assistance Advisor of the Year - **Senior Master Sgt. Barbara Dungan**, 12th Flying Training Wing

**E-mail Wingspread submissions to [wingspread@randolph.af.mil](mailto:wingspread@randolph.af.mil) by Thursday the week prior to the desired publication date.**

# America at War



*“Going forward, we will continue to aggressively pursue the global war on terrorism, strengthening joint warfighting capabilities,*

*transforming the joint force, strengthening our intelligence capabilities (and) strengthening our ability to counter the proliferation of weapons of mass destruction.”*

**Gen. Richard Myers**  
Joint Chiefs of Staff chairman

## Iraqi Detainees starting to be Released, Says Bremer

By K.L. Vantran  
American Forces Press Service

WASHINGTON, Jan. 7, 2004 - Hundreds of Iraqis detained by the coalition will be released as part of a reconciliation effort, the coalition's administrator announced Wednesday in Baghdad.

The first 100 nonviolent detainees were eligible to be released Thursday, Ambassador L. Paul Bremer III said. Since the liberation of Iraq, its people have steadily acted to realize a shared vision of a new Iraq - one that is stable and democratic, said Ambassador Bremer.

“More than ever, it's clear that the old ways of coups and corruption and divide-and-rule are over in Iraq,” he added. “The tyrant, Saddam Hussein, is a prisoner (and) most of his henchmen are dead or captured.”

Ambassador Bremer said it is time for reconciliation, “time for Iraqis to make common cause in building the new Iraq.” The ambassador said poll after poll shows the “overwhelming majority of Iraqis want democracy. They want a government that derives its legitimacy from the freely expressed will of the people.”

However, he noted, other Iraqis fought against the new Iraq. “They made a mistake, and they know it,” he said. “We are prepared to offer some of them a new chance.

“To give impetus to those Iraqis who wish to reconcile with their countrymen, we are announcing today that the coalition will permit hundreds of currently detained Iraqis to return to their homes and to their families,” Ambassador Bremer said.

The ambassador said requirements “of great importance” must be met before a detainee is released. “First, the person released must renounce violence; and second, the person released must have a guarantor, such as a prominent person in his community or a religious or tribal leader, who will accept responsibility for the good conduct of the individual being set free,” he said.

Bremer stressed that this program is not for those “with blood-stained” hands. “No person involved in the death or serious bodily injury to any human being” will be released, he explained. “Nor will we release anyone accused of torture or crimes against humanity.”

Hundreds more detainees will be released in the coming weeks, said Ambassador Bremer. “We are also exploring ways to provide greater

family access to those detainees not released,” he added.

This program “in no way diminishes the coalition's zeal for pursuing the major criminals who plague this country, attacking Iraqis and coalition forces,” he added. “While the coalition seeks to promote reconciliation, we recognize that some will never reconcile themselves to democracy in Iraq. If they remain unreconciled, if they continue to fight, the coalition is prepared to capture or kill them.”

To deal with these criminals, Ambassador Bremer said, the coalition has a reward program. The coalition will pay \$10 million for information leading to the capture of Izzat Ibrahim al-Douri, former vice chairman of Saddam's revolutionary council, or information that he is dead, said Ambassador Bremer. The coalition also will pay \$1 million each for 12 other notorious criminals on its “black list.”

Another reward program will offer up to \$200,000 for information leading to the capture of lesser criminals or information proving that they are dead, said Ambassador Bremer. The names of these individuals and the amount of reward for each will be released in the next 24 hours, he added.

**HOMELAND SECURITY ADVISORY SYSTEM**  
Source: [www.whitehouse.gov](http://www.whitehouse.gov)  
CURRENT NATIONWIDE THREAT LEVEL  
**HIGH**  
HIGH RISK OF TERRORIST ATTACKS

  
**U.S. AIR FORCE EagleEyes**  
WATCH.REPORT.PROTECT.  
For information call  
Special Agent Barbara  
Perry at 652-4112

**Randolph supports global mission:** As of Monday, 82 Team Randolph members are deployed in support of military operations around the globe.

# Breakfast honors legacy of MLK

By Jennifer Valentin  
Wingspread staff writer

The Randolph Black Cultural Awareness Association is honoring an American icon, the Rev. Dr. Martin Luther King, Jr., during a special prayer breakfast Jan. 16 at the enlisted club.

The breakfast, in conjunction with the Reverend's annual observance day, celebrated Jan. 19 this year,

is open to anyone on base, and begins at 7:30 a.m.

The cost is \$7 for club members and \$9 for non-members.

"This breakfast is to honor the legacy of Dr. King, by coming together as a community built on equality," said Tech. Sgt. Ben Jefferson, BCAA.

Dr. King was born in Atlanta, Ga., on Jan. 15, 1929, the son of a second generation minister. There, he lived with his parents, sister and brother, in a home not far from the church where his father preached.

As Dr. King grew up, he found himself faced with an unjust reality, that African American people were treated as much lower class than that of white people, a reality he would eventually pioneer the change of.

As Dr. King prepared for college he decided to follow in his father's footsteps and become a minister. While attending the Crozer Theological Seminary in Pennsylvania, he became inspired by the work of Mahatma Gandhi and Henry David Thoreau.

It was there he met Coretta Scott, whom he would eventually marry.

In 1954, Dr. King received his Doctorate of Philosophy degree, and accepted the job of pastor at the Dexter Ave. Baptist Church in Alabama.

His involvement with the civil rights movement began with the arrest of Rosa Parks, who, on Dec. 1, 1955, was arrested for not

giving up her seat on a bus to a white passenger. Dr. King and others felt the need to protest against the arrest and unfair treatment. The African American city residents protested by walking or driving instead of taking the bus. The United States Supreme Court eventually ended the 381-day boycott, led by the Reverend, declaring that Alabama's state and local laws requiring segregation on buses were now illegal.

In January 1957, the Southern Christian Leadership Conference was formed, with Dr. King as their president. On May 17, 1957, Dr. King led a mass march of 37,000 people to the front of the Lincoln Memorial in Washington, D.C. to lobby for fair and just treatment among the races, to include education and voting rights.

Partly in response to the march, on Sept. 9, 1957, the U.S. Congress created the Civil Rights Commission and the Civil Rights Division of the Department of Justice, an official body with the authority to investigate voting irregularities.

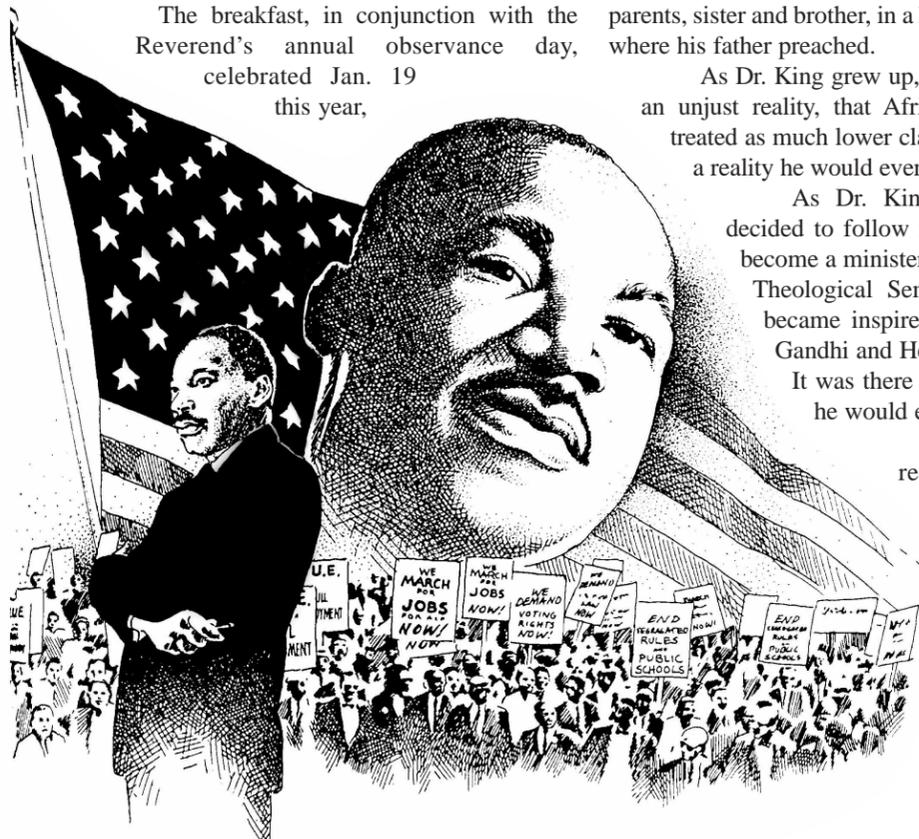
Dr. King and the SCLC organized drives for African American voter registration, desegregation, and better education and housing throughout the South.

During the early 1960s, Dr. King shared the ministerial duties of the Ebenezer Baptist Church with his father.

In January 1963, Dr. King announced he and the Freedom Fighters would go to Birmingham to fight the segregation laws. An injunction was issued forbidding any demonstrations and Dr. King and the others were arrested.

On Aug. 28, 1963, 200,000 people gathered in front of the Lincoln Memorial for another peaceful protest, made up of both black and white Americans. Most had come to hear Dr. King deliver his famous "I Have a Dream" speech.

See MLK, on page 14



## We are all Recruiters



*Each member in the Air Force is an "ambassador in blue" in the local communities. Each person can make a difference in the decision for someone to join the Air Force. Here are some tips on how you can help the recruiting effort.*

- ❑ Be a role model in your community.
- ❑ Talk to young people in grocery stores at the checkout line, dry cleaners or while shopping.
- ❑ Get involved with youth programs, whether in high schools or through church and community organizations.
- ❑ Volunteer as a recruiter for a week.
- ❑ Work with your local recruiting squadron and set up some time to visit classrooms to talk about your experience.
- ❑ Talk about what the Air Force has done for you and the successes you've had because you joined.
- ❑ Talk about why you are staying in the Air Force.
- ❑ Take advantage of the Recruiter Assistance Program. Each member of the Air Force is authorized a permissive TDY home for up to 12 days to perform recruiting duties with the local recruiter.
- ❑ Work with the public affairs office and support base tours for local recruiters. Get local high

school guidance counselors and principals involved with base activities.

❑ Establish an "Adopt a High School Program," where local high schools are brought in for base tours and Air Force members in each unit can talk about their experiences in the service.

❑ Invite local school leaders and counselors for base orientations, certainly events like air shows.

❑ Remember to keep your public affairs office informed of these activities mentioned.

For more information, call the 12th Flying Training Wing Public Affairs office at 652-5760.

# COMMUNITY BRIEFS

## ANNOUNCEMENTS

### Retirement/separation briefing set

A retirement and separation briefing is scheduled from 8:30 to 11:30 a.m. today in the family support center. Spouses are encouraged to attend. Appointments are not required. The next briefing is Feb. 6.

For more information, call Debbie Hall at 652-3633.

### Randolph Chief's Group meeting set

The Randolph Chief's Group meets at 3 p.m. today in the enlisted club. All chiefs are encouraged to attend.

For more information, call Chief Master Sgt. Kent Uphoff at 652-5503.

### Board of Trustees meeting set

The Randolph Field Independent School District is having a board of trustees meeting at 4:15 p.m. Jan. 22 in room 21 at the high school. The public is invited to attend.

An agenda is available at [www.randolph-field.k12.tx.us](http://www.randolph-field.k12.tx.us).

### 2nd Sunday breakfast scheduled

The American Legion Post 667 Auxiliary will hosts their Second Sunday breakfast buffet from 9 a.m. to noon at 504 Bowie in Universal City. The breakfast is open to the public, and is \$4.50 for adults and \$2 for children under 12.

### ASMC luncheon held

The Alamo Chapter of the American Society of Military Comptrollers invites all members and non-members to attend their luncheon Jan. 28 from 11 a.m. to 1 p.m. at the Lackland Gateway Club.

Reservations are required before Jan. 21. For more information, call Senior Master Sgt. Sheri Pearson at 977-4995.

### OWC scholarships

The Randolph Officers' Wives' Club is awarding "Go-For-It" scholarships to students planning to go to college, junior college, technical school or vocational school after graduating from high school.

The scholarships are designed for C average or better students who have decided they want to train beyond high school.

The scholarships will be available in local San Antonio area senior counselor offices.

The deadline for applying is March 2, 2004.

### Artwork, poems, essays wanted

The Military Child Education Coalition is looking for children's artwork, poems and essays for their "On the Move" magazine for April, the Month of the Military Child. Any child can submit their work, keeping in mind to make it seasonal.

Artwork will be accepted from any child grades pre-kindergarten through 12th grade. All work must be on 8 1/2 x 11 paper, using bright colors, and sent by Feb. 15, 2004.

For more information, call Denise Graham at (254) 953-1923, or email [Denise.Graham@MilitaryChild.org](mailto:Denise.Graham@MilitaryChild.org).

For an entry form and information on how to submit the entry, visit [www.militarychild.org](http://www.militarychild.org).

## FAMILY SUPPORT 652-5321

### Parenting class offered

The family support center in conjunction with the Precious Minds Parenting Initiative is holding a parenting seminar starting Tuesday, which will run every Tuesday and Thursday for three weeks. Each session is from 4 to 6 p.m. in the child development center annex.

For more information, call 652-5321.

### Career focus program available

A career focus program is available for spouses and retirees looking for employment. Job postings and appointments with the career focus program manager are available.

For more information, call 652-5321.

## EDUCATION SERVICES 652-5964

### Air Force ROTC/AECP deadline set

The deadline for individuals planning to submit a package for the Airmen Education and Commissioning Program is Jan. 23. The two-step application process requires a folder requesting a Memorandum of Academic Eligibility be submitted to the Air Force Institute of Technology, and the formal AECP application folder to be submitted to Headquarters ROTC concurrently.

### CLEP testing available

Air Education and Training Command has authorized the use of Operational and Management funds to pay for College Level Examination Preparation tests that are no longer available on base.

Through March, active duty military may use one of two methods to pay for off-base CLEP testing -- the government purchase card, which may be used following normal GPC guidance and procedures, or the member can pay the costs and then file a Standard Form 1164, Claim for Reimbursement for Expenditures on Official Business to be reimbursed. Once completed the form must be signed by the unit Approving Official, including the unit's O&M fund cite, and forwarded to the local Financial Services Office for certification

and payment.

A listing of CLEP centers can be found at: <http://www.collegeboard.com/clep/>

For questions regarding reimbursement, call Carol Weber at 652-5642.

For questions concerning scheduled tests that will no longer be available on base visit [http://www.dantes.doded.mil/dantes\\_web/examinations/CLEP.htm](http://www.dantes.doded.mil/dantes_web/examinations/CLEP.htm).

### TA procedures

Students must register for classes with the school they are attending first and then bring the bill to the education center to ensure tuition assistance is issued correctly. This applies for both military and civilian tuition assistance. This service is not issued after 3 p.m. Monday through Friday.

For questions or concerns, call 652-5964.

### UTSA representative available

A representative from the University of Texas at San Antonio will be available from 9 a.m. to noon Jan. 22 at the education.

For more information, call 458-2098.

### St. Mary's University classes offered

St. Mary's University offers graduate classes at Randolph and Lackland in business administration, computer information systems and engineering systems management. A partial tuition grant is extended to qualified students.

Spring term classes start Monday. Late registration, which includes a \$150 fee, begins Monday.

For information regarding graduate programs, call 658-4852.

## CHAPEL SERVICES 652-6121

### Protestant

**Sunday** - Worship I at 8:30 a.m. in chapel 1; Liturgical at 10 a.m. in chapel 1; Worship II at 11:30 a.m. in chapel 1; Gospel at 1 p.m. in chapel 1; Sunday School Program at 6 p.m. in chapel 1

**Monday** - Male Chorus at 7 p.m. in chapel 1

**Tuesday** - Men's Bible Study at 11:30 a.m. in the chapel center

**Wednesday** - Protestant Women of the Chapel Bible Study at 12:15 p.m. in the chapel center; Women's Bible Study at 6 p.m. in the chapel center; Gospel Choir at 7 p.m. in chapel 1

**Thursday** - Children's Choir at 5:15 p.m. in chapel 1; Precept Bible Study at 6:30 p.m. in the chapel center; Chancel Choir at 7 p.m. in chapel 1

### Catholic

**Friday** - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1

**Saturday** - Confession at 4:30 p.m. in chapel 1; Mass at 5:30 p.m. in chapel 1

**Sunday** - Mass at 8:30 a.m. in chapel 2; Religious Education classes at 9:45 a.m. at the Randolph Elementary School; Mass at 10:30 a.m. in chapel 2; Mass at 11:30 a.m. in chapel 2

**Monday** - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1; Mass at 5 p.m. in chapel 2

**Tuesday** - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1; Rite of Christian Initiation for Adults at 7 p.m. in chapel 1

**Wednesday** - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1

**Thursday** - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1; Cantor Practice at 6:30 p.m. in chapel 2; Traditional Choir Practice at 7:30 p.m. in chapel 2

### Ecumenical

**Monday** - Wedding briefing at 3 p.m. in the chapel center

**Wednesday** - Film luncheon at 11 a.m. and 12:15 p.m. in the chapel center; Christian Youth of the Chapel Bible Study at 7:30 p.m. in the chapel center

## MOVIES 652-3278

### Admission price change

Starting today, the admission prices for the base theater have changed. The cost is now \$2.50 for adults and \$1.50 for children.

### Today

"The Missing" (R), 7 p.m. Starring Tommy Lee Jones - A father returns to his daughter who he abandoned, only to find she does not want to have a relationship with him.

### Saturday

"Timeline" (PG-13), 7 p.m. Starring Paul Walker - Students on an archeological dig travel back in time to find their professor.

### Sunday

"Gothika" (R), 7 p.m. Starring Halle Berry - A criminal psychologist awakens to find herself as a patient in the mental hospital she works at.

### Jan. 16

"Tupac: Resurrection" (R), 7 p.m. Starring Tupac Shakur - A documentary of the hip-hop artist, Tupac.

### Jan. 17

"The Haunted Mansion" (PG), 2 p.m. Starring Eddie Murphy - A family encounters a ghost when visiting a haunted mansion.

## MLK

Continued from Page 10

Dr. King was nominated for the Nobel Peace Prize in 1964 as someone who "had contributed the most to the furtherance of peace among men." As another example of his dedication to his cause, he ended up dividing the prize money of \$54,000 from the award among various civil rights organizations.

Dr. King's efforts hit a milestone when President Lyndon Johnson signed the Civil Rights Act into law. It guaranteed that "No person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination."

In the winter of 1965, Dr. King led yet another march from Selma, Ala., to the state capital in Montgomery to demand voting reforms. Hundreds of marchers would begin the march

but after six blocks the marchers were stopped by state troopers. Through force, the marchers were driven back, igniting a riot.

Four people were killed and over 70 were injured with 17 hospitalized during the incident.

A court order overturning the injunction against the march was issued and the marchers were allowed to proceed. When they arrived in Montgomery the marchers were greeted by 25,000 supporters singing "We Shall Overcome."

On Aug. 6, 1965, the Reverend's efforts once again paid off, as a voting rights bill was passed allowing African-Americans to vote.

In April 1968 Dr. King was on the move again, to Memphis, Tenn., to help sanitation workers who were on strike. On April 3, Dr. King would give what would be his last speech.

The following day, April 4, 1968, as he was leaving his motel room, Dr. King was shot and killed.

Today the Reverend is one of the most honored and celebrated American pioneers.

For tickets to the MLK prayer breakfast, 12th Medical Group members can call Capt. Pamela Petree at 652-5885; Headquarters Air Force Recruiting Service members can call 2nd Lt. Johnathan Gilliard at 652-5116; Headquarters Air Education and Training Command members can call Chief Master Sgt. Dempsie Fuqua at 652-2351; 12th Support Group and 12th Flying Training Wing support staff members can call Master Sgt. Teresa Hall at 652-4799; Air Force Personnel Center members can call Tech. Sgt. Chrystel Harris at 565-2369; 12th Comptroller Squadron members can call Tech. Sgt. Quinette Hall at 652-3526; and Fort Sam Houston members can call Thermajean Jones at 221-0567. Those people in units without a ticket point of contact, can call any of the others listed.

(Background information was collected from [www.holidays.net/mlk](http://www.holidays.net/mlk).)

E-mail Wingspread submissions to [wingspread@randolph.af.mil](mailto:wingspread@randolph.af.mil)

# SERVICES

## MISCELLANEOUS 652-2052

### “Catch Me At My Best” program

The 12th Services Division’s new employee recognition program, “Catch Me at My Best,” provides customers an opportunity to acknowledge employees who provide service beyond expectations.

Identify outstanding employee efforts by filling out a “Catch Me at My Best” form and give it to the activity manager, who will then present the employee with a lapel pin to recognize their superior performance.

### Services market survey

Services leadership is in need of accurate, timely market information to make critical management decisions.

“Corporate Prism” is an Air Force Services marketing initiative that provides answers to such questions as: Who and where is the market for services programs and activities? How much of the local market is using Services’ facilities? What are potential target areas for growth and what improvements in existing programs would increase frequency of visits?

The “Corporate Prism” surveys will be mailed to active duty, retirees, reservists and civilians in the Randolph area this month. The surveys provide valuable base-level market information for improving activities and developing new programs.

The 12th Services Division asks those who receive a survey to please fill it out.

For more information about the survey, call Shelta Reese at 652-2052.

### Flea Market scheduled

A flea market will be held from 8 a.m. to 1 p.m. Jan. 24 in the Randolph Clinic parking lot.

The cost is \$15 for the first table and \$3 per additional table. To reserve a table, stop by Building 897.

### Bargain warehouse sale set

The bargain warehouse opens from 8 to 9 a.m. Wednesday for airmen E1-E4, and from 10 a.m. to 2 p.m. for all others in Building 1139.

## CANYON LAKE 1-800-280-3466

### Canyon Lake Boating Safety Course

A free boating safety course is held daily at the welcome center from 9 a.m. to 3 p.m. at the Canyon Lake Recreation Area.

For more information, call the Canyon Lake recreation office at 1-800-280-3466.

### Canyon Lake shelters

Rent a shelter for half-price – \$17.50 per night – Monday through Thursday during January and February.

## YOUTH CENTER 652-2088

### Teen Aviation Camp offered

Teens can vie for the chance to spend a week at the Air Force Academy in Colorado by applying for the 2004 Teen Aviation Camp held June 5-11.

The program is open to eligible youth center members who will have completed their high school freshman or sophomore year in 2004 and would like to explore the U.S. Air Force Academy as a possible college choice.

The camp gives students an idea of what life at the academy would be like -- its environment and facilities and what opportunities are available there.

Teens will participate in a wide variety of outdoor and classroom activities at the six-day camp, to include flight simulator training, wilderness orienteering, horseback riding, a ropes course, team building exercises and meetings with cadets.

Interested teenagers can pick up an application form at the youth center, Building 585. Applications must be submitted by Feb. 20.

### Bowl By Mail program available

The Air Force Services Agency is sponsoring a worldwide youth bowling event, letting children and teens compete their bowling scores against other youth their age around the world. The divisions are male and female ages 5-8, 9-11, 12-14

and 15-18. The Youth American Bowling Alliance League and Tournament rules and regulations will be used. This is not a YABA sanctioned event.

Trophies will be mailed for the high series and high game scores in each age category. All age groups will bowl three games.

The last date for this event is Jan. 17 from 9:30 a.m. to 12:30 p.m.

To register for the event, call the youth center at 652-3298.

## ITT & EQUIPMENT CHECKOUT 652-5640

### Sweetheart Camping Special available

For the month of February, people can check out a tent for up to four people, two sleeping bags, one stove, two mats, and one lantern for \$20.

### Six Flags Season Passes available

The 2004 Six Flags Season Passes are on sale through Thursday. The cost is \$48.50.

### January Birthday Special set

Customers can rent a bouncy castle for \$79 and receive a bonus popcorn or sno-cone machine rental in January.

A \$50 deposit is required for the bouncy castle, and a \$25 deposit is required for the popcorn or sno cone machine.

### Rodeo tickets available

Rodeo tickets are available for purchase at Information, Tickets and Travel. The cost is \$37.50 per person, per show.

At the event, visitors can see bull riding, steer roping and barrel racing as well as concerts with the following performers:

Feb. 6, 7:30 p.m. - Montgomery Gentry

Feb. 7, 1 and 7:30 p.m. - Alabama

Feb. 11, 7 p.m. - Pat Green

Feb. 12, 7 p.m. - Journey

Feb. 13, 7 p.m. - Brad Paisley

Feb. 14, 1 p.m. - Gary Allan

Feb. 14, 7:30 p.m. - Clay Walker

Feb. 15, 7:30 p.m. - Bronco El Gigante De America

Feb. 21, 1 p.m. - Robert Earl Keen

Feb. 21, 7:30 p.m. - Willie Nelson

For more information about tickets, call 652-564.

## WOOD SKILLS CENTER 652-7422

### Wood skills project

The wood skills center will hold a children’s classroom wood project from 10 a.m. to noon Jan. 17.

During the class, children will assemble, glue and sand a pre-cut bear shaped toothbrush and cup holder. The cost is \$5.

## OUTDOOR RECREATION 652-5268

### Boating safety course set

A boating safety course will be held Jan. 21 from 6 to 8 p.m. at Building 1139. To sign-up, call 652-3702.

### Mid-winter open skeet shoot

The Mid-Winter Open Skeet Shoot is Jan. 16-18. People interested in participating, can call the skeet range at 652-5268.

## ENLISTED CLUB 652-3056

### XXXVIII Super bowl party set

The enlisted club’s Super Bowl party begins at 3 p.m. Feb. 1 in Gil’s Pub.

Reserved seating is for Football Fandomia participants only. Reservation confirmations are required by Jan. 16. Any remaining seating will be on a first come, first serve basis. A rib-eye steak special will be offered for \$4.95 and door prizes will also be given away.

## BOWLING CENTER 652-3056

### Martin Luther King Day special offered

The bowling center offers a Martin Luther King Day special from 1 to 9 p.m. Jan. 19. Customers can bowl for \$1.50 a game.

# Tips to keep burglars at bay

By Jennifer Valentin  
Wingspread staff writer

Most burglars spend no more than 60 seconds trying to break into a home, according to the National Crime Prevention Council Web site.

Surprisingly something as simple as good locks and helpful neighbors can be key when it comes to deterring burglars. In almost half of all successful residential burglaries, the burglars either climbed through an unlocked window or walked through an unlocked door, council officials said.

To help combat burglary, the NCPC Web site suggests people install a sturdy dead-bolt lock on every external door for protection. Key locks are not enough, officials emphasized.

NCPC officials also suggests that homeowners with sliding glass doors pay attention to them, putting a commercially available lock, a broomstick or pin in the inside track to jam the door.

As far as keys, instead of hiding them around the outside of the house, owners should give an extra key to a trusted neighbor.

When moving into a new house or

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*“Most times theft is a crime of opportunity, so you as the resident should ensure your valuables are secure.”*

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**Tech. Sgt. Olga Maldonado**  
12th Security Forces Squadron

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apartment, re-key the locks.

Homeowners can also combat burglars by making sure all outside doors are metal or solid wood. Peepholes are a good way to see who is outside without opening the door.

Base security officials also encourage base residents to pay close attention to these suggestions.

“Often base residents feel a sense of security while living on the installation and become at ease when it comes to home security,” said Tech. Sgt. Olga Maldonado, 12th Security Forces Squadron, police services. “Residents need to keep in mind that although we live in an almost crime free environment, there is a possibility you can become a victim.”

When checking one’s home for security, residents should look at the outside as well as the inside. Keep bright lights on at night, and keep the yard clean of shrubs that can hide windows or doors, according to the NCPC.

If traveling, Sergeant Maldonado suggests using a timer to turn lights on at night, to give the illusion that someone is home. Local law enforcement usually provides home security surveys. The sergeant also warns homeowners to never leave a message on the answering machine saying that no one is home, instead say, no one is available.

“If you are planning a vacation, security forces can provide you with daily quarters checks when you are gone for extended periods of time,” said the sergeant. “Residents must contact security forces and complete the required documents to enroll in the quarters check program.”

“Most times theft is a crime of opportunity so you as the resident should ensure your valuables are secure,” said Sergeant Maldonado. “If you see something out of the ordinary, call us immediately.”

For more information, visit [www.ncpc.org](http://www.ncpc.org), or call security forces at 652-5509.



## Anti-theft tips:

- Install sturdy dead-bolt locks on every external door
- Re-key locks when moving into new house or apartment
- Give an extra key to a trusted neighbor
- Install peepholes in external doors
- Have a trusted neighbor check your home periodically

# AFPC defeats JPPSO 44-41

By Senior Airman Lindsey Maurice  
12th Flying Training Wing Public Affairs  
and Staff Sgt. David Maurice  
12th Operations Support Squadron

With a close score in the final minute of the game, the undefeated Air Force Personnel Center was able to maintain their composure and pull out a 44-41 intramural basketball victory over the Joint Personal Property Shipping Office Monday night.

AFPC's Charlie Freeman and Thaddeus Dickens led their team with a combined 26 points and 16 rebounds, earning 11 and 8 in the first half.

"Our win tonight was a total team effort," said AFPC coach Ricky Bailey. "We stuck to our game plan to push the ball and it worked in our favor – we never quit."

The first half proved to be in AFPC's favor as they went on a 9-point run only two minutes into the half, to include back-to-back baskets by Freeman to kick it off.

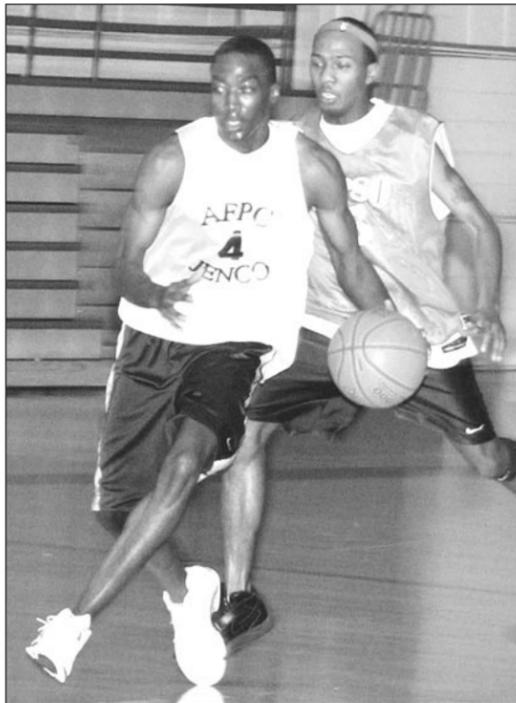
But JPPSO remained in the game, keeping their defensive presence known, but struggling to connect on shots on the offensive side. The Personnelists were able to hold JPPSO to a mere nine points in the entire first half.

Down 17-9 at the half, JPPSO was able to regroup and come into the final period with a bang as Chris Sanchez hit a three to start it off.

JPPSO was able to cut the lead to three with 13 minutes remaining, but was held scoreless for the next six minutes as AFPC went on a 10-point run – their largest of the night.

Freeman, who led his team on each fast break, dishing the ball out to his open teammates, sparked the AFPC run.

With the game seemingly out of reach, JPPSO was able to slash the deficit to two points largely due to the five three-pointers from Ernest Winston and Chris Barta.



Air Force Personnel Center's Charlie Freeman dribbles down court during his team's intramural basketball match-up against the Joint Personal Property Shipping Office Monday. (Photo by Medora Arnaud)

Clinging on to hope, down 41-39 with 26 seconds left, JPPSO was unable to get any closer as AFPC knocked down a crucial basket followed by the key free-throw with a single tick on the clock.

"We may not have pulled out a victory tonight, but overall we played a good game," said JPPSO coach Gervai Maeweathers. "We went up against the top team in the league and we showed them we can compete. We played with heart and we played as a team."



Joint Personal Property Shipping Office's Gervai Maeweathers goes up for a layup as Air Force Personnel Center's Robert Brown, top, and Paul Munford attempt to block him. AFPC defeated JPPSO 44-41 in their Monday night match-up at the fitness center. (Photo by Medora Arnaud)

## Officials say ephedra may be unsafe FDA issues consumer alert on safety of dietary supplements

By G.W. Pomeroy

Air Force Surgeon General Public Affairs

WASHINGTON — Following an FDA alert, Air Force Medical Service officials are once again "strongly advising" airmen to contact their physicians or health-care providers before taking dietary supplements containing ma huang, ephedra or ephedra alkaloids.

Food and Drug Administration officials have issued a consumer alert on the safety of dietary supplements containing ephedra that calls for consumers to immediately stop buying and using ephedra products.

Besides issuing an alert, FDA officials are notifying manufacturers that they intend to publish a final rule stating dietary

supplements containing ephedrine alkaloids present an unreasonable risk of illness or injury. The rule would have the effect of banning the sale of these products as soon as it becomes effective, 60 days after publication.

"FDA will publish a final rule as soon as possible that will formalize its conclusions that dietary supplements containing ephedrine alkaloids present unreasonable risks to those who take them for any reason," said Tommy Thompson, health and human services secretary.

"[The action] puts companies on notice of our intentions, and it tells consumers that the time to stop using ephedra products is now," Mr. Thompson said.

"We are taking action today to notify Americans about the unreasonable risk of

ephedra as currently marketed in dietary supplements," said Dr. Mark McClellan, FDA commissioner. "Our action is based on diligent and thorough work by the agency as required by the challenging legal standard in the dietary supplement law.

"We worked hard to obtain and review all the available evidence about the risks and benefits of ephedra, including its pharmacology, studies of ephedra's safety and effectiveness, adverse event reports, and reviews by independent experts," Dr. McClellan said.

In February, a jury in Austin, Texas, determined that ephedra use was at least 50-percent to blame for the death of a 24-year-old Charles Bryant Scurlock II, of Round Rock, Texas. Mr. Scurlock collapsed and later died after a two-mile run for an Army

National Guard physical fitness test in 1999. The jury awarded \$1 million to the plaintiffs.

In September 2002, the Air Force surgeon general issued a revised policy covering dietary supplements containing ephedra that strongly discouraged the use of such supplements and highlighted associated risk factors.

In November 2002, the Air Force's surgeon general issued a notice to airmen on the potential risks associated with dietary supplements containing ephedra, following the death of a young airman. These medical notices are released by the AFMS clinical quality management division to disseminate lessons learned from medical incident investigations and other pertinent events.

(Courtesy of Air Force Print News)

### Cardiovascular health workshop

The next cardiovascular health workshop is scheduled for 11 a.m. Monday at the health and wellness center.

During the course, participants are given nutrition and exercise information teaching them how to reduce their risk for heart disease as well as undergo a behavior modification session to help them exchange their old lifestyle for a healthier one.

Medical providers will also explain the effects of cholesterol and high blood pressure.

To enroll in the class, call 652-2300.

## Sports Briefs

### Tobacco cessation workshop

The next tobacco cessation workshop begins at 10:30 a.m. and 5 p.m. Tuesday at the health and wellness center.

To sign up or for more information, call 652-2300.

### Back school

Physical therapy hosts a back school at 1:30 p.m.

Tuesday. To enroll, or for more information, call 652-3137.

### Lifeskills workshop

The next lifeskills workshop begins at noon Wednesday at the health and wellness center.

To sign up or for more information, call 652-2300.

### Anger management workshop

An anger management workshop is scheduled for 10:30 a.m. Wednesday at the health and wellness center.

For more information, call 652-2300.